

# Peroxisome proliferator-activated receptor gamma activator inhibits cell growth of MDA-MB-231 breast cancer cells through induction of apoptosis

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**Purpose:** Peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ) has become a potential target for the prevention and treatment of human cancers. PPAR $\gamma$  ligands inhibit cell proliferation of estrogen receptor $\alpha$ (ER $\alpha$ )-positive breast cancer cells. However, it has recently been shown that ER $\alpha$ -negatively inhibits PPAR $\gamma$  signaling in breast cancer cells, indicating that PPAR $\gamma$  ligand may be more useful for treating ER $\alpha$ -negative breast cancer cells compared to ER $\alpha$ -positive breast cancer cells. In this study, we attempted to elucidate the role of PPAR $\gamma$  in ER $\alpha$ -negative breast cancer cells.

**Methods:** The effect of PPAR $\gamma$  ligand on the growth of MDA-MB-231 cells was measured by MTT assay and flow cytometric analysis. TUNEL staining and Hoechst 33342 fluorescent staining were used to observe the effects of PPAR $\gamma$  ligand on cell apoptosis. The regulatory proteins of the cell cycle were measured by Western blot.

**Results:** The treatment of MDA-MB-231 human

breast cancer cells with the PPAR $\gamma$  ligand, troglitazone, was shown to induce inhibition of cell growth in a dose-dependent manner. Cell cycle analysis showed a G<sub>1</sub> arrest in MDA-MB-231 cells exposed to troglitazone. The apoptotic effect by troglitazone demonstrated that apoptotic cells were elevated from 2.5-fold of the control level at 10 mM, to 3.1-fold at 50 $\mu$ M and to 3.5-fold at 75 mM of troglitazone. Moreover, troglitazone treatment dose-dependently caused a marked decrease in the pRb, cyclin D1, cyclin D2, cyclin D3, cdk2, Cdk4 and Cdk6 expressions and there was a significant increase in the p21 and p27 expressions.

**Conclusion:** These results indicate that troglitazone induces cell-cycle G<sub>1</sub> arrest and apoptosis in ER $\alpha$ -negative MDA-MB-231 breast cancer cells. Collectively, this paper shows that PPAR $\gamma$  ligand is an important player as a member of the chemotherapeutic candidates for treating ER $\alpha$ -negative breast cancer. (*J Breast Cancer* 2006;9: 293-300)

**Key Words** ER-negative MDA-MB-231 breast cancer cells, PPAR $\gamma$ , Apoptosis, Cell cycle arrest

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## INTRODUCTION

Breast cancer is the most common cancer and then leads to most of cancer deaths among women world-

wide. A wide variety of chemotherapeutics are being explored to treat breast cancer. Anti-estrogen hormone therapy has been best used for prevention and treatment in women with early breast cancer.(1) However, hormone therapy has little effect on estrogen receptor  $\alpha$  (ER $\alpha$ )-negative tumors.(2) In deed, approximately 30% of breast cancer patients are negative for ER $\alpha$  expression at diagnosis. Furthermore, approximately 50% of patients with advanced disease do not respond to first-line treatment with hormone therapy.(3) Therefore, resistance to hormone therapy causes a major problem in treatment and prevention of breast cancer. Thus, in order to overcome resistance to hormone therapy the novel treatment strategies should be explored.

Peroxisome proliferator-activated receptors (PPARs) are ligand-activated nuclear receptors that mediate transcriptional regulation of genes involved in the oxidation, transport, and storage of lipids.(4-7) Among the three PPAR isoforms (PPAR $\alpha$ ,  $\beta$ , and  $\gamma$ ),(8-10) PPAR $\gamma$  influences such biological processes as inflammation, cell survival, differentiation, cell proliferation, and tumorigenesis.(11) Several ligands for PPAR $\gamma$  have been identified including endogenous 15-deoxy- $\Delta^{12,14}$ -prostaglandin J2, linoleic acid, lysophosphatidic acid, and the thiazolidinediones class of synthetic antidiabetic drugs such as troglitazone and rosiglitazone.(12-18)

In the other hand, PPAR $\gamma$  ligand has recently been incriminated as a potential target for the prevention and treatment of human cancers.(17) In breast cancer, PPAR $\gamma$  ligands also inhibit proliferation and induce apoptosis in ER $\alpha$ -positive breast cancer cells.(19,20) These reports indicate that PPAR $\gamma$  ligand may prove to have a role in breast cancer treatment /prevention in the future. However, it has recently been known that ER $\alpha$  negatively interferes PPAR $\gamma$  signaling in breast cancer cells,(21) indicating that PPAR $\gamma$  ligand have not full activity for ER $\alpha$ -positive MCF-7 breast cancer cells. In deed, PPAR $\gamma$  activation by PPAR $\gamma$  ligand has little apparent clinical value among patients with treatment-refractory breast cancer.(22) Therefore, it is likely to suggest

that PPAR $\gamma$  ligand may be more useful in ER $\alpha$ -negative MDA-MB-231 breast cancer cells compared to ER $\alpha$ -positive MCF-7 breast cancer cells. Moreover, effect of PPAR $\gamma$  ligand on cell proliferation of ER $\alpha$ -negative MDA-MB-231 breast cancer cells is not known.

Therefore, we attempted to elucidate the role of PPAR $\gamma$  in ER $\alpha$ -negative breast cancer carcinogenesis and explore the possibility of using PPAR $\gamma$  ligand as chemopreventive agent for hormone therapy-resistant breast cancer patients. In the current study, we determined if PPAR $\gamma$  ligand induces cell-cycle arrest and apoptosis in ER $\alpha$ -negative MDA-MB-231 breast cancer cell line. The observed apoptotic activity of PPAR $\gamma$  ligand was accompanied by a cell cycle regulator induction such as p21. This paper shows the first time evidences that PPAR $\gamma$  ligand plays as a primary member of chemotherapeutic candidates for ER $\alpha$ -negative breast cancer. So, we expect the clinical use of PPAR $\gamma$  ligand, which is more useful for in ER $\alpha$ -negative breast cancers compared to ER $\alpha$ -positive cancers.

## METHODS

### Materials

Anti-CDK (2,4,6), cyclin (A, D1, D2, E), p21, p27, p-Rb, and PPAR $\gamma$  were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Fetal bovine serum (FBS) and charcoal-dextran treated FBS were obtained from Gibco BRL (Life Technologies, Grand Island, USA). HBSS (Hanks balanced salt solution), MTT, propidium iodide, RPMI-1640, and  $\beta$ -actin antibody were obtained from Sigma Chemical Co. (St. Louis, USA). Ciglitazone, rosiglitazone, and troglitazone were purchased from ALEXIS Biochemicals (Lausen, Switzerland).

### Cell culture

A human breast cancer cell line, MDA-MB-231 was obtained from the American Type Culture Collection (Rockville, USA). The cells were cultured in RPMI medium containing 10% fetal calf serum,

2 mM glutamine, antibiotics (Penicillin G 60 mg/L, Streptomycin 100 mg/L, Amphotericin B 50  $\mu$ g/L) under a humid atmosphere (37 °C, 5% CO<sub>2</sub>).

#### MTT assay

The effect of PPAR $\gamma$  ligands on cell viability of MDA-MB-231 cells was determined using MTT assay. Viability of cultured cells was determined by reduction of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) (Sigma, USA) to formazan. Briefly, cells of  $1 \times 10^4$  cells/well were inoculated into a 96-well plate, treated with ciglitazone, rosiglitazone or troglitazone at various concentrations. After incubation for 72 h, cells were washed twice with phosphate-buffered saline (PBS), and MTT (100  $\mu$ g/0.1 ml PBS) was added to each well. Cells were incubated at 37 °C for 1 h, and 100  $\mu$ l dimethyl sulfoxide (DMSO) was added to dissolve the formazan crystals. The plate was read in a microplate reader (model 3550, BIO-RAD, Richmond, USA) at 570 nm.

#### Cell cycle analysis

For analysis of cell cycle,  $5 \times 10^5$  cells were seeded onto 6-well plates and treated with troglitazone at various concentrations for 48 h. At indicated times, cells were harvested by trypsinization, centrifuged at 1500 rpm for 3 min, washed with PBS, and fixed 1 hour in 70% ethanol at 4 °C (fixed with 70% ethanol for 1h at 4 °C), and then collected by centrifugation, resuspended in PBS containing 5  $\mu$ g/ml RNase and 50  $\mu$ g/ml propidium iodide (PI), and incubated at 4 °C for 1h, protected from light. DNA content was analyzed using Becton Dickinson FACScan and Cell Quest software. Subsequent data analysis was performed using ModFit software (Becton Dickinson United Kingdom Ltd., Cowley, UK).

#### Western blot analysis

After washing with PBS and harvesting, cell pellets were lysed with the lysis buffer (50 mM Tris-HCl, pH 7.6, 1% Triton-X 100, 2 mM EDTA, 0.5%

SDS, 150 mM NaCl, 1 mM sodium orthovanadate, 2 mM EGTA, 4 mM p-nitro-phenyl phosphate, and 100 mM sodium fluoride) supplemented with protease inhibitors (0.5% leupeptin, 0.5% aprotinin, and 0.02% phenylmethylsulfonyl fluoride). After incubation for 30 min at 4 °C, cellular debris was removed by centrifugation at  $10,000 \times g$  for 30 minute and supernatants were analyzed by 12% SDS-PAGE. Electrophoretic transfer from slab gel to nitrocellulose paper and subsequent immunoblotting was performed by incubation with primary antibodies and followed by further incubation with HRP-conjugated secondary antibody. Reactive proteins were detected using enhanced chemiluminescence (ECL, Amersham Life Sciences, Arlington Heights, USA).

#### TUNEL staining

Detection of apoptosis in breast cancer cell was carried out using a DNA fragmentation assay based on terminal deoxynucleotidyl transferase (TdT)-mediated dUTP digoxigenin nick-end-labeling (TUNEL). Briefly, MDA-MB-231 breast cancer cells plated on glass coverslips in 24-well culture plates were grown at 37 °C for 24 h, troglitazone was added and incubated for an additional 48 h. The cells were then fixed with 4% paraformaldehyde in phosphate-buffered saline (PBS) for 15 min, washed with PBS, and incubated in 0.3% H<sub>2</sub>O<sub>2</sub> to block endogenous peroxidases and incubated with a TUNEL reaction mixture (terminal deoxynucleotidyl transferase, nucleotide mixture, Roche, Mannheim, Germany) at 37 °C for 1 h, and then the sections were washed with distilled water (D/W). They were then reincubated in anti-fluorescein antibody conjugated with horse-radish peroxidase at room temperature for 30 min, re-washed, and then visualized using the ABC technique and 0.05% 3,3'-diamino-benzidine (DAB, Sigma, USA) as a chromogen. The slides were counterstained with hematoxylin and mounted on cover slip. Condensed and fragmented nuclei with the brown label were considered apoptotic when visualized by light

microscopy. The numbers of TUNEL positive cells were counted by a pathologist: at  $\times 200$  magnification, 30 fields/section. The TUNEL-positive cells were counted separately in the gray and white matter at ten axial levels.

### Hoechst staining

For morphological examination of apoptotic changes, cells were stained with Hoechst 33342 (Calbiochem, San Diego, USA). Human breast cancer cells plated on glass coverslips in 6-well culture plates were grown at  $37^{\circ}\text{C}$  for 24h. Troglitazone was added and incubated for an additional 48 h. The cells were fixed for 15 min at room temperature in 4% paraformaldehyde and then washed with PBS. Fixed cells were incubated for 30 min at room temperature with Hoechst 33342 ( $1\mu\text{g}/\text{ml}$ ) and then washed with PBS. Cells were mounted onto glass slides and examined by fluorescence microscopy. Apoptotic cells were identified by the condensation and fragmentation of their nuclei. The percentage of apoptotic cells was calculated from the ratio of apoptotic cells to total cells counted. Minimums of 500 cells were counted for each treatment.

### Statistical Analysis

All experimental data are mean  $\pm$  standard error (SE). Statistical analysis was performed using Student's *t*-test, and  $p < 0.005$  was considered to be significant.

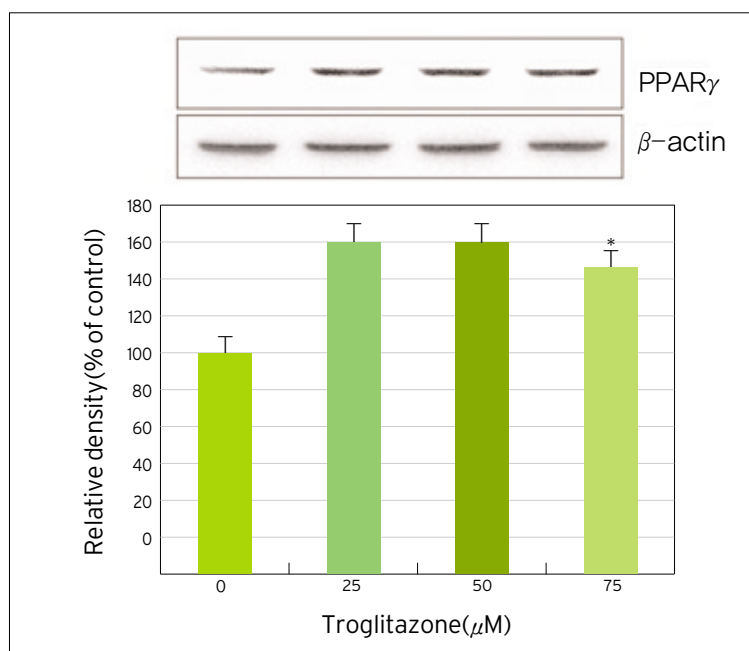
## RESULTS AND DISCUSSION

### Troglitazone induces expression of PPAR $\gamma$ in MDA-MB-231 cells

Chemopreventive effect of PPAR $\gamma$  ligands on human cancers is dependent on PPAR $\gamma$  expression in cancer cells. Breast adenocarcinoma cells from patients expressed high levels of PPAR $\gamma$  protein compared to normal breast epithelial cells. PPAR $\gamma$  protein expression was also identified in breast cancer cell lines including MCF-7 and MDA-MB-231.(23) First, we determined whether PPAR $\gamma$  ligand induces PPAR $\gamma$  expression in ER $\alpha$ -negative breast cancer cells. To evaluate the effects of PPAR $\gamma$  ligand on PPAR $\gamma$  expression, MDA-MB-231 cells were cultured with various concentrations of troglitazone, a relatively selective PPAR $\gamma$  ligand. Exposure to troglitazone for 48 h produced a dose-dependent increase of PPAR $\gamma$  protein, as measured by Western blot (Fig 1). This result was similar to other hepatoma cancer cells responding to troglitazone.(24) These results indicate that PPAR $\gamma$ -regulated genes play a pivotal role in the carcinogenesis of ER $\alpha$ -negative MDA-MB-231 breast cancer cells.

### Troglitazone inhibits cell growth of MDA-MB-231 cells

In order to investigate the effect of PPAR $\gamma$  ligands on cell proliferation of ER $\alpha$ -negative MDA-MB-231 cells, the cells were seeded into 96-well culture plates at a density of  $1 \times 10^4$  cells/well. MDA-MB-231 breast cancer cells were treated with three types of PPAR $\gamma$  ligands for 48 h at various concentrations including rosiglitazone, ciglitazone, and



**Fig 1.** Troglitazone induces PPAR $\gamma$  up-regulation in MDA-MB-231 breast cancer cells. MDA-MB-231 cells were treated with the indicated concentrations of troglitazone for 48h. Cells were lysed by lysis buffer and the amounts of PPAR $\gamma$  were measured by Western blot.  $\beta$ -actin was used as a loading control. The analysis of electrophoretic band was performed with the LAS-1000 (Fujifilm, Japan). Datas are the means of four separate experiments (bars, SE). *p*-values are determined using Student's *t*-test (\*  $p < 0.002$  versus zero concentration).

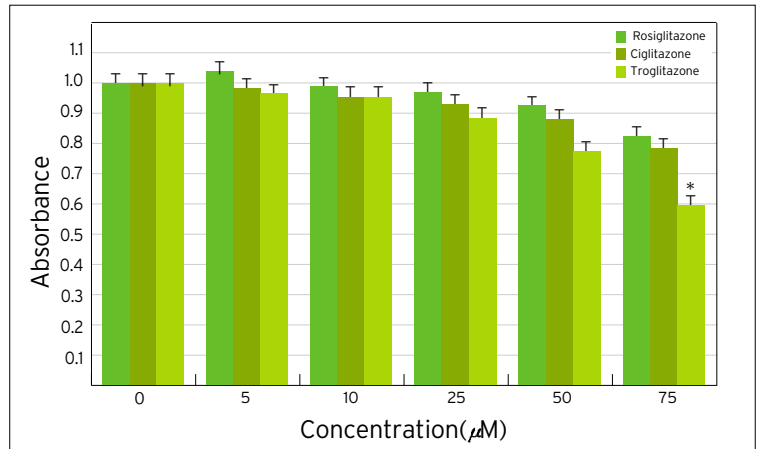
troglitazone. Cell proliferation was determined by MTT assay. PPAR $\gamma$  ligands inhibited the cell proliferation of MDA-MB-231 breast cancer cells in a dose-dependent manner (Fig 2). Troglitazone strongly inhibited the cell proliferation of ER $\alpha$ -negative MDA-MB-231 breast cancer cells. Conversely, rosiglitazone and ciglitazone had weaker effects on the MDA-MB-231 breast cancer cells compared with troglitazone.

#### Troglitazone induces G<sub>1</sub> arrest of MDA-MB-231 cells

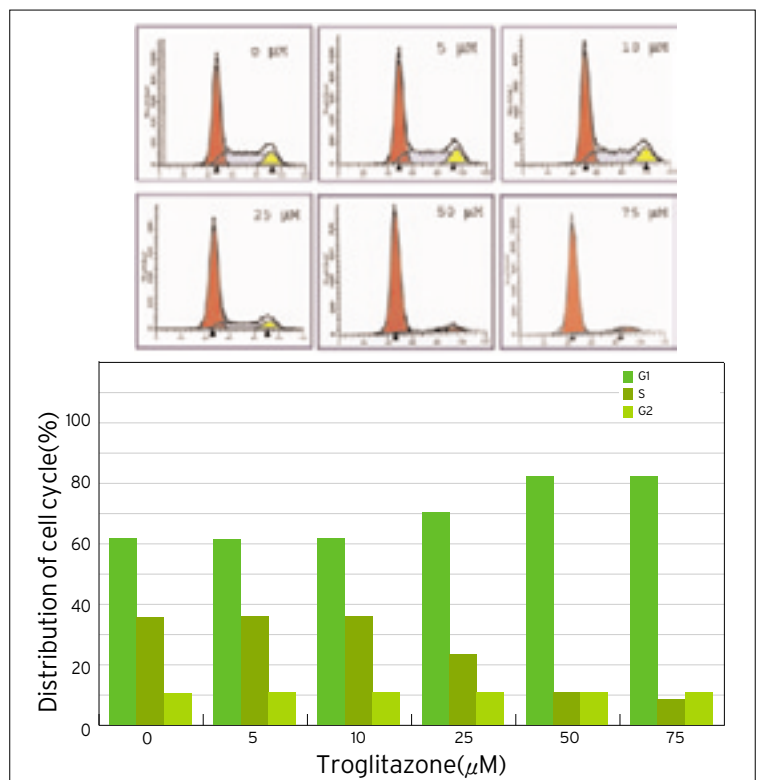
To further investigate the inhibitory effect of troglitazone on the proliferation of MDA-MB-231, cell cycle analysis was performed. MDA-MB-231 cells were cultured with various concentrations of troglitazone for 48 h. DNA content of the nuclei of MDA-MB-231 cells was analyzed by flow cytometry (Fig 3). In troglitazone-treated MDA-MB-231 cells, the percentage of G<sub>1</sub> phase was maintained in elevated levels, indicating that troglitazone induces G<sub>1</sub> arrest in ER $\alpha$ -negative MDA-MB-231 cells. Troglitazone induces G<sub>1</sub> cell cycle arrest in ER $\alpha$ -positive MCF-7 cells. (19) These results suggest that troglitazone-mediated G<sub>1</sub> arrest in breast cancer cells is independent of estrogen receptor.

#### Troglitazone-mediated growth inhibition is associated with decreased levels of G<sub>1</sub> Cdk's and D-type cyclins and increased p21 and p27 protein levels in MDA-MB-231 cells

The cell cycle is tightly regulated through a complex network of positive and negative regulatory molecules including cyclin dependent kinase (Cdks), cyclin, and Cdk inhibitor (Cdk<sub>i</sub>). To elucidate the role of these molecules in the inhibition of cell cycle induced by troglitazone in MDA-MB-231 breast cancer cells, protein extract was prepared from the cells treated with various concentrations of troglitazone for 48 h. Western blot was performed using antibodies against pRb, cyclin D<sub>1</sub>, cyclin D<sub>2</sub>, cyclin D<sub>3</sub>, p21, p27, cdk2, Cdk4 and Cdk6. As shown in Fig 4, troglitazone treatment dose-dependently

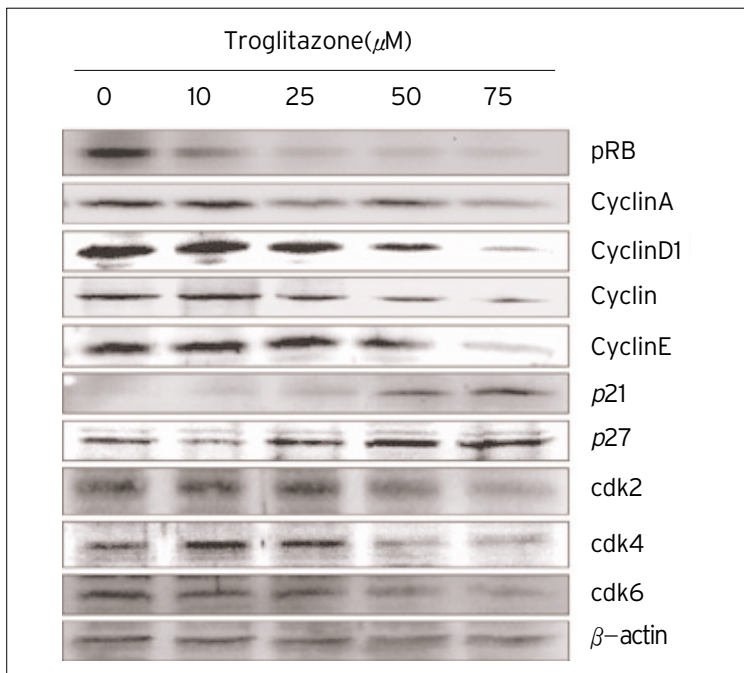


**Fig 2.** MTT assay showing effect of three PPAR $\gamma$  agonists, rosiglitazone, ciglitazone, and troglitazone on the growth of MDA-MB-231 breast cancer cells. MDA-MB-231 breast cancer cells were treated with the indicated concentrations of PPAR $\gamma$  agonists for 48h. Cell growth of MDA-MB-231 breast cancer cells was determined by MTT assay. Datas are the means of four separate experiments (bars, SE). *p*-values are determined using Student's *t*-test (\* *p*<0.004 versus zero concentration).

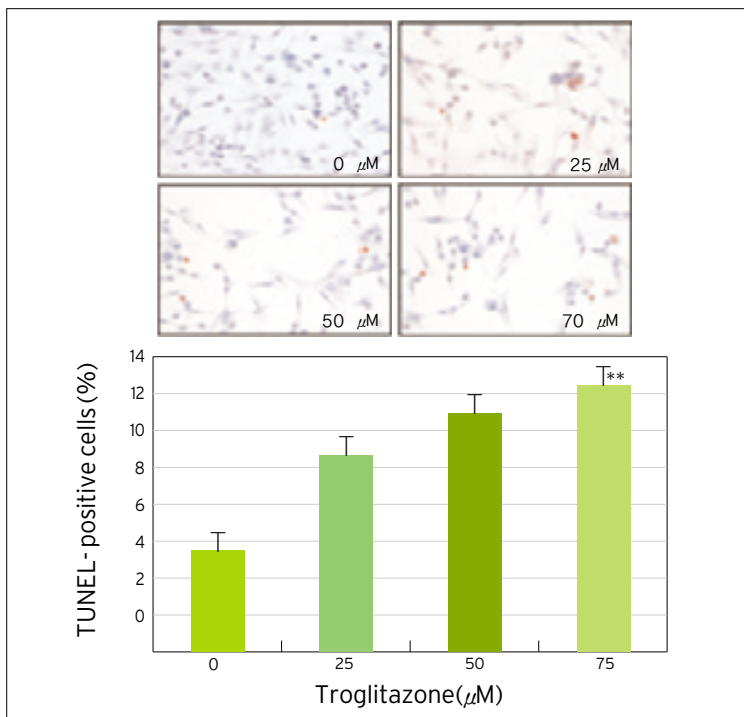


**Fig 3.** Flow cytometry analysis demonstrating the effect of troglitazone on the cell cycle of MDA-MB-231 breast cancer cells. MDA-MB-231 breast cancer cells treated with troglitazone for 48h at various concentrations. The troglitazone induced the G<sub>1</sub> phase proportion and decreased the S phase proportion of MDA-MB-231 breast cancer cells in a analyzed by flow cytometry.

caused a marked decrease in pRb, cyclin D<sub>1</sub>, cyclin D<sub>2</sub>, cyclin D<sub>3</sub>, cdk2, Cdk4 and Cdk6 expression



**Fig 4.** Dose-dependent effect of troglitazone on cell cyclins, p21, p27, and pRb in MDA-MB-231 breast cancer cells. Cells were treated with the indicated concentrations of troglitazone for 48 h. Cell extracts were separated by SDS/PAGE, followed by Western blot.  $\beta$ -actin was used as a loading control. The analysis of electrophoretic band was performed with the LAS-1000 (Fujifilm, Japan).



**Fig 5.** Induction of apoptosis with troglitazone in MDA-MB-231 breast cancer cells. Detection of apoptosis in breast cancer cell was carried out using a DNA fragmentation assay based on TUNEL staining. MDA-MB-231 breast cancer cells were cultured on 6 well plates and treated with troglitazone for 48h at various concentrations. Positive nuclei stained brown, and negative nuclei stained blue. Error bars, SE; n=3 in each group (\*  $p < 0.005$  versus zero concentration).

and a significant increase in p21 and p27 expression.

#### Troglitazone induces apoptosis in MDA-MB-231 cells

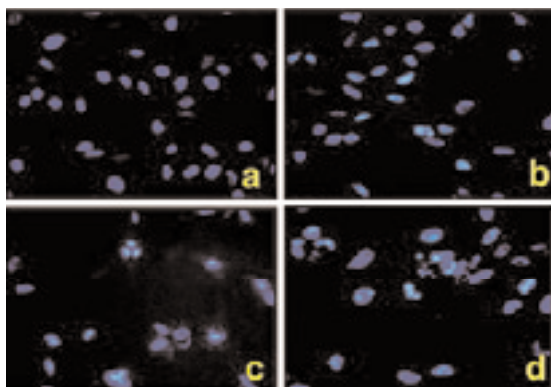
Apoptosis is a distinctive form of cell death that can result in the deletion of specific cell populations during physiologic processes. The growth inhibition by troglitazone treatment in MDA-MB-231 cells appeared to occur dependently of apoptosis. The ability of troglitazone to induce apoptosis in MDA-MB-231 breast cancer cells was initially determined by the DNA fragmentation assay based on TUNEL staining and Hoechst staining. When MDA-MB-231 breast cancer cells were exposed to various concentrations of troglitazone for 48 h, they exhibited DNA fragmentation positive cells on TUNEL staining (Fig 5).

Apoptotic cells by TUNEL staining elevated from 2.5-fold of the control level at 10  $\mu$ M, to 3.1-fold at 50  $\mu$ M and to 3.5-fold at 75  $\mu$ M. Furthermore, MDA-MB-231 cells exposed to troglitazone exhibited typical morphological changes of apoptosis including cytoplasmic and nuclear shrinkage, chromatin condensation and fragmentation after staining with Hoechst 33342 (Fig 6).

#### CONCLUSION

This study addresses for the first time  $ER\alpha$ -negative breast cancer cell growth and apoptosis may be modulated through  $PPAR\gamma$ . MDA-MB-231 cells exposed to troglitazone showed a G<sub>1</sub> cell cycle arrest as well as induction of morphological changes characteristic of apoptosis. Moreover, troglitazone caused significantly increase in p21 and p27 expression.

Our results suggest that troglitazone has potent effect on  $ER\alpha$ -negative breast cancer growth and may prove to have a role in hormone therapy-resistant breast cancer treatment /prevention in the future. However, the therapeutic implications of the troglitazone growth-inhibitory effect on  $ER\alpha$ -negative human breast cancer cells still need to be studied. Further research is necessary to establish possible therapeutic approaches using troglitazone or modified analogs of the thiazolidinedione class of drugs.



**Fig 6.** Fluorescence micrographs of MDA-MB-231 cells stained with Hoechst 33342 ( $\times 400$ ). MDA-MB-231 breast cancer cells were labeled with Hoechst 33342. The cells were examined by fluorescence microscopy. Untreated cells (a) kept a normal chromatin pattern and showed no change in a nuclear morphology. Cells treated with troglitazone, 10  $\mu$ M (b), 50  $\mu$ M (c), and 75  $\mu$ M (d) demonstrated typical findings of apoptosis, marked by nuclear condensation and fragmentation.

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