



# Huge uterine myoma as a cause of thromboembolic stroke

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## CASE REPORT

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**Background:** Embolic stroke undetermined source (ESUS), which is defined as nonlacunar infarction in the absence of cardioembolic sources, proximal artery stenosis excluded by echocardiogram, holter monitoring and vascular images, is reported to account for 9% to 25% of ischemic stroke. Because the source of embolism remains unclear, it is an important task to find the etiology for secondary prevention of stroke recurrent.

**Case Report:** We report a case of uterine myoma found in an embolic stroke patient with incidentally found a huge uterine myoma and related deep vein thrombosis.

**Conclusion:** Uterine myoma in a middle-aged woman can be thought to be the etiological cause that can contributor to deep vein thrombosis, and it is necessary to pay attention as the etiology of ESUS.

**Keywords:** Embolic stroke undetermined source; Embolic stroke; Myoma

## INTRODUCTION

Embolic stroke undetermined source (ESUS) proposed by an International Working Group of Neurologists is a new definition to reassess the term cryptogenic stroke and change the vague defined entity of cryptogenic stroke to more clinically useful for future secondary prevention trials [1]. ESUS is defined as a nonlacunar infarct without large artery stenosis or cardioembolic sources, which is established by a stepwise diagnostic work-up. It is hypothesized that anticoagulation therapy is more efficacious than antiplatelet

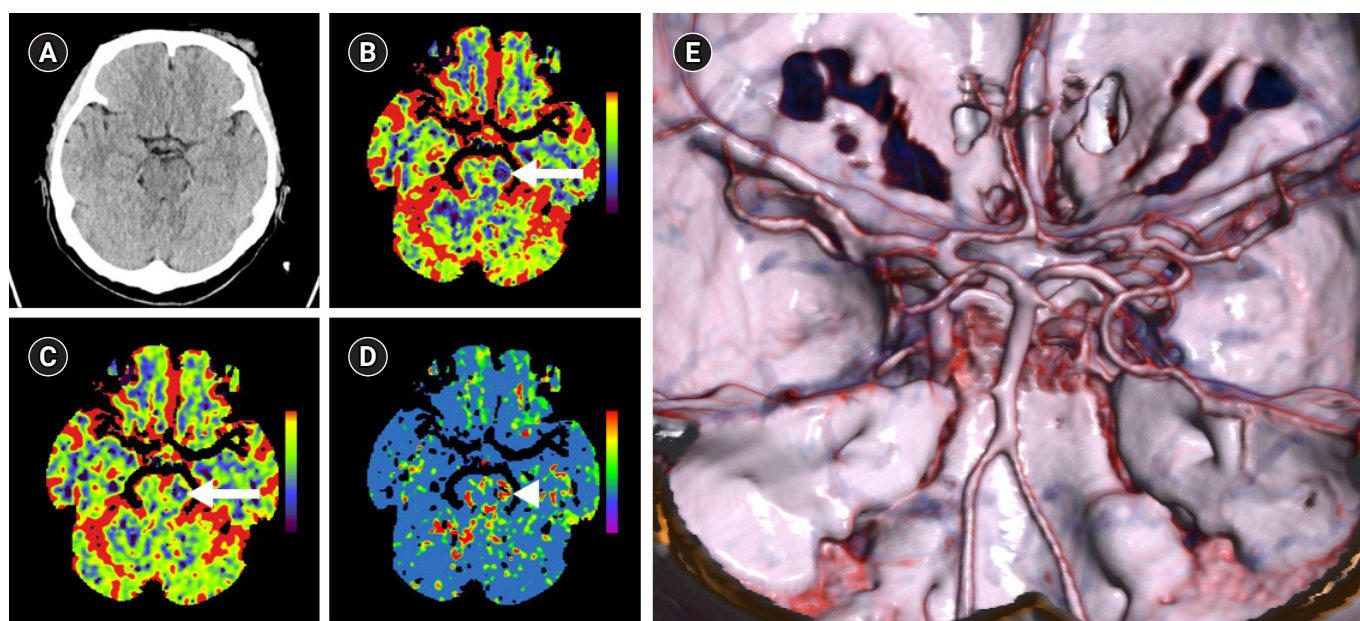
therapy for secondary prevention in ESUS patients [2].

Understanding the etiology of cerebral infarction is necessary to determine the prognosis or treatment of the patients. There are very rare cases of deep vein thrombosis and pulmonary thromboembolism caused by uterine myoma. In addition, there are very few reports of systemic embolism such as stroke caused by the presence of patent foramen ovale (PFO) in patients in these cases [3]. We describe a case of top of basilar syndrome in a young female patient with deep venous thrombosis due to venous compression by large uterine myoma.

## CASE REPORT

A 43-year-old woman came to our hospital with loss of consciousness that occurred in the house just before hospital visit. She arrived in the emergency room 45 minutes after symptom occurred. She had no past medical history and was neither smoking nor drinking alcohol. At the time of admission, the vital sign showed a blood pressure of 119/66 mm Hg, a heart rate of 76/min, a respiratory rate of 24/min, and a body temperature of 36.2°C. In neurological examinations, level of consciousness was stuporous, and higher cortical function could not be assessed. Both pupils were dilated 5 mm/7 mm, and no light reflex was seen. The patient had no motor weakness, deep tendon reflex was normoreflexia, no pathologic reflex shown. In the emergency room, brain computed tomography (CT), CT angiography, and CT perfusion were performed. Although there were no remarkable findings on brain CT (Fig. 1A) and no stenosis or occlusion on brain CT angiography (Fig. 1E), brain CT perfusion showed mildly decreased cerebral blood flow and cerebral blood volume in left midbrain (Fig. 1B–1D). We started to infuse tissue plasminogen activator (tPA) intravenously after 1 hour and 40 minutes from symptom onset. Because there was no occluded vessel on brain CT angiography, we did not consider further treatment like mechanical thrombectomy. In laboratory test, protein C activity was decreased to 31% (normal

range, 55% to 123%), cancer antigen-125 (CA-125) was mildly elevated to 39.5 U/mL (normal range, <35). However, there were no more abnormal results in complete blood count, lipid profiles, hemoglobin A1c, thyroid function, liver, and renal function. Other blood tests related to hypercoagulability and vasculopathies including protein S activity, antithrombin III, prothrombin, antiphospholipid antibody, anticardiolipin antibody, lupus anticoagulant, antinuclear antibody, anti-beta2-glycoprotein 1 (GP 1) antibody showed negative. In magnetic resonance imaging including diffusion weighted image (DWI) and angiography, which was performed after 24 hours from tPA infusion, DWI showed hyperintensity lesions at the right side of the cerebellum, at the bilaterally thalamus, midbrain, pons (Fig. 2A) and MR angiography showed no stenosis or atherosclerotic changes (Fig. 2B). The patient admitted to intensive care unit and took anti platelet (aspirin 100 mg/day, clopidogrel 75 mg/day), 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitor (atorvastatin 20 mg) agents for secondary prevention. Her 24 hours holter monitoring and transthoracic echocardiography were all normal. Because CA-125 was elevated in laboratory findings, abdominal pelvis CT was performed to find the presence of pelvic mass. A large sized uterine myoma of 7.5 cm was found (Fig. 3A). Femoral CT angiography was also performed, there were multiple thrombus was found in both common iliac vein and femoral vein (Fig. 3B). For deep vein

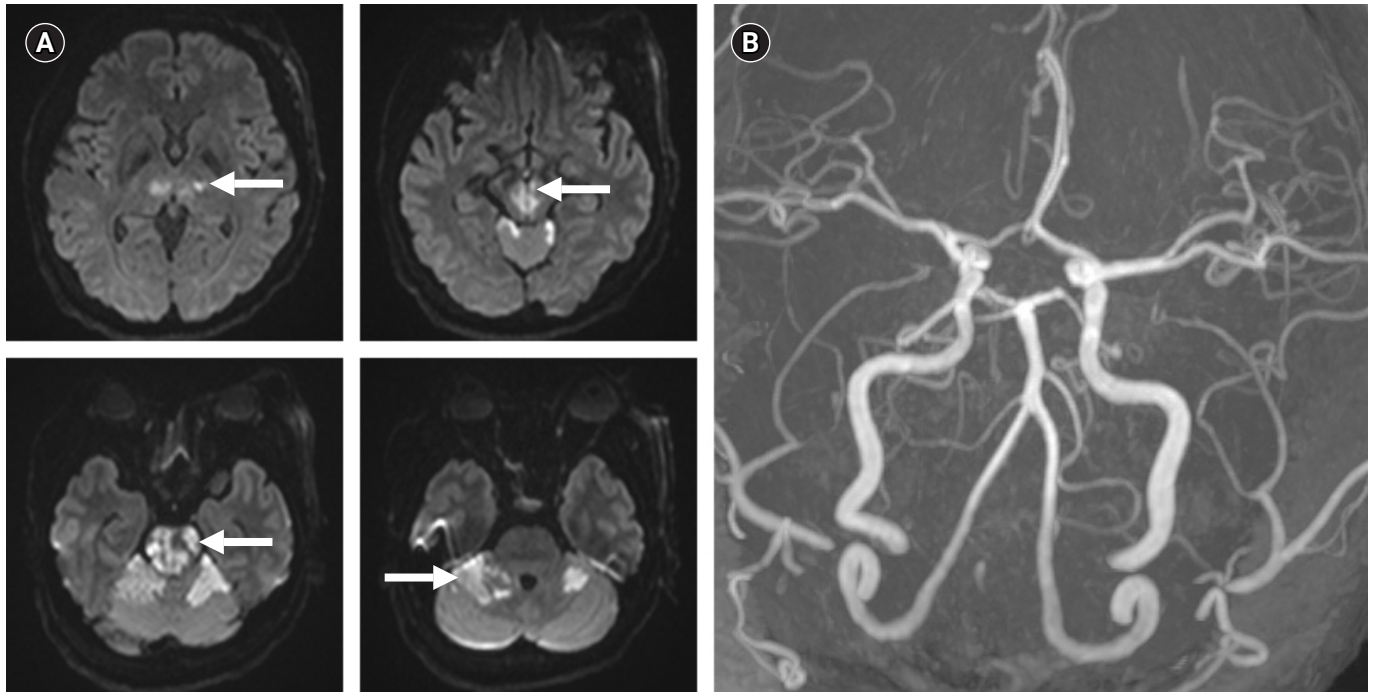


**Fig. 1.** Brain computed tomography (CT) and CT angiography were performed immediately after arrival at the emergency room. (A) There was no remarkable finding on brain CT. (B) Cerebral blood flow and (C) cerebral blood volume map shows decreased perfusion of the left midbrain (arrows). (D) Mean transit time map shows a prolongation within the same region (arrowhead), indicative of core infarct in the left midbrain. (E) There were no stenosis or occlusion on basilar artery and the other vessels.

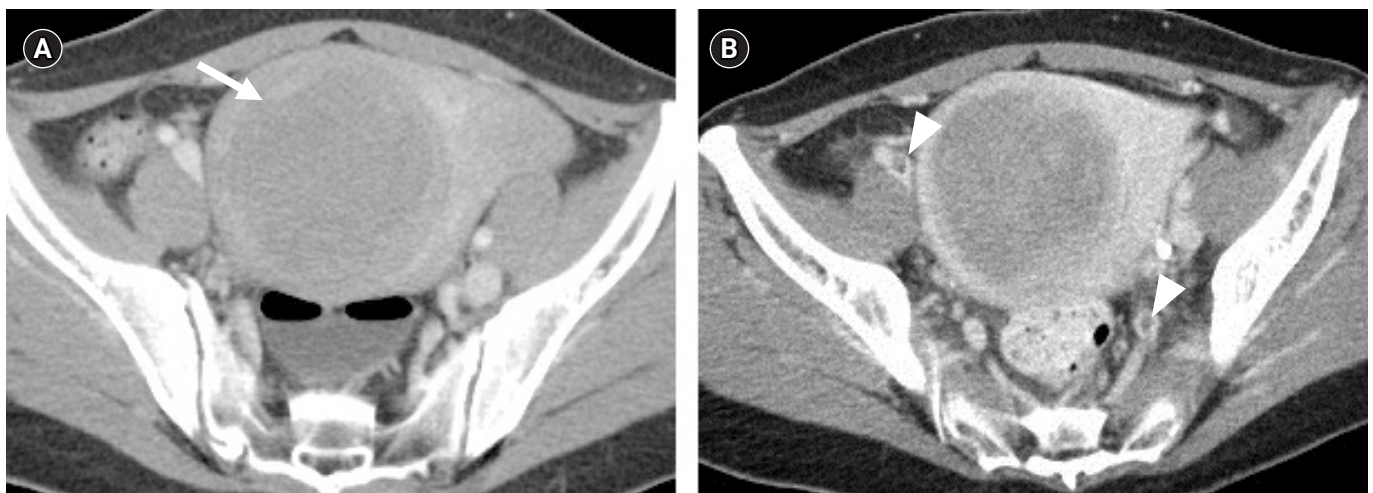
thrombosis, the antiplatelet agent was changed to an anticoagulant agent (dabigatran 300 mg/day). Transcranial Doppler was performed but showed normal results. Neither the bubble test nor the transesophageal echocardiography (TEE) was could not be performed because valsalva maneuver could not be performed due to stuporous mentality. Protein C activity was rechecked 3 months later and the result was restored to normal as 64%.

## DISCUSSION

As improving understand for stroke pathophysiology and achieving advances in imaging, vague defined entity of cryptogenic stroke was reassessed as ESUS to improve the efficacy of secondary stroke prevention by International Working Group of Neurologists in 2014 [1]. ESUS is known to account for an average of



**Fig. 2.** (A) Diffusion-weighted imaging, performed after 1 day from symptom onset, showed acute ischemic lesion in the bilateral thalamus, midbrain, pons and right cerebellum (arrows). (B) Magnetic resonance angiography which was performed after 1 day from symptom onset, showed no stenosis or occlusion.



**Fig. 3.** (A) There was a 7.5 cm uterine myoma with several small myomas in pelvic cavity (arrow). (B) Femoral computed tomographic angiography reveals contrast filling defects in the right external iliac vein, left internal iliac vein (arrowheads).

17% according to a study of ischemic stroke patients [1]. The most common cause of ESUS patients is paroxysmal atrial fibrillation. Recently, various studies have revealed a strong relationship with PFO and ESUS [2]. However, there are various causes such as vascular atherosclerotic ulcer, PFO, and embolism associated with cancer [3].

Searching the cause of embolus in ESUS is very important for establishing secondary prevention plan. Although systemic thromboembolism to lung, kidneys, spleen, and brain is a very rare complication of uterine myoma, there are several reports that uterine myoma can cause systemic embolism. One suggested mechanism is that uterine myoma may cause severe anemia and reactive thrombocytosis, leading to arterial thrombosis and thus recurrent cerebral infarct in patient without no PFO and no thrombus in pelvic organ [4,5]. Other suggested mechanism is that deep venous thrombosis due to compression of the lower extremity vein caused by a huge uterine myoma may enter systemic circulation through PFO and cause relapsing paradoxical cerebral embolism [6-8].

Because there was the presence of multiple thrombosis in both lower extremity veins without anemia or coagulopathy in this case, we thought the paradoxical embolism of deep vein thrombosis by large uterine myoma through PFO is the etiology of this case rather than anemia and coagulopathy although she could not confirm the PFO by performing TEE or bubble test due to stuporous mentality. Failure to identify the right-to-left shunt is a limitation of this case. In here, we report this case because uterine myoma in a middle-aged woman can be thought to be the etiological cause that can contributor to deep vein thrombosis, and it is necessary to pay attention as the etiology of ESUS.

## ARTICLE INFORMATION

### Conflict of interest

No potential conflict of interest relevant to this article.

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