

Eosinophils are Required for Immune Responses Induced by Oral Immunization

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Eosinophils are multifunctional leukocytes that reside in several tissues, most abundantly in the small intestinal lamina propria under the steady state. To date, the phenotypic and functional characteristics of small intestinal eosinophils have remained poorly understood. In this study, we found that proliferation of ovalbumin (OVA)-specific CD4⁺ T cells isolated from the mesenteric lymph nodes of eosinophil-deficient Δ dblGATA mice were decreased relative to wild-type mice after oral immunization with OVA and cholera toxin (CT), the typical mucosal adjuvant that induces CD4⁺ T cell-dependent responses. Δ dblGATA mice showed reduced mucosal secretion of OVA-specific IgA and IgG1 while maintaining a systemic level of anti-OVA IgG1 upon oral immunization with OVA and CT. These findings suggest that eosinophils might have a role in the modulation of T cell-mediated immune responses including mucosal antibody responses in the gastrointestinal tract following oral immunization.

Key Words: Eosinophils, Small intestine, Mucosal immunity, Oral immunization, Antibody responses

INTRODUCTION

Eosinophils are multifunctional proinflammatory leukocytes that play an important role in parasitic infections and allergic inflammations (1, 2). The cytoplasm of mature eosinophils contains secondary granules such as eosinophil peroxidase, eosinophil cationic protein, eosinophil-derived neurotoxin, and major basic protein the exocytotic release of which contributes to host protection (1, 3). However, accumulating evidence indicates that eosinophils are involved in biologic processes such as modulation of T cell-

mediated immune responses (2, 4).

Eosinophils develop in the bone marrow under regulation of the transcription factors GATA-1, GATA-2, and c/EBP (5); accordingly, deletion of a high-affinity GATA-binding site in the GATA-1 promoter (Δ dblGATA) generates eosinophil-deficient mice (6). Most eosinophils, developed in the bone marrow, migrate to the lamina propria (LP) of the gastrointestinal (GI) tract, but not to the esophagus, under homeostatic conditions (7). Although eosinophils in the steady state are present in the thymus, mammary glands, and uterus (1), they are most abundant in the LP of the GI tract. Intestinal eosinophils have characteristics associated with prolonged

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survival due to common γ -chain-dependent signaling (8) that contributes to their accumulation in the GI tract. Additionally, intestinal eosinophils constitutively express signal-regulatory protein α /CD172a, the interaction of which with CD47 also leads, through inhibition of eosinophil degranulation, to prolonged eosinophil survival (9). Although eosinophils are much more abundant in the GI tract than in other tissues, their functional characteristics in the intestinal immune system have yet to be elucidated.

The intestinal immune system is a unique environment that invokes strong protective immunity against pathogens while maintaining tolerance to dietary proteins or commensal bacteria (10). A prominent feature of the intestinal immune system's blocking of harmful pathogens is the production of immunoglobulin (Ig) A, the most abundant antibody isotype in the human body (11). It is well established that oral administration of cholera toxin (CT) induces mucosal IgA, IgG1, and IgE responses to co-administered protein (12, 13). Production of antibodies upon oral CT-protein immunization is a T cell-dependent response that depends on CD40 signals of CD4⁺ T cells activated by dendritic cells (DC) (14). The roles of other molecules and cells in the induction of immune responses following CT oral immunization have been extensively investigated. We recently reported that eosinophils in the GI tract regulate IgA production under the steady state through secretion of IL-1 β (15). Additionally, CD47, a membrane protein that contributes to prolonged survival of eosinophils, is critical to the induction of secretory IgA synthesis upon oral immunization (16).

In the present study, I investigated the roles of eosinophils in immune responses following oral immunization of eosinophil-deficient Δ dblGATA and wild-type (WT) mice with ovalbumin (OVA) and CT. Δ dblGATA mice showed decreased proliferation of CD4⁺ T cells following oral immunization and intestinal secretion of OVA-specific antibodies was also impaired in this eosinophil-deficient mice. The frequency of IgA⁺ cells in the LP of Δ dblGATA mice was decreased compared to WT mice following oral immunization. Therefore, the defective immune responses of Δ dblGATA mice upon oral immunization are likely to be

linked to the absence of eosinophils in the GI tract.

MATERIALS AND METHODS

Mice

Female BALB/c WT mice (Orientbio, Gapyeong, Korea) and Δ dblGATA mice (Jackson Laboratory, Bar Harbor, ME, USA), aged 6 to 8 weeks were housed under standard laboratory conditions of temperature and humidity at Gachon University. All experiments complied with the institutional guidelines for animal welfare.

Preparation of cells

Segments of the small intestine were incubated with FACS buffer (phosphate-buffered saline (PBS) containing 10% FCS, 20 mM HEPES, 100 U/ml penicillin, 100 μ g/ml streptomycin, 1 mM sodium pyruvate, 10 mM EDTA, and 10 μ g/ml polymyxin B) for 30 min at 37°C to remove epithelial cells, then washed extensively with PBS. Small intestinal segments and Peyer's Patch (PP) were digested with 400 Mandl U/ml collagenase D (Roche, Mannheim, Germany) and 10 μ g/ml DNase I (Roche) in RPMI 1640/10% FCS with continuous stirring at 37°C for 30 min. EDTA was added (10 mM final), and the cell suspension was incubated for an additional 5 min at 37°C. After washing, the cells were subjected to density-gradient centrifugation in 40%/75% Percoll. The cells harvested from the interface were washed and used as LP leukocytes in assays. Blood and bone marrow cells were collected from WT and Δ dblGATA mice and resuspended in ACK lysis buffer to lyse erythrocytes.

Flow cytometric analysis

To characterize the surface phenotype, cells were isolated and resuspended in FACS buffer. After Fc receptor blocking with anti-mouse CD16/CD32 (2.4G2, BD Biosciences, San Diego, CA, USA) for 15 min at 4°C, the cells were stained with the antibodies identified below for 30 min at 4°C. Monoclonal antibodies (mAb) against Siglec F (E50-2440), CD11b (M1/70), CCR3 (83103), IL-5R α (T21), CD11c (HL3), and CD4 (RM4-5) were purchased from BD Bio-

sciences. Anti-CD172a (P84), anti-CD47 (miap301), anti-CD8a (53-6.7), and anti-B220 (RM3-6B2) mAb were purchased from eBioscience (San Diego, CA, USA) and anti-Gr-1 (RB6-8C5) mAb were obtained from BioLegend (San Diego, CA, USA). Unbound antibodies were washed with FACS buffer, and cells showing the light scatter pattern unique to eosinophils were electronically gated. To examine the intracellular IgA, cells were fixed and permeabilized using a Cytofix/Cytoperm Kit (BD Biosciences), then stained with anti-mouse IgA (C10-3, BD Biosciences). Each sample was acquired with a FACSCalibur (BD Biosciences), and the data were processed with the FlowJo software (Tree Star, Ashland, OR, USA).

Oral immunization

Mice were deprived of food for two hours and then given 0.5 ml of sodium bicarbonate to neutralize stomach acidity (17). After 30 min, mice were orally immunized by gastric intubation with 1 mg OVA (Grade II, Sigma-Aldrich, St. Louis, MO, USA) in the presence of 10 μ g of CT (List Biological Laboratories, Campbell, CA, USA) as the mucosal adjuvant. The oral immunization procedure was conducted at seven-day intervals three times. One week after the final immunization, mice were sacrificed and blood was collected. For intestinal lavage, the small intestine was removed and 2 ml of PBS containing 0.1% bovine serum albumin (BSA), 50 mM EDTA, and 0.1 mg of soybean trypsin inhibitor (Sigma-Aldrich) per ml was passed through and collected (18). Subsequently, phenylmethylsulfonyl fluoride (1 mM, Sigma-Aldrich) was added to the intestinal wash. All of the intestinal washes were vigorously vortexed and centrifuged at $1,000 \times g$ for 20 min to remove debris, after which the supernatants were collected and 0.1% NaN₃ was added.

T cell proliferation assay

CD4⁺ T cells were enriched from the mesenteric lymph nodes (MLN) of mice by positive selection magnetic separation using a MACS LS column (Miltenyi Biotec, Bergisch Gladbach, Germany). The CD4⁺ fraction was used for antigen presenting cells (APC) after treatment with mitomycin C (Sigma-Aldrich). Isolated CD4⁺ T cells were labeled with 5

μ M carboxyfluorescein diacetate succinimidyl ester (CFSE; Molecular Probes, Eugene, OR, USA) for 10 min at 37°C, then washed three times. CFSE-labeled CD4⁺ T cells (1×10^4) were incubated with OVA-loaded APC (1×10^5) or anti-CD3 (1 μ g/ml) and anti-CD28 (1 μ g/ml) antibodies for 72 h. T cell proliferation was then assessed by flow cytometric analysis of the CFSE dilutions.

Detection of antibodies by ELISA

To measure the OVA-specific antibody level, 96-well plates were coated with OVA (50 μ g/ml) and blocked with PBS/BSA. Diluted serum and intestinal washes were incubated, and biotinylated anti-mouse IgA (RMA-1, BioLegend) or IgG1 (A85-1, BD Biosciences) was added. After reacting with streptavidin-HRP, the plates were developed with TMB substrate and the absorbance was read at 450 nm.

Statistical analysis

The data are presented as mean \pm s.e.m. All experiments were performed in triplicate. When necessary, a two-group comparison was performed using the Student's *t*-test. A *p* value < 0.05 was considered statistically significant.

RESULTS

Phenotypic characterization of eosinophils in the LP of the small intestine

A forward light scatter/side scatter (SSC)-based analysis of the small intestinal LP cells of WT mice by flow cytometry indicated the presence of two main cell subsets: a granulocyte population with medium to high SSC (R1; $30 \pm 1\%$), and a mononuclear cell population with low SSC (R2; $48 \pm 4\%$), which is consistent with the relevant previous findings (Fig. 1A) (9, 15). Staining with mAb against molecules expressed by intestinal eosinophils, such as CD11b, Siglec F, CCR3, and IL-5R α , confirmed that almost 95% of the R1 cells were eosinophils (Fig. 1A). Compared to the intestinal LP, blood and bone marrow harbored only limited numbers of CCR3⁺SiglecF⁺ eosinophils ($4.4 \pm 0.5\%$ and $1.9 \pm 0.7\%$, respectively, Fig. 1). The expression of CD11c and Gr-1 was observed in the R1 eosinophils, but none of

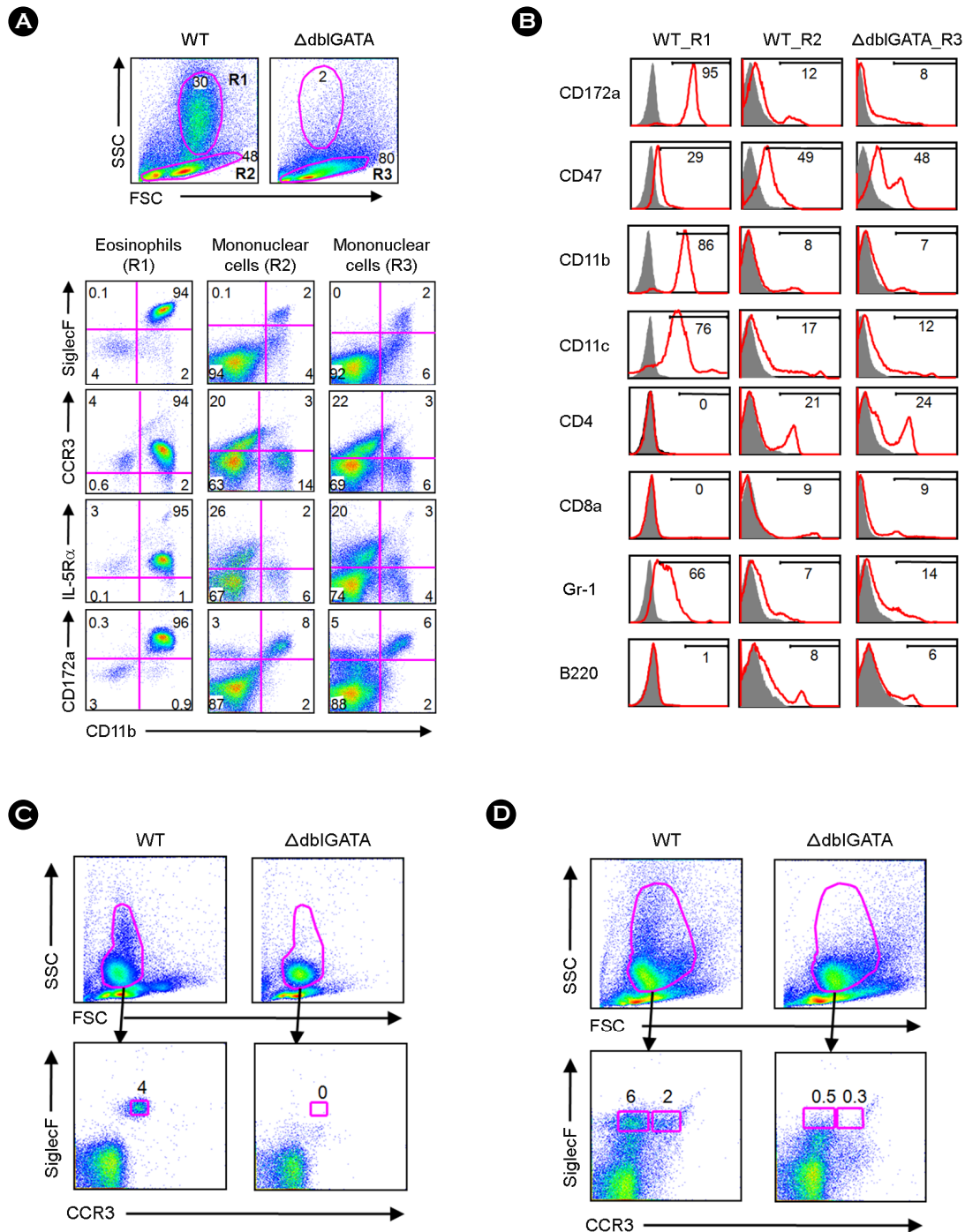


Figure 1. Phenotypic characteristics of leukocytes isolated from the small intestinal lamina propria (LP) of wild-type (WT) and Δ dblGATA mice. (A) Small intestinal LP cells of WT and Δ dblGATA mice were stained with anti-CD11b and anti-CD172a, anti-SiglecF, anti-CCR3, or anti-IL-5R α , then analyzed by flow cytometry. The R1 gate represents the medium to high side scatter (SSC) subset, and the R2 and R3 gates correspond to the mononuclear cell fractions of WT and Δ dblGATA mice, respectively. FSC indicates a forward light scatter. (B) The R1 and R2 of the LP cells of WT mice and the R3 of Δ dblGATA intestinal LP cells were analyzed for the expression of various cell-surface molecules. (C and D) Isolated blood (C) and bone marrow cells (D) were stained with anti-CCR3 and anti-SiglecF and analyzed by flow cytometry. A granulocyte population with medium to high SSC was gated and analyzed for their expression of CCR3 and SiglecF. Eosinophil populations (CCR3⁺SiglecF⁺) were not observed in the blood or bone marrow of Δ dblGATA mice. The CCR3⁺SiglecF⁺ subset, observed only in the bone marrow of WT mice, might represent an immature type of eosinophil. The results shown are representative of three independent experiments.

the T or B cell markers (i.e. CD4, CD8a, and B220) were detected (Fig. 1B). Additionally, small intestinal eosinophils expressed CD172a at a high level (Fig. 1A), as previously described (9). Compared with the R1 subset, cells in the mononuclear R2 fraction showed only minor expression of CD172a, CD11b, SiglecF, CCR3, and IL-5R α (Fig. 1A). In the small intestinal LP of Δ dblGATA mice, the medium to high SSC subset representing intestinal eosinophils was completely depleted (Fig. 1A), and the mononuclear cells (R3) of those mice shared characteristics with R2 of WT mice (Fig. 1).

Reduced proliferation of CD4⁺ T cells isolated from the MLN of Δ dblGATA mice after oral immunization

Impaired production of IgA and IgG has been reported in CD47-deficient mice following oral immunization with OVA and CT (16). CD172a transmits negative signals upon ligation by CD47, a ubiquitously expressed plasma membrane protein (19). As CD172a signaling of small intestinal eosinophils contributes to the prolonged survival of murine intestinal eosinophils (9), decreased antibody responses observed in CD47-deficient mice might be attributable to the reduced viability of LP eosinophils. Given that CT acts as a mucosal adjuvant through induction of Th2-type responses (20), we investigated CD4⁺ T cell proliferation of WT and Δ dblGATA mice after oral immunization. CFSE-labeled CD4⁺ T cells purified from the MLN of oral-immunized mice were co-cultured with OVA-loaded APC and a CFSE dilution of T cells was measured after 72 h. As shown in Fig. 2, the fraction of T cells that had entered division was markedly reduced in CD4⁺ T cells isolated from the MLN of Δ dblGATA mice following oral immunization with OVA-plus-CT. Proliferation of T cells isolated from WT mice fed OVA and CT showed a significant increase ($p = 0.0006$) relative to the same group of Δ dblGATA mice, though no significant differences were observed between WT and Δ dblGATA mice fed PBS ($p = 0.3896$) or OVA ($p = 0.1557$). There was no significant difference between Δ dblGATA and WT mice after oral immunization with OVA and CT in terms of proliferation of CD4⁺ T cells stimulated by anti-CD3 and anti-CD28 antibodies (Fig. 2, C and D). These

results indicate that Δ dblGATA mice might have a reduced ability to induce proliferation of CD4⁺ T cells after feeding with OVA in the presence of mucosal adjuvant.

Antigen-specific intestinal antibody titers are significantly reduced in Δ dblGATA mice

I next assessed the OVA-specific antibody responses in WT and Δ dblGATA mice upon oral immunization with OVA and CT. As previously reported (15), Δ dblGATA mice showed decreased IgA⁺B220⁺ cells (post-class switch recombination IgA⁺ B cells) in the PP and IgA⁺B220⁻ plasma cells in the LP under the steady state (Fig. 3A). The frequency of IgA⁺ cells in the PP and LP of Δ dblGATA was also reduced than WT mice after oral immunization with OVA and CT (Fig. 3A). In support of these findings, Δ dblGATA mice orally immunized with OVA and CT showed significantly reduced mucosal production of anti-OVA IgA and IgG1 and systemic anti-OVA IgA relative to WT mice (Fig. 3B). However, compared with PBS fed Δ dblGATA mice, OVA-plus-CT oral immunization induced significant levels of anti-OVA-specific IgA in Δ dblGATA mice (Fig. 3B). As for OVA-specific serum IgG1, OVA-plus-CT oral immunized Δ dblGATA showed a significant increase ($p < 0.0001$) relative to the same group of WT mice (Fig. 3B). On the basis of a recent study reporting increased mast cell activation in Δ dblGATA mice by OVA challenge (21), the upregulated serum OVA-specific IgG1 upon OVA plus CT oral immunization in Δ dblGATA mice might originate from enhanced systemic IgG1 responses in the absence of eosinophils.

DISCUSSION

Eosinophils are generally thought of as circulating pro-inflammatory cells involved in the pathogenesis of allergic diseases and protection against helminth infection (1, 2). However, eosinophils are much more abundant in the LP of the intestine than in other tissues under the steady state (1~3), and previous studies have shown that eosinophils are required for mucosal production of IgA and maintenance of PP cellularity (15, 22). Recently, isolation of intestinal

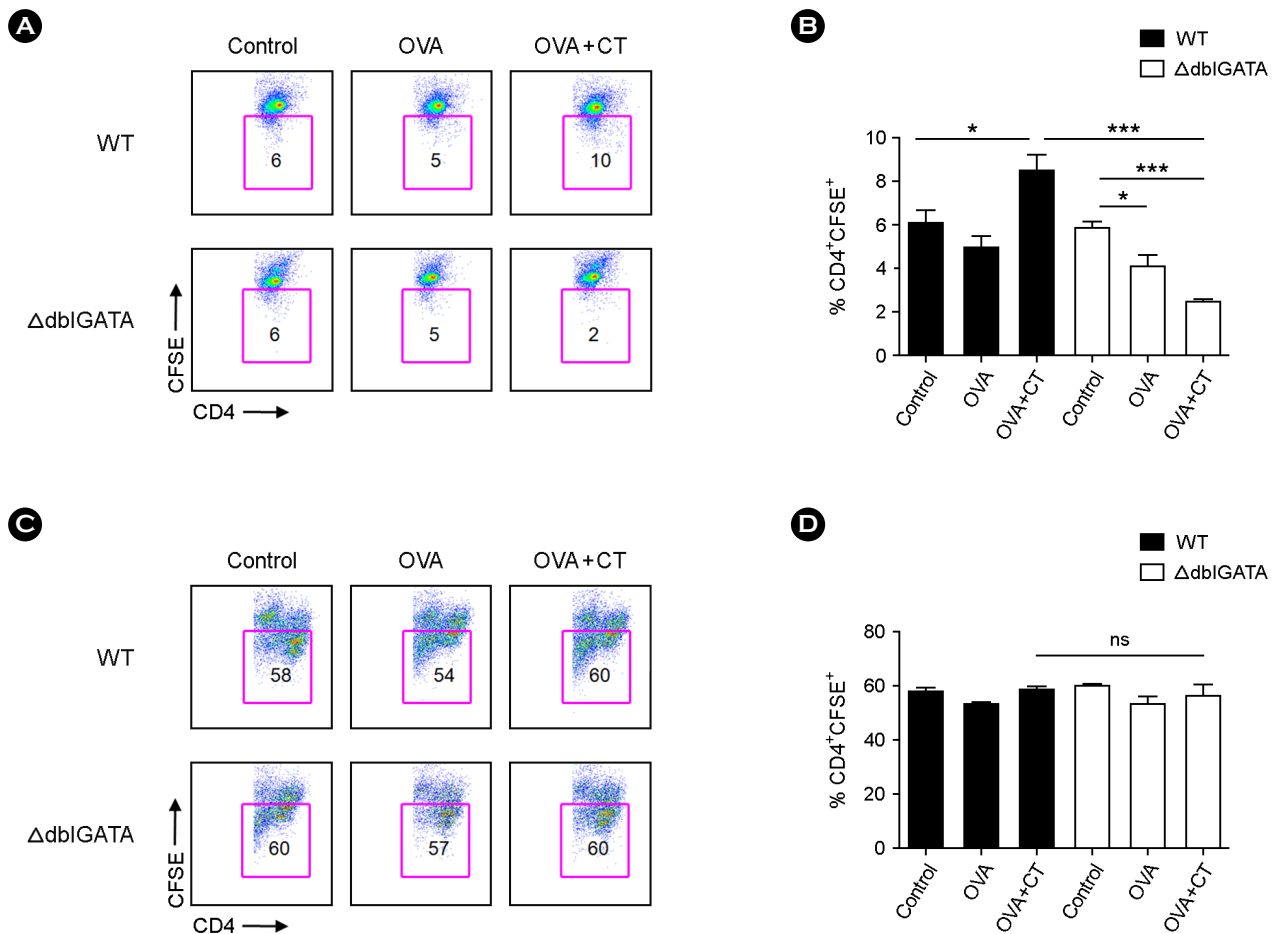


Figure 2. Reduced proliferation of CD4⁺ T cells isolated from the mesenteric lymph node (MLN) of Δ dblGATA mice after oral immunization with ovalbumin (OVA) and cholera toxin (CT). (A and B) CD4⁺ T cells isolated from the MLN of WT or Δ dblGATA mice after oral immunization with PBS (control), OVA or OVA+CT were labeled with carboxyfluorescein diacetate succinimidyl ester (CFSE) and co-cultured with OVA-loaded APC for 72 h. Representative flow cytometry analysis of CD4⁺CFSE⁺ cells (A). (B) CD4⁺ T cell proliferation presented as percentage of CD4⁺CFSE⁺ cells. (C and D) CD4⁺ T cells isolated from the MLN of WT or Δ dblGATA mice after oral immunization with PBS, OVA or OVA+CT were labeled with CFSE and cultured for 72 h with anti-CD3 and anti-CD28 antibodies. Representative flow cytometry analysis of CD4⁺CFSE⁺ cells (C). (D) CD4⁺ T cell proliferation presented as a percentage of CD4⁺CFSE⁺ cells. Data are mean \pm s.e.m. values. * p < 0.05, *** p < 0.001 (Student's *t*-test).

eosinophils and their definitive phenotypes have been reported (8, 9, 23), enabling us to examine functional properties of eosinophils in the GI tract. In the present study, we demonstrated that eosinophils are required for mucosal production of antigen-specific IgA and IgG1 following oral immunization of protein antigen with CT adjuvant. The proliferation capacity of CD4⁺ T cells purified from the MLN of eosinophil-deficient Δ dblGATA mice was reduced compared to that of WT mice, which could contribute to the

reduced levels of antigen-specific antibodies in Δ dblGATA mice upon oral immunization.

The intestinal immune system protects against microbial pathogens and maintains a homeostatic interaction with the dense community of commensal bacteria. In this environment, intestinal IgA neutralizes pathogenic toxins and microbes in a non-inflammatory manner owing to its inability to activate the complement cascade, thereby promoting both immune protection and intestinal homeostasis (24). Intestinal

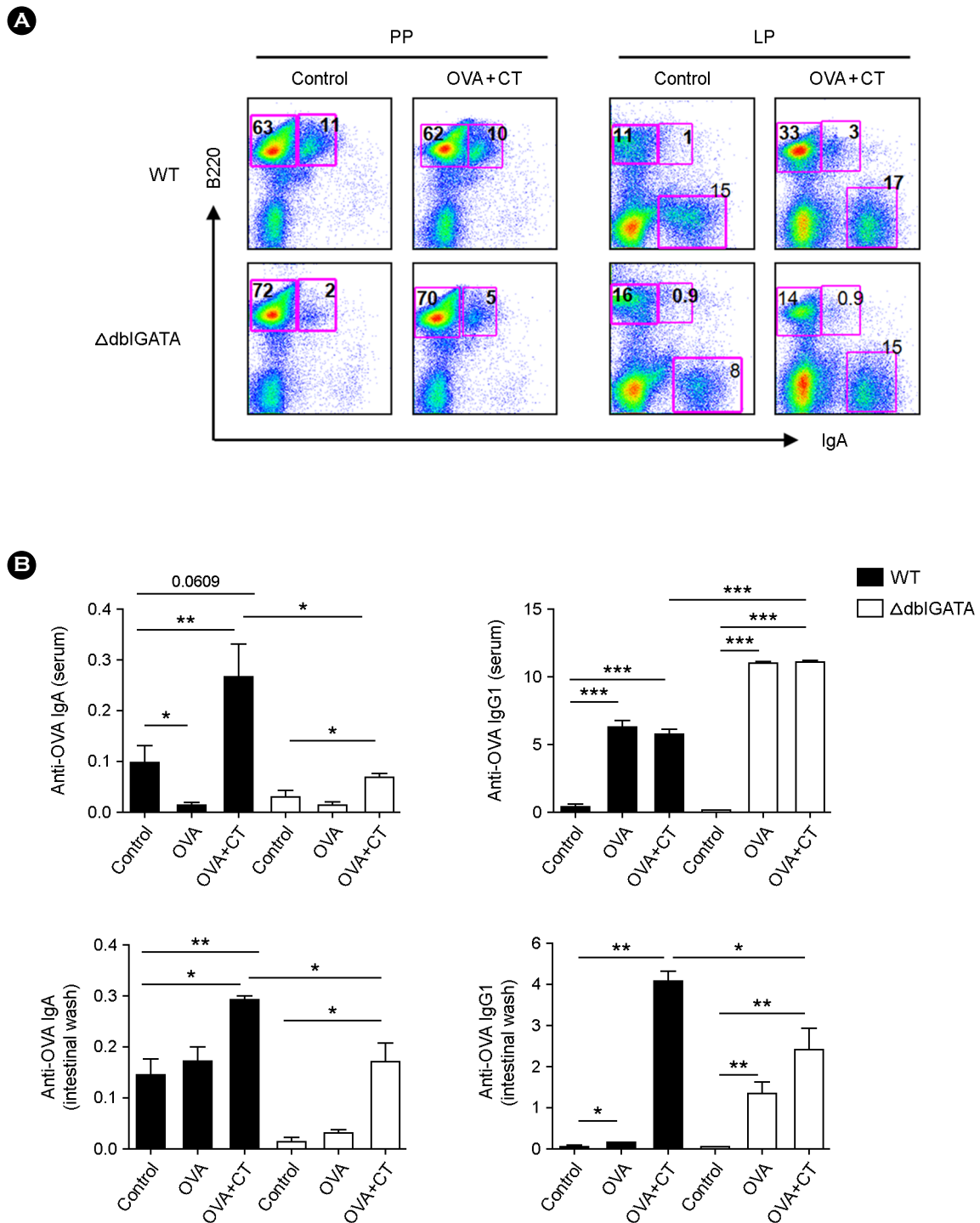


Figure 3. OVA-specific intestinal IgA and IgG1 are reduced in Δ dbiGATA mice orally immunized with OVA plus CT. (A) The frequencies of IgA⁺ cells in the Peyer's patch (PP) and small intestinal LP of WT and Δ dbiGATA mice after oral immunization with PBS (control) or OVA+CT. The results shown are representative of three independent experiments. (B) OVA-specific IgA and IgG1 titers in serum and intestinal wash of WT and Δ dbiGATA mice after oral immunization with PBS (control), OVA or OVA+CT. Each group consists of at least three individual mice. The absorbance at 450 nm represents antibody titers. Data are mean \pm s.e.m. values. * p < 0.05, ** p < 0.01, *** p < 0.001 (Student's t -test).

IgA is synthesized through several mechanisms including natural, T cell-dependent, and T cell-independent pathways (11, 25). T cell-dependent IgA production is initiated in the organized tissue of PP, MLN, and isolated lymphoid follicles as antigen-loaded DC activate CD4⁺ T cells (11). B cells are switched from the IgM to the IgA isotype under the influence of activated T cells, and cytokines (14, 26). Production of IgA upon oral immunization with CT adjuvant is a typical T cell-dependent response to the dependence on the CD40 signals of CD4⁺ T cells. Accordingly, these results constitute support for the necessary role of eosinophils in T cell-dependent antibody synthesis induced by mucosal immunization. Although few eosinophils are present in PP under the healthy state, Th2-associated conditions induce accumulation of a considerable number of eosinophils in the outer cortex of PP (27). Therefore, it is plausible that eosinophils are traffic to the PP and contribute to IgA switching upon oral immunization with OVA and CT, since CT acts as a mucosal adjuvant inducing antigen-specific Th2-type response in the PP. In T cell-dependent IgA synthesis, eosinophils are unlikely to function as APC, since LP eosinophils express only negligible levels of CD86 and MHC class II (28). Instead, we speculate that eosinophils contribute to IgA synthesis by optimizing proliferation of IgA-secreting plasmablasts in the small intestinal LP. IgA-producing precursors induced in the PP migrate to the LP of the small intestine through DC-mediated up-regulation of gut-homing receptors (29). It is generally accepted that, after antigenic stimulation in the PP, IgA⁺B220⁺ plasmablasts home to the LP of the small intestine (30). Migrated IgA-producing precursors repopulate in the LP, where they fully differentiate into IgA-producing plasma cells (31). In fact, IgA-producing plasma cells can be generated in the LP independent of T cells under the influence of several factors and cytokines, such as transforming growth factor (TGF)- β , tumor-necrosis factor family (BAFF), proliferation-inducing ligand (APRIL), and IL-6 produced by DC and intestinal epithelial cells (32–34). Therefore, expansion of IgA-committed plasma cell precursors in the small intestinal LP following T cell-dependent class switching in the PP has been suggested as the T cell-independent second phase of IgA production

(31). In line with this idea, IgA⁺B220⁺ cells induced in the LP of WT mice upon oral immunization with OVA and CT were markedly decreased in Δ dblGATA mice (Fig. 3A). As previously demonstrated, eosinophils in the bone marrow synthesize APRIL and IL-6, which supports survival of plasma cells and the long-term maintenance of protective antibody titers (35). Furthermore, eosinophils are constitutively located in the intestinal LP for almost 30% of isolated cells there, and small intestinal eosinophils produce IL-1 β , which enables the intestinal microenvironment to be more favorable for IgA class switching (15). Thus, eosinophils might play a role in the secondary expansion and differentiation of IgA-producing cells that have undergone class switching in organized lymphoid organs in response to antigen challenge, which would explain why OVA-plus-CT oral immunization still generated certain levels of mucosal anti-OVA-specific IgA and IgG1 in Δ dblGATA mice, albeit at lower levels than in WT mice.

MLN CD4⁺ T cells isolated from Δ dblGATA mice, orally immunized with OVA and CT, showed defective proliferation against *in vitro* OVA stimulation. The preferential expansion of antigen-specific Th2 cells has been suggested for the induction of mucosal antibody synthesis following oral protein administration with adjuvant (12). However, MLN T cells taken soon after oral immunization harbor undifferentiated precursors of helper T cells (36). Considering that the cytokine microenvironment during T cell differentiation determines the functional fate of T cells and IL-4 preferentially induces differentiation of T cells into Th2 (37, 38), it can be posited that eosinophils play a supportive role in the differentiation of functionally matured Th2 cells upon antigenic stimulation. CD4⁺ T cell proliferation was not significantly different between WT and Δ dblGATA mice after oral immunization with OVA plus CT when cells were stimulated by anti-CD3 and anti-CD28 antibodies. As ligation of CD3/CD28 provides generalized activation signals to T cells (39), it seems plausible that CD4⁺ T cells in Δ dblGATA mice have a diminished ability for Th2 differentiation upon oral immunization without primary defects in proliferation.

In summary, this study shows that eosinophils are required

for mucosal production of antigen-specific immune responses following oral immunization. The increasing number of recent experimental observations indicates that eosinophils are multifunctional leukocytes involved in modulation of the intestinal immune system. Further studies concerning antigen-presenting capabilities and cytokine production of stimulated eosinophils should be central to identify the role of eosinophils in mucosal immune responses stimulated by allergen challenge.

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