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# Contingent Negative Variation Is Associated with Cognitive Dysfunction and Secondary Progressive Disease Course in Multiple Sclerosis

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**Background and Purpose** The relationship between contingent negative variation (CNV), which is an event-related potential, and cognition in multiple sclerosis (MS) has not been examined previously. The primary objective of the present study was thus to determine the association between CNV and cognition in a sample of MS patients.

**Methods** The subjects of this study comprised 66 MS patients [50 with relapsing-remitting MS (RRMS) and 16 with secondary progressive MS (SPMS)] and 40 matched healthy volunteers. A neuropsychological battery was administered to all of the subjects; CNV recordings were made from the Cz, Fz, and Pz electrodes, and the amplitude and area under the curve (AUC) were measured at each electrode.

**Results** RRMS patients exhibited CNVs with lower amplitudes and smaller AUCs than the controls at Pz. SPMS patients exhibited CNVs with lower amplitudes and smaller AUCs than the controls, and CNVs with a smaller amplitude than the RRMS patients at both Cz and Pz. After correcting for multiple comparisons, a lower CNV amplitude at Pz was significantly associated with worse performance on measures of speed of information processing, verbal fluency, verbal learning, and verbal recall.

**Conclusions** CNV may serve as a marker for disease progression and cognitive dysfunction in MS. Further studies with larger samples and wider electrode coverage are required to fully assess the value of CNV in these areas.

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**Key Words** relapsing-remitting multiple sclerosis, secondary progressive multiple sclerosis, contingent negative variation cognitive dysfunction, event-related potentials, neuropsychological test.

## Introduction

Reportedly 45–60% of multiple sclerosis (MS) patients suffer from cognitive deficits<sup>1</sup> that have a detrimental effect on quality of life<sup>2</sup> that is independent of their physical disability.<sup>3</sup> The most commonly impaired cognitive domains are memory, processing speed, and executive functions.<sup>4</sup> Cognitive deficits have

been reported in all stages of the disease, and early diagnosis of cognitive dysfunction in MS patients is important.<sup>5</sup> Research shows that the presence of cognitive dysfunction early in the disease predicts a faster rate of disease progression,<sup>6</sup> which may aid patients in their decision-making regarding acceptance of disease-modifying treatments.<sup>7</sup>

Event-related potentials (ERPs) are evoked potentials that are used primarily in the evaluation of cognitive functioning and are thought to be associated with a person's cognitive activity.<sup>8</sup> One of these, the contingent negative variation (CNV), is a negative deviation in the electroencephalography record-

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ing induced by an imperative stimulus requiring a motor response following a cue stimulus. It is assumed to represent awareness, attention, decision-making, planning, conation, and readiness for a motor response.<sup>9,10</sup> CNV has been used to study dementia, migraine, alcoholism, Parkinson's disease, and schizophrenia.<sup>8</sup> Findings from such studies have primarily revealed lower CNV amplitudes in neurological populations when compared to controls. For example, patients with Parkinson's disease exhibit a lower CNV amplitude that rebounds following L-3,4-dihydroxyphenylalanine infusion.<sup>9</sup> Similarly, patients with complex partial seizures with and without secondary generalization demonstrate a lower CNV amplitude and a smaller area under the curve (AUC) compared to controls.<sup>10</sup> There are also inconsistent findings; for example, early studies revealed lower CNV amplitudes in Alzheimer's disease and in mild cognitive impairment, but a recent study was unable to confirm these findings.<sup>11</sup>

Despite its promise as a marker for cognitive dysfunction in other neurological disorders, there has been no study of the association between CNV and multiple domains of cognition in MS. The primary aim of this study was therefore to confirm the differences in CNV between MS patients and controls. We hypothesized that MS patients would demonstrate a lower CNV amplitude and a smaller AUC when compared to normal controls. A secondary aim was to determine the association between CNV and neuropsychological test performance among patients with MS. We hypothesized that a lower CNV amplitude and smaller AUC would be associated with worse performance on neuropsychological tests.

## Methods

### Participants

Patients with definite MS diagnosed according to the revised McDonald criteria<sup>12</sup> were enrolled consecutively during a 3-month period. All of the patients were followed at the Demyelinating Diseases Outpatient Clinic at Dokuz Eylul University Hospital, Izmir, Turkey. Patients with the relapsing-remitting and secondary progressive MS types (RRMS and SPMS, respectively) aged 17–55 years were included after evaluation by two neurologists (E.I. and S.O.) with experience in demyelinating diseases. Patients with a history of systemic, psychiatric, or neurological diseases other than MS, such as hypertension, diabetes mellitus, myocardial infarction, major depression, or psychosis, a history of concussion with loss of consciousness of more than 20 min, and taking antidepressant, antipsychotic, or sedative medications, or with a history of exacerbation or corticosteroid use in the preceding 4 weeks were not included. The Expanded Disability Status Scale (EDSS) was used to assess disability.<sup>13</sup> Healthy controls were enrolled by

verbal advertising to patients' relatives during the patient enrollment process; Department of Neurology staff, hospital employees, residents, and medical students were also recruited. All possible candidates were interviewed by the first author to ascertain their eligibility and potential age and education match with the enrolled patients. The exclusion criteria for the controls were a history of systemic, psychiatric, or neurological diseases such as hypertension, diabetes mellitus, myocardial infarction, major depression, psychosis, Parkinson's disease, dementia/cognitive impairment, or epilepsy, a history of concussion with loss of consciousness of more than 20 min, and taking antidepressant, antipsychotic, or sedative medications. Neither the patients nor the healthy controls received reimbursement for their participation in the study.

Each of the subjects provided written informed consent to participate prior to the commencement of the study. The study was approved by the Institutional Review Board of Dokuz Eylul University. Approval for the analysis of de-identified data was given by the University of Missouri-Kansas City Office of Research Services.

### Neuropsychological testing

Cognitive performance was assessed using a battery of tests that have been validated for use in Turkish subjects and that measure information processing speed, memory, and executive functioning;<sup>14-16</sup> these domains were chosen for the investigation because they are the most commonly impacted areas of cognition in MS.<sup>17</sup>

The oral version of the Paced Serial Addition Test (PASAT) assesses attention and speed of information processing. Participants were presented aurally with a series of 61 single-digit numbers every 3 s, and were asked to add each number that they heard to the preceding number. The participant's score was taken as the number of correct responses, with a maximum score of 60.<sup>15</sup>

The Stroop Test assesses processing speed and executive functions.<sup>18</sup> Participants performed the following three tasks: 1) to quickly name the colors of a string of rectangles, 2) to read the names of three colors (blue, red, and green) printed in black ink, and 3) to state the color of the inks that differed from the names of the colors. A speed score corresponds to the average time for each of the first two noninterference tasks,<sup>19</sup> and an interference score is calculated by subtracting the time for the third task from the time measured for the second task. This test was validated for the Turkish population by Umaç.<sup>14</sup>

The Controlled Oral Word Association Test (COWAT) measures executive functioning and verbal fluency.<sup>20</sup> In the Turkish version, subjects are asked to produce as many words beginning with K, A, and S in 60 s for each letter. Proper names, numbers, and multiple forms of the same word were not ac-

cepted in the present study, and the dependent variable was the sum of all of the accepted words across the three trials.<sup>14</sup>

The Rey Auditory Verbal Learning Test (RAVLT) measures verbal learning and memory. The RAVLT includes 5 learning trials during which a 15-word list is read aloud to the participant. After each trial, the participant was asked to say all of the words that they could remember. The dependent variables in the present study were the number of words recalled over the learning trials and the number of words recalled after a 20-min delay.<sup>14</sup>

A validated Turkish version of the Beck Depression Inventory (BDI) was used to assess depression.<sup>16</sup> Consistent with guidelines devised to reduce the influence of neurological symptoms on the identification of depression in MS,<sup>21</sup> we excluded items associated with fatigue and health concerns.

### CNV recording

Contingent negative variation recordings were made using an evoked-potential/EMG recording system (Neuropack MEB-2200 K, Nihon Kohden, Tokyo, Japan) at the Neurophysiology Laboratory, Department of Neurology, Dokuz Eylul University on the same day that the patient received the neuropsychological test battery. Participants were seated in a reclining armchair in a dimly lit and quiet room with optimal room temperature. They were asked to avoid blinking, swallowing, chewing, yawning, and any facial movement, and to make any absolutely necessary such movements only after a motor response. EEG was recorded by using silver/silver-chloride electrodes placed at Fz, Cz, and Pz and referenced to linked mastoids. Impedances were kept below 5 k $\Omega$  and the bandpass filter was set at 0.03–100 Hz. All subjects exhibited at least 20 good trials. The CNV paradigm consisted of a warning stimulus (S1, comprising a pure tone of 1,000 Hz at 75 dB SPL and of 50 ms duration) followed 2 s later by an imperative stimulus (S2, comprising a series of light flashes from LED goggles). The participants were asked to interrupt the S2 stimulus by pressing a button with their dominant hand (or non-dominant hand if it had better motor control). Trials were automatically excluded if the button was pressed between two stimuli. Intertrial intervals varied randomly from 5 to 10 s. Trials with artifact, false-response errors, or omissions were automatically rejected from the ERP averaging.

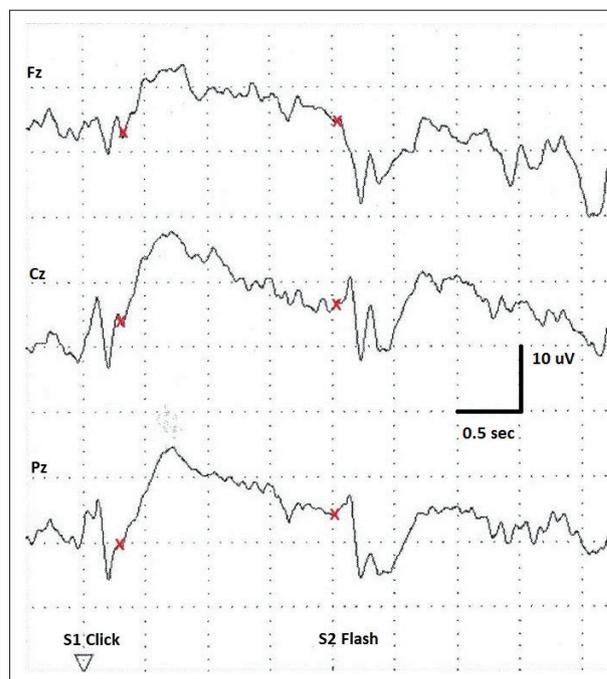
Contingent negative variation amplitude was measured from the highest point between 500 ms after S1 and 200 ms prior to S2, and referenced to the baseline tracing before S1. The AUC of the response was calculated automatically using QP-213BK Event Related Potentials Software (Nihon Kohden, Tokyo, Japan) to measure the area between the negative deflection and the baseline (Fig. 1).<sup>22</sup> Amplitude and AUC measures of the CNV wave from the Fz, Cz, and Pz electrodes were the de-

pendent variables for the present study.

### Statistical analysis

Statistical analyses were performed using SPSS for Windows (release 19.0, SPSS Inc., Chicago, IL, USA). Nonparametric multivariate analysis of variance (MANOVA) was used to compare CNV and neuropsychological measures between the groups to reduce the risk of a type I error. This approach is consistent with our prior work and is preferred over parametric approaches when there is a violation of the equal covariance matrix assumption.<sup>23,24</sup> Follow-up Kruskal-Wallis and Mann-Whitney U tests were conducted as appropriate to further examine between-group differences. The cutoff for statistical significance for these analyses was set at  $p < 0.05$ .

Correlations between neuropsychological and neurophysiological measures were determined using the Pearson  $r$  statistic. To reduce the number of correlational analyses, only CNV and neuropsychological measures that differed significantly between MS patients and controls were examined. Spearman rho correlations were employed if violations of parametric statistics were uncovered. Bonferroni correction was employed to reduce the risk of a type I error in these correlational analyses, which meant that results were considered statistically significant at  $p < 0.002$ . Follow-up partial correlations controlling for disease characteristics were conducted to ensure that the obtained correlations were not due to secondary factors (e.g., de-



**Fig. 1.** CNV recording of a patient with RRMS. Red marks (x) are reference points used for the AUC calculation. AUC: area under the curve, CNV: contingent negative variation, RRMS: relapsing-remitting multiple sclerosis.

pression) or general disease progression.

## Results

### Preliminary analyses

In total, 66 patients (50 RRMS, 16 SPMS) were included in the study. The mean age and years of education of the RRMS patients (33 females) were  $39.52 \pm 10.41$  years (mean  $\pm$  SD) and  $12.34 \pm 3.19$  years, respectively; these values for the SPMS patients (11 females) were  $43.81 \pm 7.47$  years and  $12.69 \pm 2.82$  years, respectively. As expected, SPMS patients had a longer disease course ( $13.94 \pm 5.80$  years vs.  $9.08 \pm 6.65$  years; [ $t(64) = 2.62$ ,  $p < 0.05$ ] and higher EDSS scores [ $5.78 \pm 1.08$  vs.  $1.83 \pm 1.07$ ;  $t(64) = 12.86$ ,  $p < 0.001$ ] than RRMS patients. The healthy controls ( $n = 40$ ; 27 females) were  $37.03 \pm 10.43$  years old and had  $12.78 \pm 3.38$  years of education. Age, education, and gender did not differ significantly between the healthy controls, RRMS patients, and SPMS patients.

### CNV differences between groups

We hypothesized that the MS patients would demonstrate a lower CNV amplitude and smaller AUC relative to healthy controls. Nonparametric MANOVA revealed significant CNV differences between RRMS patients, SPMS patients, and healthy controls ( $\chi^2 = 50.40$ ,  $df = 15$ ,  $p < 0.005$ ). Table 1 lists the descriptive and between-group differences for CNV amplitude and AUC at Fz, Cz, and Pz. RRMS patients exhibited a lower CNV amplitude and smaller AUC than the controls at Pz. SPMS patients exhibited a lower CNV amplitude and smaller AUC than the controls at both Cz and Pz; they also exhibited a lower CNV amplitude than the RRMS patients at both of these locations.

Stepwise logistic regression was conducted with disease course entered as the dependent variable and CNV values as covariates. CNV indicators shown to be significantly different between SPMS and RRMS patients were entered in block one. Only the CNV amplitude at Cz predicted unique variance in

the disease course ( $p = 0.008$ ). A receiver operating characteristic curve revealed a high level of sensitivity to SPMS as 0.94 when the Cz amplitude was  $< 11.15 \mu V$ , but its specificity was only 0.50.

### Correlation between CNV and clinical variables among MS patients

To reduce the number of correlational analyses, we decided a priori to only examine CNV variables that differentiated between MS patients and controls. Higher EDSS scores were associated with a lower amplitude and smaller AUC at Cz ( $r = -0.40$ ,  $p = 0.001$  and  $r = -0.27$ ,  $p = 0.028$ , respectively). Longer disease duration was associated with a lower Cz amplitude ( $r = -0.28$ ,  $p = 0.021$ ), and older MS patients exhibited a smaller AUC at Pz ( $r = 0.31$ ,  $p = 0.012$ ). Patients' scores on the BDI, and for education and sex were not significantly associated with CNV measures.

### Correlation between CNV and cognition

We hypothesized that MS patients with a lower CNV amplitude and smaller AUC would perform worse in the neuropsychological tests. Table 2 provides descriptive statistics for the neuropsychological test performance according to the group. As expected, MS patients performed significantly worse on measures of information processing speed, memory, and executive functioning. Table 3 lists the correlations between CNV and neuropsychological measures. Increased amplitude at Pz was significantly associated with better scores in the PASAT, COWAT, and RAVLT after correcting for multiple comparisons. Increased amplitude at Cz was associated with faster processing speed in the PASAT and Stroop Test after correcting for multiple comparisons. Partial correlations controlling for EDSS, disease duration, BDI score, and age continued to show significant associations between CNV Pz amplitude and PASAT ( $r = 0.41$ ,  $p = 0.001$ ), COWAT ( $r = 0.39$ ,  $p = 0.002$ ), RAVLT Learning ( $r = 0.39$ ,  $p = 0.002$ ), and RAVLT Delayed Recall ( $r = 0.40$ ,  $p = 0.002$ ). Partial correlations controlling for EDSS, dis-

**Table 1.** Group differences in CNV between health controls, RRMS patients, and SPMS patients

	Controls			Relapsing remitting			Secondary progressive			$\chi^2$ (df=2)	p
	Mean	SD	Mean rank	Mean	SD	Mean rank	Mean	SD	Mean rank		
Fz amplitude	11.14	4.83	55.08	11.58	6.46	54.24	9.80	4.49	47.25	0.80	n.s.
Fz AUC	11.52	6.24	59.33	11.02	8.08	51.74	8.27	3.97	44.44	2.99	n.s.
Cz amplitude	13.16	7.36	60.49 <sub>a</sub>	11.36	5.31	55.10 <sub>a</sub>	7.42	3.15	31.03 <sub>b</sub>	10.75	0.005
Cz AUC	14.35	8.23	63.59 <sub>a</sub>	11.42	6.26	51.40	7.83	3.04	34.84 <sub>b</sub>	10.43	0.005
Pz amplitude	13.40	6.15	75.06 <sub>a</sub>	7.60	3.05	44.68 <sub>b</sub>	5.51	2.34	27.16 <sub>c</sub>	35.55	<0.001
Pz AUC	11.81	7.27	67.46 <sub>a</sub>	7.29	3.37	44.59 <sub>b</sub>	7.33	3.13	46.44 <sub>b</sub>	13.30	0.001

Different lettered subscripts beside mean rank variables indicate significant group differences (Mann-Whitney tests,  $p < 0.05$ ).

AUC: area under the curve, CNV: contingent negative variation, n.s.: not significant, RRMS: relapsing-remitting multiple sclerosis, SPMS: secondary progressive multiple sclerosis.

**Table 2.** MS patients perform worse than controls on measures of speeded information processing, memory, and executive functioning

	Controls (n=40)		MS patients (n=66)		t	df	p
	Mean	SD	Mean	SD			
PASAT	43.55	10.78	37.45	11.62	2.69	104	0.008
Stroop speed	65.40	11.39	80.75	24.77	4.33	98.34	<0.001
Stroop interference	-41.00	15.18	-52.37	28.20	2.68	101.53	0.009
COWAT	42.05	14.65	33.74	14.75	2.82	104	0.006
RAVLT learning	49.90	8.78	45.76	9.60	2.22	104	0.028
RAVLT delayed recall	10.28	2.63	8.74	3.04	2.65	104	0.009

COWAT: Controlled Oral Word Association Test, MS: multiple sclerosis, PASAT: Paced Serial Addition Test, RAVLT: Rey Auditory Verbal Learning Test.

**Table 3.** Pearson correlations between psychophysiological and neuropsychological measures

	PASAT	Stroop speed	Stroop interference	COWAT	RAVLT learning	RAVLT delayed recall
CNV Cz amplitude	0.39 <sup>‡</sup>	-0.37 <sup>‡</sup>	0.24	0.24	0.12	0.046
CNV Cz AUC	0.31 <sup>*</sup>	-0.36 <sup>‡</sup>	0.24	0.31 <sup>*</sup>	0.16	0.05
CNV Pz amplitude	0.42 <sup>‡</sup>	-0.34 <sup>‡</sup>	0.15	0.47 <sup>‡</sup>	0.42 <sup>‡</sup>	0.39 <sup>‡</sup>
CNV Pz AUC	0.01	-0.09	-0.03	0.25 <sup>*</sup>	0.13	0.19

\* $p < 0.05$ , <sup>‡</sup> $p < 0.01$ , <sup>‡</sup> $p < 0.002$  (meets Bonferroni correction criteria).

AUC: area under the curve, CNV: contingent negative variation, COWAT: Controlled Oral Word Association Test, PASAT: Paced Serial Addition Test, RAVLT: Rey Auditory Verbal Learning Test.

ease duration, BDI score, and age continued to show a significant association between CNV Cz amplitude and PASAT ( $r = 0.29$ ,  $p = 0.024$ ).

## Discussion

There has been growing interest in radiological and neurophysiological correlates of cognitive dysfunction in MS. Reports on other ERPs such as P300 or mismatch negativity in MS patients can be found in the literature,<sup>25-27</sup> but there has been a paucity of research on CNV in this patient group.<sup>28</sup> To the best of our knowledge, this is the first study to examine the association between CNV and neuropsychological functioning in MS patients, and the first to examine CNV differences between RRMS and SPMS patients. This study yielded some important findings and confirmed significant differences in the CNV amplitude and AUC between MS patients and controls for measurements at the Cz and Pz electrodes. The CNV amplitude was lower and the AUC was smaller in RRMS patients than in controls at Pz. SPMS patients exhibited a lower CNV amplitude and smaller AUC than controls at Cz and Pz; they also exhibited a lower CNV amplitude than RRMS patients at Cz and Pz. Moreover, significant correlations were found between neuropsychological test performance and amplitude at Cz and Pz, even after correcting for multiple comparisons and disease characteristics.

A recent study in which an attentional visual-spatial task was implemented with Posner's central cue paradigm to explore benign MS patients (BMS), RRMS patients, and healthy con-

trols found CNV changes in patients with MS.<sup>29</sup> Specifically, BMS patients exhibited lower CNV amplitudes at central and parietal sites compared to controls. Interestingly, there was higher negative amplitude in the central phase of CNV in RRMS patients at frontocentral sites compared to controls. The authors suggested that this could reflect reduced activation of orientation and cue-preparation mechanisms in BMS patients and increased attention at the beginning of the preparation stage or greater task motivation in RRMS patients. These findings partially contrast with the results obtained in the present study, which revealed no significant differences between RRMS patients and controls at frontal and central sites. However, our RRMS patients had a longer disease course and slightly lower EDSS score than the patients in their study, suggesting the presence of differences between the patient characteristics and that some of our RRMS patients might be similar to the BMS patients in the study of Gonzalez-Rosa et al.<sup>29</sup> Furthermore, other limiting factors such as methodological differences (differences in stimulus paradigms, interstimulus durations, or in the methods used to analyze waveforms), and a small number of patients in the latter study may account for the discrepant findings. In another recent study, Vázquez-Marrufo et al.<sup>30</sup> reported that CNV amplitudes were significantly lower in RRMS patients than in controls in central and frontal electrodes during an Attention Network Test using central and spatial cueing; they found a trend toward decreased amplitude that did not reach to statistical significance when a cue was not used. They interpreted these results as impairment in the central cueing mechanism and also a worse orienting response.<sup>30</sup>

The amplitude and AUC values were preserved at the Fz and Cz electrodes in RRMS patients, but significantly lower values at Cz were found for SPMS patients. It is somewhat difficult to compare our findings with those of other studies because we did not use a special paradigm dedicated to attention. Our results showing preserved CNV values in frontocentral electrodes in RRMS patients could be due to secondary increases in frontal activation that compensate for MS-related functional and/or structural abnormalities. These cognitive compensatory mechanisms were suggested by Bonnet et al.<sup>31</sup> and have been described using functional MRI (fMRI) in early MS and RRMS patients, revealing additional activation of cerebral structures such as the prefrontal, dorsofrontal, and medial frontal cortices.<sup>32,33</sup> It is postulated that this increased involvement of the frontal areas helps patients to compensate for the cognitive declines associated with the progression of MS. Nevertheless, effective compensation seems to be limited by the accumulation of tissue damage and the introduction of highly demanding cognitive tasks.<sup>34</sup> The limited frontal compensatory cortical activation seen in fMRI studies could explain why the CNV measures differed significantly in each group between the Pz electrode, which is located posteriorly, and the Fz electrode. Put simply, our findings may show a posterior-to-anterior signal deterioration in CNV among MS patients as their disease progresses; however, an insensitivity of CNV to frontal pathology in MS could also be argued.

Another possible explanation for the lower CNV amplitude and smaller AUC could be widespread cortical and subcortical gray-matter volume loss along with disconnection between the generators of CNV. As a sensory gateway with multiple efferent and afferent connections, the thalamus may play an especially important role. Intracranial recordings and fMRI studies conducted with simultaneous CNV recordings show widespread generators of the CNV involving both cortical and subcortical areas, including the primary sensorimotor area, supplementary motor area, cingulate gyrus, orbitofrontal cortex, prefrontal area, dorsolateral and orbital prefrontal cortices, premotor and motor cortices, temporal cortex, amygdalohippocampal complex, insula, posterior parietal cortices, basal ganglia, and thalamus.<sup>35,36</sup> There is a well-known relationship between thalamic pathology in early MS,<sup>37,38</sup> subtle damage to afferent projections to the thalamus with effects on cognitive status,<sup>39,40</sup> and thalamic atrophy in SPMS.<sup>41</sup> It is possible that the lower posterior CNV amplitude observed in MS reflects damage to the thalamus or its projections that requires compensation and additional cortical activity in the frontal systems.

Impaired attentional cue-orienting mechanisms were suggested in different stages of MS,<sup>28</sup> raising the possibility that CNV findings vary with the paradigm and stage of the disease. A lower CNV amplitude and a smaller AUC at the Cz elec-

trode may indicate failure of the compensatory mechanisms as the disease progresses. Therefore CNV, which is a relatively inexpensive and easy test to perform, should be further explored as a measure of disease progression in MS. In addition, logistic regression analysis revealed that the lower CNV amplitudes measured at the Cz electrode were associated with the SPMS course. However, caution is necessary regarding the utility of this parameter for predicting the disease course due to limitations such as the smallness of the sample. Future confirmative studies with larger samples and more scalp coverage are needed.

As expected, MS patients performed worse than the controls in neuropsychological tests. The neuropsychological test battery employed in the present study focused on the frontal and medial temporal systems, which are known to be differentially impacted in MS. Furthermore, the cognitive test battery employed herein would not fully address the functional and structural integrity of the brain regions located near the Cz and Pz electrodes. Future structural neuroimaging studies should be conducted in conjunction with CVN to shed more light on the neuroanatomical and functional underpinnings of the present findings.

Two previous studies have analyzed CNV in MS patients using attention-specific paradigms. To the best of our knowledge, the present study is the first to examine the association between CNV and different domains of neuropsychological functioning in MS patients. The findings implicate a possible future role of CNV in assessing the mechanisms underlying cognitive impairment and disease progression. The results showed moderate-to-strong correlations between CNV and measures of processing speed, verbal fluency, and memory. These findings support possible value for CNV in detecting and better understanding the mechanisms underlying the cognitive dysfunction in MS. However, certain limitations must first be considered. First, the present sample of SPMS patients was small. Second, CNV was measured from only three electrodes rather than with extensive scalp coverage; however, the method used would be more reflective of a potential daily clinical use of CNV as a potential screen for cognitive dysfunction and disease progression, rather than using more complex CNV paradigms and extensive coverage, which would require labor-intensive analysis and higher skill levels that may not be widely available. Third, CNV is not routinely used in clinical practice for MS, and its sensitivity, validity, and normative values have not been confirmed. Fourth, this study was not prospective, and as such its findings are limited with regard to changes in CNV associated with disease progression. Fifth, we did not perform concomitant MRI studies during the study period for each patient to correlate CNV findings with lesion loads. Future prospective studies that employ greater scalp coverage and struc-

tural imaging should be conducted with the aim of determining the optimal array of coverage for detecting cognitive dysfunction, correlations of CNV and neuroimaging characteristics, and disease progression in MS.

Larger prospective studies with discriminant analysis should also be conducted to determine whether measurements of CNV amplitudes at Pz and Cz truly hold promise as an objective tool with which to differentiate between SPMS and RRMS patients or to evaluate disease progression in MS. Moreover, the decreased amplitude at the Pz electrode was significantly correlated with cognitive impairment in MS patients, even after correcting for multiple comparisons and removing the variance associated with disease-specific factors. Integrating these findings with structural and other forms of functional data may lead to an improved understanding of the neural mechanisms responsible for cognitive decline and disease progression in MS. Future prospective studies with larger samples and wider scalp coverage that correlate CNV with neuroimaging data are needed to confirm and extend these findings.

#### Conflicts of Interest

The authors have no financial conflicts of interest.

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