

# Osteoblast differentiation of human bone marrow stromal cells (hBMSC) according to age for bone tissue engineering

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**Abstract** (J Korean Assoc Oral Maxillofac Surg 2010;36:243-9)

Tissue engineered bone (TEB) can replace an autogenous bone graft requiring an secondary operation site as well as avoid complications like inflammation or infection from xenogenic or synthetic bone graft. Adult mesenchymal stem cells (MSC) for TEB are considered to have various ranges of differentiation capacity or multipotency by the donor site and age. This study examined the effect of age on proliferation capacity, differentiation capacity and bone morphogenetic protein-2 (BMP-2) responsiveness of human bone marrow stromal cells (hBMSC) according to the age. In addition, to evaluate the effect on enhancement for osteoblast differentiation, the hBMSC were treated with Trichostatin A (TSA) and 5-Azacytidine (5-AZC) which was HDAC inhibitors and methyltransferase inhibitors respectively affecting chromatin remodeling temporarily and reversibly. The young and old group of hBMSC obtained from the iliac crest from total 9 healthy patients, showed similar proliferation capacity. Cell surface markers such as CD34, CD45, CD90 and CD105 showed uniform expression regardless of age. However, the young group showed more prominent transdifferentiation capacity with adipogenic differentiation. The osteoblast differentiation capacity or BMP responsiveness was low and similar between young and old group. TSA and 5-AZC showed potential for enhancing the BMP effect on osteoblast differentiation by increasing the expression level of osteogenic master gene, such as *DLX5*, *ALP*. More study will be needed to determine the positive effect of the reversible function of HDAC inhibitors or methyltransferase inhibitors on enhancing the low osteoblast differentiation capacity of hBMSC.

**Key words:** Mesenchymal stem cells, Osteoblast differentiation, Histone deacetylase inhibitors, DNA methyltransferase inhibitors, Aging

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## 1. Introduction

Tissue engineered bone (TEB) is a new breakthrough against the disadvantage of autogenous bone graft requiring secondary operation site for harvesting enough amount of bone into defect after bony lesion removal as well as avoid the possibility of complications like inflammation or infection from xenogenic or synthetic bone graft in the department of oral and maxillofacial surgery<sup>1</sup>. Due to the low frequency of adherent bone marrow stromal cells (BMSC) and mesenchymal stem cells (MSC), usually 4-6 weeks *in vitro* culture time is necessary for expansion after cell harvesting. MSC have a multipotency to differentiate into osteoblast, adipocyte, chondrocyte, myoblast etc and the capacity of differentiation is considered to be various according to the tissues obtained or donor age<sup>2,3</sup>. It is hard to define the relation between age and osteoblast dif-

ferentiation due to the different experimental conditions to harvest MSC and the large variations in samples from human donors. However, in clinics, there are patients with broad ranges of age, so the prediction of MSC frequency and differentiation capacity related with the age of the patient should be established.

Chromatin remodeling is related with telomere length regulation and epigenetic status of mammalian cells<sup>4,5</sup>. Highly methylated chromatin areas tend to be transcriptionally less active although the mechanism is not fully understood. DNA methyltransferases transferring methyl groups to the DNA, mostly at CpG sites, to convert cytosine to 5-methylcytosine suppresses the gene expression similar to the histone deacetylation so regulates the epigenetic status in mammalian cells<sup>6-8</sup>. Until now, histone acetylation and DNA methylation is the best understood epigenetic modifications of chromatin, with an important roles in gene expression and cancer<sup>9</sup>. Trichostatin A (TSA) is a potent, reversible inhibitor of histone deacetylase (HDAC) class I and II families and is known to induce osteoblast differentiation from human bone marrow stromal cells (hBMSC). 5-Azacytidine, a DNA methyltransferase inhibitor, has been used as an adjuvant for adipocyte or myoblast transdifferentiations<sup>10,11</sup>.

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In this study, we studied the effect of age on proliferation capacity, osteoblast differentiation capacity and bone morphogenetic protein (BMP)-2 responsiveness of hBMSC according to the age. Further, we examined the effect of TSA and 5-azacitidine on osteoblast differentiation of hBMSC according to age.

## II . Materials and Methods

### 1. Isolation and cultivation of hBMSC

About 10 mL volume of bone marrow from 9 healthy adult was aspirated from iliac crest during oral and maxillofacial surgery following informed consent, according to institutional review board approval of the Seoul National University Dental Hospital. The characteristics of BMSC donors are listed in Table 1. After bone marrow aspiration, centrifugation with Ficoll-Paque PLUS (GE Healthcare, Uppsala, Sweden) was performed and separated mononuclear cells with stem cell population were seeded into polystyrene plastic 175 cm<sup>2</sup> tissue culture flasks and cultured in mesenchymal stem cell growth medium (MSCGM) (Lonza, Vervieres, Belgium) at 37°C in 5% humidified CO<sub>2</sub>. After two days, non-adherent cells were removed by media replacement and adherent cells were expanded in MSCGM. Media exchange was performed every 3-4 days during about 2 weeks. For passaging, the cells were detached with 0.05% trypsin/EDTA solution (Lonza, Vervieres, Belgium) and total cell number was counted manually by hemocytometer and re-seeded with a density of 1,000 cells/cm<sup>2</sup>.

### 2. Cell proliferation assay

hBMSC, with serial dilution started from 1 × 10<sup>3</sup> cells, were seeded into 96-well culture plates and incubated for 12 hours for standard curve. And respective hBMSC, 1 × 10<sup>3</sup> cells, were

seeded into 96-well plates and cultured in MSCGM. Cell counting was performed enzymatically using Cell Counting kit (CCK) 8 assay (Dojindo, Tokyo, Japan) after incubation time as indicated.

### 3. Fluorescence-activated cell sorting (FACS) analysis of isolated hBMSC

For cell surface marker characterization of hBMSC, cells were detached and washed with phosphate-buffered saline (PBS), then cells were incubated in blocking solution (5% fetal bovine serum in PBS) for 20 min. After washing with PBS, the cell pellets (1 × 10<sup>5</sup> cells per antibody) were resuspended in 100 μL PBS, 1 μL primary antibody was added and incubated for 30 min. Monoclonal primary antibodies (fluorescein isothiocyanate-conjugated or Alexa Fluor 488-conjugated mouse anti-human) recognizing surface markers CD34, CD45, CD90 (Becton Dickinson, San Jose, USA) and CD105 (Invitrogen, Carlsbad, CA, USA) were used. After three washing steps with PBS, the cells were re-suspended in 400 μL PBS and analyzed using BD FACSCalibur and BD FACSCalibur software (Becton Dickinson, San Jose, USA).

### 4. Evaluation of Multipotency

Multipotency was monitored by *in vitro* differentiation of MSC to adipogenic, osteogenic lineages according to Pittenger *et al.*<sup>12</sup>. Adipogenic differentiation was induced by adipogenic induction medium, MSCGM with 5 μM Indomethacin, 0.5 mM isobutyl-methyl-xanthine (IBMX), 1 μM dexamethasone and 10 μg/mL insulin purchased from Sigma chemical (St. Louis, MO, USA). Medium was changed every 2-3 days for 3 weeks. Oil-red O staining (Sigma Chemical, St. Louis, MO, USA) was performed to visualize lipid droplets. Osteogenic differentiation was induced by cultivation of MSC in osteogenic induction medium, MSCGM with 10 mM sodium β-glycerophosphate, 1 nM dexamethasone, and 50 μg/mL 1-ascorbic acid 2-phosphate purchased from Sigma Chemical (St. Louis, MO, USA). Medium was changed every 2-3 days for 3 weeks. Osteogenic differentiation was visualised by Alizarin red S staining (Sigma chemical, St. Louis, MO, USA) of matrix mineralization associated with osteoblasts.

### 5. Alkaline phosphatase (ALP) staining

Two days after hBMSC seeding, cells were treated with a recombinant human bone morphogenetic protein (rhBMP)-2 (30, 60 ng/mL) for a further 48 hours and the growth medium

**Table 1.** Characteristics of hBMSC donors from iliac crest

Subject	Age/Sex
Y1	21/M
Y2	25/F
Y3	26/F
M1	39/F
M2	39/F
M3	33/F
E1	54/F
E2	61/F
E3	70/M

(hBMSC: human bone marrow stromal cell, M: male, F: female)

**Table 2.** Primer sets for RT-PCR

Symbol	Name	GenBank No.	Primer
<i>DLX5</i>	Distal-less homeobox 5	NM_005221.5	5' -AGCTCCTACCACCAGTACGG-3' 5' -GTTTGCCATTCCACATTCTCAC-3'
<i>ALP</i>	Alkaline phosphatase, liver/bone/kidney	NM_000478.3	5' -ATGGGATGGGTGTCTCCACA-3' 5' -CCACGAAGGGGAACCTTGTC-3'
<i>GAPDH</i>	Glyceraldehyde-3-phosphate dehydrogenase	NM_002046.3	5' -CATGAGAAGTATGACAACAGCCT-3' 5' -AGTCCTTCCACGATACCAAAGT-3'

(RT-PCR: reverse transcription polymerase chain reaction)

was changed after one or two days. After a further 4 to 5 days of culture following rhBMP-2 treatment, cells were washed twice with PBS, fixed with 2% paraformaldehyde, and stained for alkaline phosphatase according to the manufacturer's instructions (Sigma Chemical, St. Louis, MO, USA).

#### 6. Gene expression analysis with a semiquantitative reverse transcription polymerase chain reaction (RT-PCR)

RNA was isolated using TRIzol (Invitrogen, Carlsbad, CA, USA). The concentration and purity of the RNA preparations were determined by measuring the absorbance of RNA at 230, 260 and 280 nm. The RNA integrity was analyzed on a 1% native agarose gel for checking 18S and 28S band, and cDNAs were synthesized with Superscript II Reverse Transcriptase (Invitrogen, Carlsbad, CA, USA). About 100 to 150 ng of total RNA was used for analysis. We performed a polymerase chain reaction (PCR) using HiPi PCR 5x Master Mix kit from ELPIS bio (Daejeon, Korea) according to the manufacturer's instructions. All primers were synthesized by Integrated DNA Technologies, Inc. (IDT) (Coralville, IA, USA). The primer sets for the analysis are listed in Table 2. The expression level of *glyceraldehyde-3-phosphate dehydrogenase (GAPDH)* of samples was used for control.

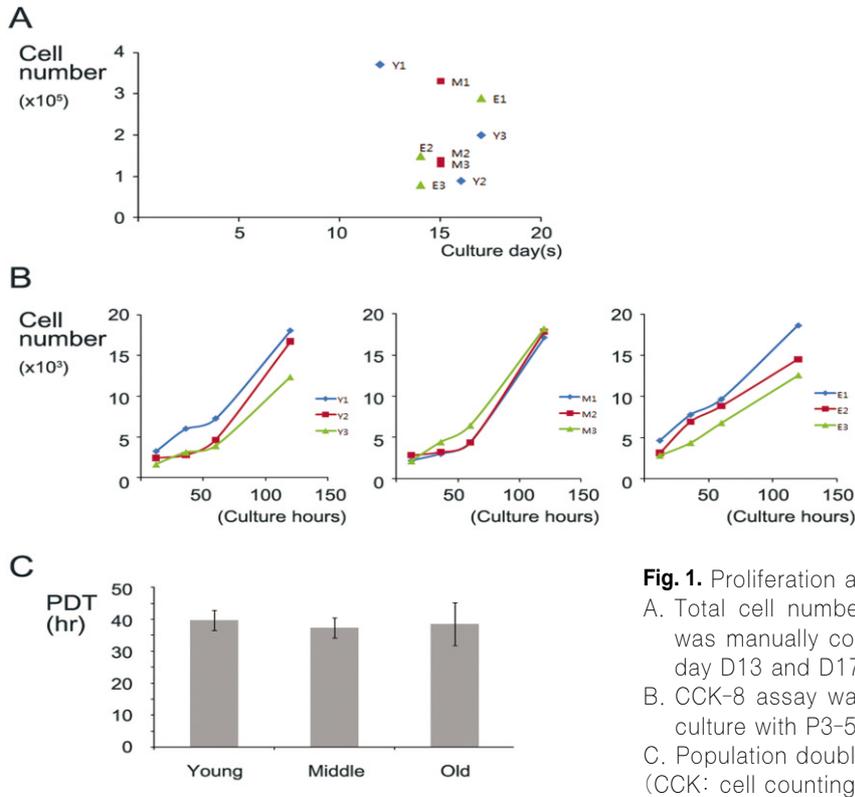
### III . Results

#### 1. Proliferation and cell surface marker characterization of hBMSC

The numbers of total harvested BMSC and cell growth rate according to the age was important for providing the predictable standard and generally acceptable information. We used the hBMSC from healthy donor's iliac crest between young and old age patients. A total of 9 patients with two males and seven females provided their bone marrow 10 mL

with aspiration from iliac crest under general anesthesia. First, we counted the expanded cells after P0 culture using hemocytometers before reseeding cells to P1 culture.(Fig. 1.A) The time of passage from P0 to P1 was determined by colony formation and cell density. Average first passage time was taken at 13 days to 17 days from the day of initial seeding of bone marrow cells immediately after Ficoll centrifugation. We harvested the amount of cells from  $1 \times 10^5$  to  $4 \times 10^5$  broadly at this time. Human samples showed the large scale of variations in total harvested BMSC and no consistent character between young and old group was found. Then, we seeded the cells at the stage of P3-5 for cell proliferation study using CCK-8 study.(Fig. 1.B) There was no prominent difference in cell growth rate between young and old BMSC. BMSC from old donors over age of sixty showed the similar cell population doubling time (PDT) with young donor groups.(Fig. 1.C)

Next, FACS analysis of the immunophenotypic surface profile for CD34, CD45, CD90 and CD105 of isolated hBMSC was performed to find the discrepancy of the cell surface marker expression between young and old donors.(Fig. 2) FACS analysis provides the most direct approach for testing for cell surface marker differences. hBMSC isolated in this study were positive for the markers CD90, CD105, but negative for CD34, CD45 according to the criteria for MSC. Most of the cells formed one major group having equal size (x-axis of the each most left panel of the Fig. 2) and equal signal (y-axis) independently to age groups which could be seen homogeneous. Interestingly, BMSC from old donors showed the similar pattern of cell surface marker expression with young donor cells in all cell surface markers studied. Further, the BMSC from early passage such as P2 showed the similar homogeneous group with cells from late passage such as P5 or P6 (data not shown). Thus, age did not affect on obtainable total cells of BMSC, cell proliferation and cell surface marker characters of those cells.

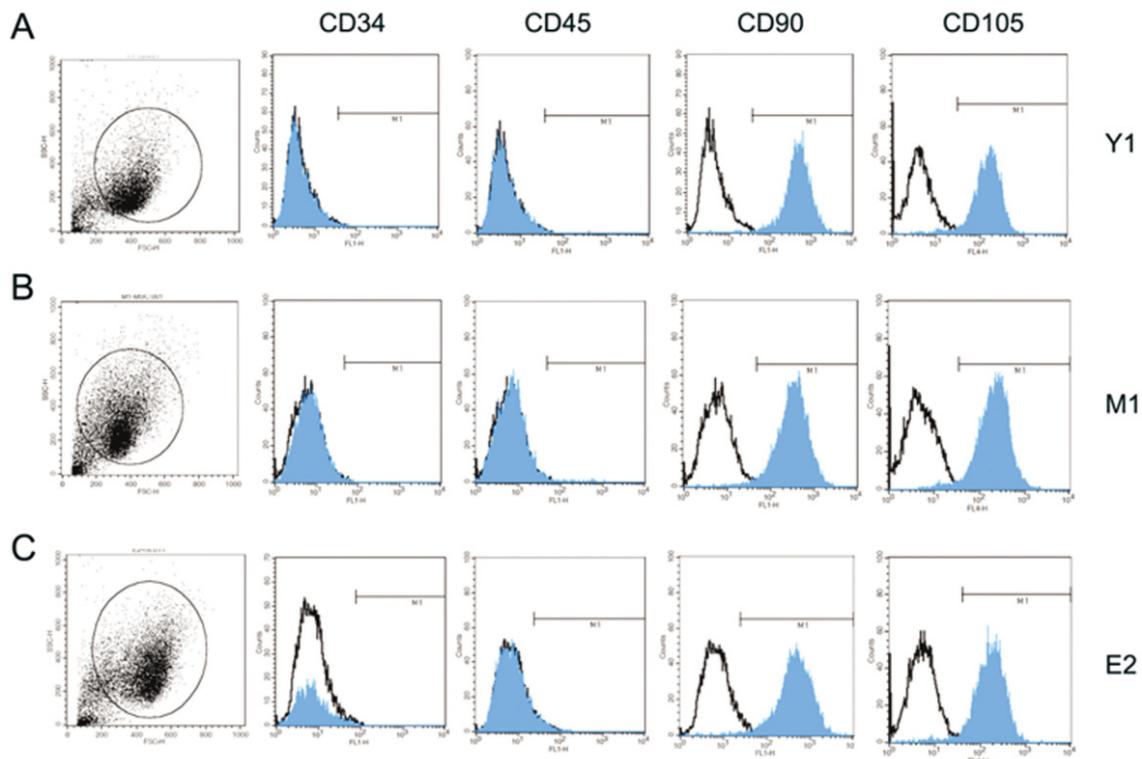


**Fig. 1.** Proliferation assay of hBMSC.

A. Total cell numbers of harvested hBMSC after P0 culture was manually counted by hemocytometer between culture day D13 and D17.

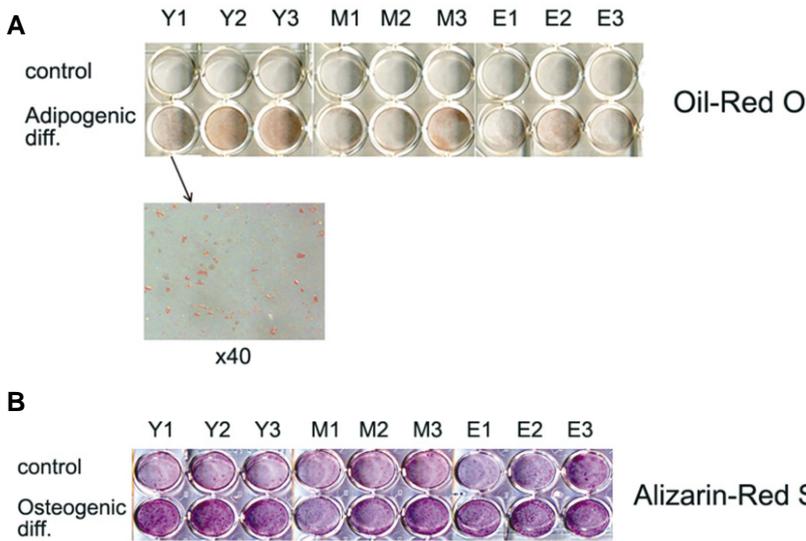
B. CCK-8 assay was performed after 12, 36, 60, 120 hours culture with P3-5 cells of respective hBMSC.

C. Population doubling time (PDT) was analyzed. (CCK: cell counting kit)



**Fig. 2.** Surface marker expression of hBMSC between young and old aged group.

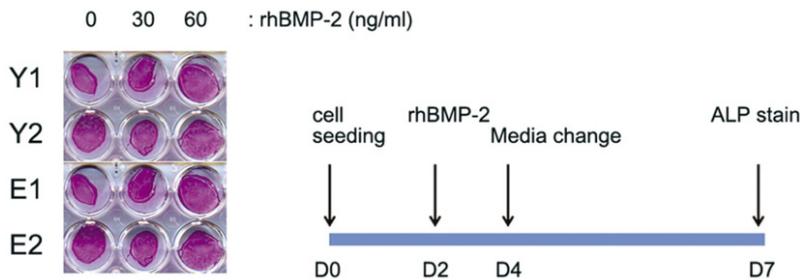
FACS of the immunophenotypic surface profile for CD34, CD45, CD90 and CD105 from isolated hBMSC was analyzed. Black line empty histograms represent the fluorescence from negative-control cells incubated without antibody; blue colored histograms represent the counts of singals incubated with the relevant cell surface antibody. (FACS: fluorescence-activated cell sorting)



**Fig. 3.** Multipotency of hBMSC.

A. Oil-red O staining after adipogenic differentiation for 2 weeks in adipogenic medium.

B. Alizarin-Red S staining after osteogenic differentiation for 2 weeks in osteogenic medium.



**Fig. 4.** Low rhBMP-2 responsiveness of hBMSC.

(rhBMP-2: recombinant human bone morphogenetic protein-2)

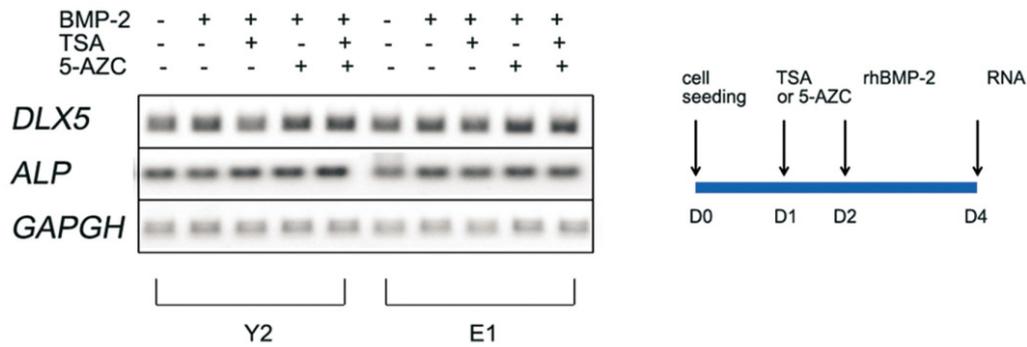
## 2. Multipotency of hBMSC

BMSC have a character to differentiate into osteoblast but also into chondroblast, adipocyte, myoblast etc by *in vitro* and *in vivo* studies. In contrast to pluripotent embryonic stem cells, adult stem cells have been considered to be multipotent, being more restricted in their differentiation capacity and only giving rise to cell types related to their tissues of origin. For example, bone marrow origin cells showed readily differentiation to osteoblast whereas fat tissue origin cells showed easily differentiation to adipocyte. In the aspect of age, there are conflicting reports on the effects of age on osteogenic capacity of BMSC. Thus, we evaluated the capacity of the multipotency with adipogenesis using adipogenic medium.(Fig. 3.A) We treated the BMSC with generally accepted adipogenic formula for 2 weeks and Oil-red O staining was performed for comparison. Staining method such as Oli-red O, Alizarin red S and ALP is useful for evaluating the differentiation in the case of lots of samples. Despite the sample variations, we found that hBMSC from young donors showed the higher adipogenic capacity than cells from old donors. Like adipogenesis,

Alizarin-Red S staining showed the higher mineralization tendency of young donor' s BMSC compared to old donor' s cells, but osteogenic differentiation was not prominent compared to adipogenesis.(Fig. 3.B)

## 3. Low BMP-2 responsiveness of hBMSC

BMP-2 promotes the differentiation of osteoprogenitor cells, and also induces an osteogenesis in MSC from rats and mice. But, compared to the results from animal models, rhBMP-2 are relatively inefficient in inducing human MSC to undergo the osteogenesis, and are much less effective in promoting bone formation in human clinical trials<sup>13,14</sup>. Here, we checked the BMP responsiveness according to age by the ALP activity. (Fig. 4) We performed the ALP staining after four to five days from the rhBMP-2 treatment to catch the relatively early response. Old donor BMSC showed similar ALP staining level with young donor cells. Also all hBMSC showed the low response to rhBMP-2 uniformly since the dose increase of rhBMP-2 could not make the staining level stronger.



**Fig. 5.** Osteogenic marker gene expression of hBMSC after TSA, 5-AZC pretreatment by semiquantitative RT-PCR. (TSA: trichostatin A, 5-AZC: 5-azacytidine, *DLX5*: distal-less homeobox 5, *ALP*: Alkaline phosphatase, *GAPDH*: glyceraldehyde-3-phosphate dehydrogenase)

4. Osteogenic master gene expressions after TSA, 5-azacytidine treatments on hBMSC

HDAC inhibitors and methyltransferase inhibitors can affect reversibly on chromatin remodeling which is changed by growth or aging in natural human life. Chromatin state of histone acetylation and demethylation of highly methylated chromatin part such as CpG islands can cause easily gene expression to permit an osteogenesis. To test this possibility of HDAC inhibitor and methyltransferase inhibitor, we used the pretreatment with representative drug, TSA and 5-azacytidine for 24 hours before BMP-2 treatment.(Fig. 5) TSA alone or 5-azacytidine alone plus BMP-2 slightly stimulated the *distal-less homeobox 5 (DLX5)* or *ALP* level in all samples compared to BMP-2 only group. The use of TSA and 5-azacytidine together showed slightly increased expression level of osteogenic master gene, *DLX5* and *ALP* mRNA level synergistically. The osteogenesis showed hardly prominent differences between young and old groups, but the drug effect was slightly positive in all groups, did not show significant difference between young and old groups.

IV. Discussion

In this study, we investigated the effects of donor age on hBMSC proliferation and differentiation potentials towards adipogenic and osteogenic lineages. Although there were many reports about murine BMSC data, the controversy on several points was still remained in hBMSC works. Most of all, no standardized practice exists for the tissue collection method, *in vitro* cell expansion and grouping of donor age of BMSC. As generally accepted, BMSC in this study and many others have

used the iliac bone marrow aspiration method, Ficoll separation and adherent marrow stromal cells characters. We selected healthy adult of twenties, thirties and over sixties for evaluation of donor age effects.

Within the BMSC containing partial MSC, we found that old donor's BMSC showed no more declines in proliferation capacity compared to the young group across all the three tested donor age groups. Due to similar population doubling time (PDT) from all tested donor age groups, we could harvest similar cell amount from old donor and young donor during same cell expansion period. In addition, cell surface characters such as positive marker CD90, CD105 and negative marker CD34, CD45 showed no difference between young and old adult. Especially CD105, known surrogate stem cell marker, proliferation-associated and hypoxia-inducible protein, abundantly expressed in angiogenic endothelial cells showed marked variations between samples but we could find no significant difference from all hBMSC related with age. The effect of age on the proliferation and cell surface marker expression of hBMSC was not critical between young and old groups.

Also our data showed old donor's BMSC showed more declines in differentiation capacity by donor age's increasing despite of the maintained multipotency. Old BMSC differentiated to adipocyte successfully and more prominently compared to osteogenic differentiations. But this result was not in agreement with previous work which found that donor age affected less on adipogenic differentiation than osteogenic differentiation<sup>15,16</sup>. No increase in adipogenic potential was observed with increasing age, but the relative differences between differentiation potentials would favor adipogenesis over osteogenesis. Some studies addressed the hypothesis that age related decreases in bone regeneration were due to BMSC aging,

resulting in a decreased osteogenic potential with a concurrent increase in adipogenic potential. In our study BMSC maintained their multipotency even in old group but exhibited decreased potential with aging for both osteogenic and adipogenic differentiation.

For osteogenic differentiation of BMSC, osteogenic media and rhBMP-2 treatment have been used but there were some limitation due to the low responses of the differentiation or mineralization of BMSC<sup>17-19</sup>. BMP treatment provided markedly successful result of ectopic bone formation, bone healing after fracture or bone formation of critical sized defects in animal experiments. However, many clinical trials have been reported low or unsuccessful responses of BMP treatment in human. Our data showed no increase by rhBMP-2 treatment *in vitro* in human samples by ALP activity although small increases were observed by mRNA level. More helpful method for BMP treatment on BMSC was necessary.

The concern about epigenetic condition on gene expression level may lead to this solution because chromatin remodeling factor such as HDAC inhibitor and methyltransferase inhibitor have attracted attention due to its temporary, reversible effects on chromatin loosening. Many researchers have provided the evidence supporting that HDAC inhibitors such as TSA stimulate osteogenic differentiation of hBMSC. And 5-azacitidine, methyltransferase inhibitor, has been used optionally to differentiate BMSC to adipocyte or myoblast up to now. Our results showed more highly expressed osteogenic marker gene such as *DLX5*, *ALP* after TSA, 5-azacitine pretreatment.

## V. Conclusions

This study has showed that hBMSC from old donors have identical proliferation and cell surface marker character with young donors BMSC. And TSA, 5-azacitidine showed the possibility of increase of the BMP effect on osteoblast differentiations. Based on the results of this study and many other previous studies, it appears that the osteoblast differentiation of hBMSC is considered to be less successful than animal cells. Future studies should be necessary for positive effect of the reversible inhibitory function of the HDAC inhibitors or methyltransferase inhibitors on enhancing the low capacity of osteoblast differentiation of hBMSC.

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