

# PROGNOSTIC VALUE OF PRE-TREATMENT SCC-AG LEVEL IN PATIENTS WITH CERVICAL CANCER

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## Objective

The purpose of this study is to investigate the prognostic role of pre-treatment squamous cell carcinoma-related antigen (SCC-Ag) level in patients with squamous cell carcinoma of the uterine cervix.

## Methods

In this study, we retrospectively enrolled patients with squamous cell carcinoma of the uterine cervix (FIGO stage IB to IVA) who were treated at Samsung Medical Center, Seoul, Korea, from 1996 to 2007.

## Results

We retrospectively enrolled 788 patients. Median SCC-Ag level was 1.6 ng/mL (reference range, 0.1-362.0) in all patients. Four hundred seven out of 788 patients had elevating pre-treatment SCC-Ag level (51.6%). When we divided the cohort based on the stage (early cervical carcinoma; IB1 and IIA vs. locally advanced cervical carcinoma [LACC]; IB2 and IIB to IVA) and performed multivariate analysis, pre-treatment SCC-Ag entailed prognostic significance only in LACC (progression-free survival: hazard ratio [HR], 1.007; 95% confidential interval [CI], 1.003-1.010; overall survival: HR, 1.005; 95% CI, 1.001-1.009). Among patients who showed recurrence disease and had the result of SCC-Ag before recurrence (n=94), 79 patients (84.0%) had the elevation of SCC-Ag level at the time of recurrence.

## Conclusion

Pre-treatment SCC-Ag level is an independent prognostic factor for survival in patients with LACC. Measuring pre-treatment serum SCC-Ag may be a cost-effective method to predict prognosis in patients with LACC.

**Keywords:** Squamous cell carcinoma-related antigen; TA-4; Uterine cervical neoplasms; Prognostic; Survival

Cervical carcinoma is the third most common cancer in women, and the seventh overall, with an estimated 530,000 new cases in 2008 [1] and the one of the most lethal female malignancies in developing countries [2]. Cervical carcinoma can be categorized into subtypes according to histological classification, of which invasive squamous cell carcinoma (SCC) is the most common, accounting for about 80% of invasive cancer in the cervix [3]. And other subtypes including adenocarcinoma of uterine cervix are considered as distinct disease entities against SCC from epidemiology to clinical manifestations [4].

Squamous cell carcinoma-related antigen (SCC-Ag), which also known as TA-4 (tumor antigen), may be the tumor marker of

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choice for SCC [5,6], not for the other types of carcinoma in uterine cervix. There was evidence of correlation between treatment response and SCC-Ag drops after treatment [7] and increasing serum SCC-Ag level can precede the clinical diagnosis of recurrent disease in 46-92% of the cases during the follow-up period after initial treatment [8], however, the clinical implementation in predicting prognosis based on pre-treatment serum SCC-Ag assay is still controversial [8,9].

The purpose of this study is to investigate the prognostic role of pre-treatment peripheral SCC-Ag level in patients with SCC of the cervix.

## Materials and Methods

### 1. Patients

Patients with SCC of the cervix (International Federation of Gynecology and Obstetrics [FIGO] stage IB to IVA) who were treated at Samsung Medical Center, Seoul, Korea from 1996 to 2007 were retrospectively enrolled in this study. The patients' clinicopathological findings as well as laboratory results were collected from electronic medical records with Institutional Review Board approval. We excluded patients with early cervical cancer having microscopic lesions on the cervix including IA1 and IA2; histological subtypes except for SCC and its variants; patients who underwent fertility-saving surgery; patients with concurrent hematologic or infectious diseases; patients who did not have the results of SCC-Ag level within two weeks before starting initial treatment; and patients who received neo-adjuvant chemotherapy before surgery.

### 2. Treatment

We usually performed surgery-based treatment in patients with early stage cervical cancer (IB1 to IIA), including bulky tumor (IB2) or radiation therapy (RT)-oriented management in patients with locally advanced cervical cancer (IIB to IVA). However, the choice for primary treatment was dependent on the attending physician's preference. Since 2000, concurrent chemotherapy with radiation therapy (CCRT) has been recommended as either the primary [10] or adjuvant treatment [11] in cases with more than one high-risk pathological factor for recurrence after surgery (please see below). Cisplatin-based regimens were used for the concurrent chemotherapy.

Standard surgery consisted of type III radical hysterectomy with bilateral pelvic lymph node (LN) dissection. Bilateral salpingo-oophorectomy and para-aortic LN sampling or dissections were not

routine procedures. Patients who had more than one of the three high-risk factors (positive pelvic or para-aortic LN, microscopic parametrial invasion, and positive resection margins with tumor) received adjuvant RT or CCRT. Patients with at least two of the three intermediate risk factors (stromal invasion of more than half of the cervix or stromal invasion more than 1 cm, lympho-vascular space invasion, and the largest diameter of 4 cm or greater) received adjuvant RT alone. Radiation protocols were as previously described [12].

Patients had follow-up examinations approximately every three months for the first two years, every six months for the next three years, and every year thereafter. During the routine follow-up, imaging studies including computed tomography or magnetic resonance imaging, and chest X-ray was performed each year. When tumor recurrence was suspected based on clinical findings or imaging studies, biopsy was performed. We defined progression-free survival as the time from the initial treatment to relapse noted on images or to the final follow-up visit, and overall survival was defined as the time from the initial treatment to death due to cervical carcinoma or to the final follow-up visit.

### 3. Statistical analysis

The Wilcoxon rank sum test or two-sample t test was used to compare the median or mean values, respectively, after checking whether the data had non-normal or normal distributions according to the Shapiro-Wilks test. The overall and progression-free survival curves were calculated according to the Kaplan-Meier method with the log-rank test. Variables shown to be significant or borderline significant ( $P < 0.2$ ) in the univariate analysis were selected for the Cox model. The Cox proportional-hazards model was used for the multivariate analyses. Statistical analyses were performed using SPSS ver. 12.0 (SPSS, Chicago, IL, USA). A  $P$ -value  $< 0.05$  was considered statistically significant and all  $P$ -values were two-sided.

## Results

We retrospectively enrolled 788 patients with SCC of the cervix (IB to IVA). The basal characteristics of these patients are described in Table 1. The median age of the patients was 51 years (range, 21-85 years) and 407 out of 788 patients had elevating pre-treatment SCC-Ag level (51.6%). Median SCC-Ag level was 1.6 ng/mL (reference range, 0.1-362.0 ng/mL) in all patients. When the cohort was divided according to stage as either early cervical

carcinoma (ECC) or locally advanced cervical carcinoma (LACC), patients with LACC had higher pre-treatment level of SCC-Ag (1.2 ng/mL vs. 7.1 ng/mL,  $P < 0.001$ ). The median follow-up for the patient group was 53.4 months, with a range of 1-181 months, and the five-year survival rate was 87.8%. There were 121 progression (15.4%) and 88 (11.2%) cancer-related deaths during the study period.

In all patients, the univariate analysis revealed that the most of the clinical parameters including age, pre-treatment SCC-Ag level, stage, and type of treatment had prognostic significance for both progression-free survival and overall survival and these significances remained even after multivariate analysis except for age (Table 2). When we divided the cohort based on the stage (ECC: IB1 and IIA vs. LACC: IB2 and IIB to IVA) and performed multivariate analysis, pre-treatment SCC-Ag entailed prognostic significance only in LACC (progression-free survival: hazard ratio

[HR], 1.007; 95% confidential interval [CI], 1.003-1.010; overall survival: HR, 1.005; 95% CI, 1.001-1.009). When we dichotomized the patients with LACC according the median level of pre-treatment SCC-Ag (7.1 ng/dL), the patients with LACC who had higher pre-treatment SCC-Ag level showed more than 2 times higher progression or death rate compared with patients who did not, in multivariate analysis (Table 3, Fig. 1).

Among patients who showed recurrence disease and had the result of SCC-Ag before recurrence ( $n=94$ ), 79 patients (84.0%) had the elevation of SCC-Ag level with recurrence and the recurrence cases that showed pre-treatment SCC-Ag level more than 7.1 ng/dL represented increasing SCC-Ag level with recurrence in 100% (45/45) (Table 4).

## Discussion

In this study, we found that pre-treatment SCC-Ag level is an independent prognostic factor for survival in patients with LACC. Most of the patients (84%, 79/94) had elevation of SCC-Ag level at the time of recurrent disease and SCC-Ag level increased again in all cases of recurrence, which showed high level of SCC-Ag ( $\geq 7.1$  ng/dL) before the primary treatment (100%, 45/45).

Cervical carcinoma is the only major gynecologic malignancy that is staged clinically [13]. As a result predicting survival based on clinical stage alone may have limitation. For example, lymph node status, which is proven to be an important determinant of prognosis [14], is not part of the FIGO staging system. Furthermore, while we can use the post operative findings including lymph node status, parametrial invasion, and tumor present in resection margin to stratify the prognosis in early disease; the main treatment is surgery [3], there are no clinical parameters except for clinical stage in clinical staging system to stratify the prognosis of patients with advanced disease, which treatment is usually CCRT. This is why tumor marker in LACC should be so important in clinic and we could find that clinical impact of SCC-Ag on survival was bigger than that of clinical stage in our study population.

From the discovery [15] of SCC-Ag, which emerged concurrently with squamous formation of the uterine cervix and increased during the neoplastic transformation of the cervical squamous epithelium [6], several clinical researches investigated the prognostic role of SCC-Ag in squamous cell cervical carcinoma [8,16]. In ECC the prognostic role of SCC-Ag was not found in most of the studies [5,9,17,18], which is in line with our results. Even though there was evidence of a link between pre-treatment SCC-Ag level

**Table 1.** Patients' characteristics

	Total
No of patients	788
Median age, yr (range)	51 (21-85)
FIGO stage (%)	
IB1	463 (58.8)
IB2	42 (5.3)
IIA	123 (15.6)
IIB	96 (12.2)
IIIA	3 (0.4)
IIIB	47 (6.0)
IVA	14 (1.8)
SCC-Ag <sup>a</sup> , ng/dL (range)	1.6 (0.1-362.0)
SCC-Ag in ECC (IB1, IIA)	1.2 (0.1-76.2)
SCC-Ag in LACC (IB2, IIB-VIA)	7.1 (0.1-362.0)
	$P < 0.001$
Primary treatment (%)	
RH alone	303 (38.5)
RH + RT <sup>b</sup>	158 (20.1)
RH + CCRT <sup>b</sup>	117 (14.8)
RT alone	71 (9.0)
CCRT	139 (17.6)

FIGO, International Federation of Gynecology and Obstetrics; SCC-Ag, squamous cell carcinoma-related antigen; ECC, early cervical cancer; LACC, locally advanced cervical cancer; RH, type III radical hysterectomy; RT, radiation therapy; CCRT, concurrent chemoradiation therapy.

<sup>a</sup>TA-4 (tumor antigen); <sup>b</sup>Adjuvant setting.

**Table 2.** Univariable and multivariable analysis for progression-free survival (PFS) and overall survival (OS)

	PFS		OS	
	Univariable	Multivariable	Univariable	Multivariable
All (ECC + LACC)				
Age	0.001	0.406	< 0.001	0.027
SCC-Ag <sup>a</sup>	< 0.001	< 0.001	< 0.001	0.006
Stage	< 0.001	0.007	< 0.001	0.019
Primary treatment	< 0.001	< 0.001	< 0.001	0.004
ECC				
Age	0.080	0.094	< 0.001	0.002
SCC-Ag <sup>a</sup>	0.003	0.354	< 0.001	0.087
Stage	0.003	0.324	< 0.001	0.091
Primary treatment	< 0.001	0.001	< 0.001	0.006
LACC				
Age	0.664	-	0.143	0.715
SCC-Ag <sup>a</sup>	< 0.001	< 0.001	0.001	0.026
Stage	0.096	0.582	0.005	0.257
Primary treatment	0.004	0.075	0.002	0.123

ECC, early cervical carcinoma; LACC, locally advanced cervical carcinoma; SCC-Ag, squamous cell carcinoma-related antigen.

<sup>a</sup>TA-4 (tumor antigen) and analyzed as a continuous variable.

**Table 3.** SCC-Ag level as a prognostic factor for progression-free survival (PFS) and overall survival (OS) in locally advanced stages of cervical squamous cell carcinoma

	PFS <sup>a</sup>	P-value	OS <sup>a</sup>	P-value
	HR (95% CI)		HR (95% CI)	
Age	-	-	-	0.809
Stage	-	0.323	-	0.138
Primary treatment	-	0.121	-	0.141
SCC-Ag <sup>b</sup> (ng/dL)				
< 7.1	1	-	1	-
≥ 7.1	2.40 (1.42-4.07)	0.001	2.41 (1.30-4.47)	0.005

HR, hazard ratio; CI, confidential interval; SCC-Ag, squamous cell carcinoma-related antigen.

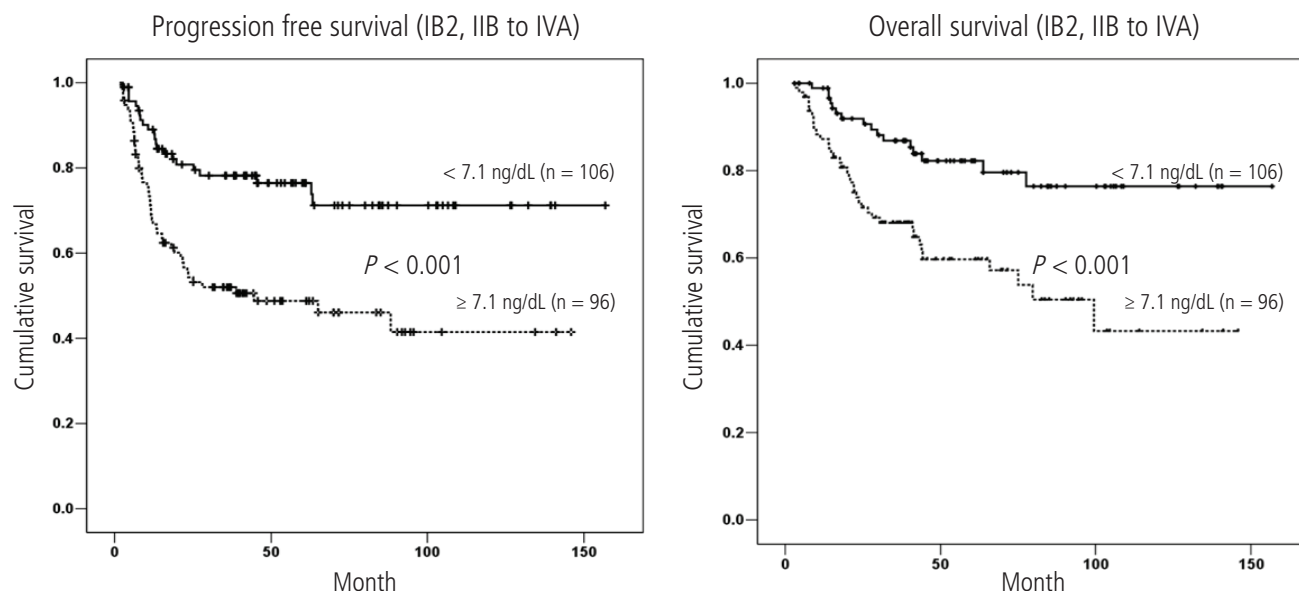
<sup>a</sup>Cox proportional-hazards model for multivariable analysis.

<sup>b</sup>TA-4 (tumor antigen) and analyzed as a categorical value.

and lymph node metastasis in some studies [17,19], its prognostic significance is weak. Takeda et al. [19] reported that pre-operative SCC-Ag seems to be useful in estimating lymph node status and the prognosis for patients with cervical carcinoma. However, the study population was only 103, which was small, and about half of the patients were stage IIB, which is categorized into LACC with recommended management of RT or CCRT. Overall, routine check of serum SCC-Ag before surgery in ECC to predict recurrence may be unreasonable.

On the other hand, the prognostic role of pre-treatment SCC-Ag

in LACC seems to be clear [7,20,21]. For example, Hong et al. [21] reported that pre-treatment SCC-Ag level higher than 10 ng/mL are an independent predictor for poor prognosis in their study of a single institution with large cohort, which is correspond well with our results. Furthermore we could observe that post-treatment follow-up SCC-Ag levels should be as important as measurement of pre-treatment level in LACC, especially in case of higher pre-treatment SCC-Ag level (≥ 7.1 ng/dL), because all of the cases showed elevation of SCC-Ag level at the time of recurrent cervical carcinoma. However, it was also reported that pre-treatment SCC-



**Fig. 1.** Progression-free survival and overall survival according to the squamous cell carcinoma-related antigen level (high vs. low) in patients with locally advanced cervical carcinoma.

**Table 4.** Comparison of squamous cell carcinoma-related antigen (SCC-Ag) between levels at pre-treatment and recurrence among patients (n=94) who had recurrence disease with known SCC-Ag level in locally advanced stages of cervical squamous cell carcinoma

SCC-Ag level (ng/dL) at recurrence	Pre-treatment		Pre-treatment	
	Normal	Abnormal	< 7.1	≥ 7.1
Normal	8 (44.4%)	7 (9.2%)	15 (30.6%)	0
Abnormal	10 (55.6%)	69 (90.8%)	34 (69.4%)	45 (100.0%)
P-value		0.001		< 0.001

Normal range of SCC-Ag=0-1.5 ng/dL, if SCC-Ag level was within normal range at the time of recurrence before 6 months and after 6 months, we regarded it as a disease relapse without SCC-Ag elevation.

Ag levels neither predicts pathological response to treatment nor the clinical outcome. Furthermore, they concluded that post-treatment SCC-Ag levels are more important to predict pathological response to CCRT and survival outcomes in LACC [22]. This debate should be confirmed in future studies.

There are some concerns should be discussed in this study. First, we do not have many treatment options to choose in LACC. Because CCRT was proven to be more effective than RT alone in LACC [10], CCRT is only standard treatment of choice in these patients. However, recently, it was reported that consolidation chemotherapy after CCRT may improve survival compared to CCRT alone in patients with LACC [12], which could give physicians a treatment option for patients with high level of pre-treatment SCC-Ag level. Second, other clinical parameters including para-aortic lymph node status on imaging study [23], patient's performance scale, or factors which could cause of elevated serum levels

of SCC-Ag such as benign lesions of lung or skin diseases were not considered in this study [24]. Finally, many molecular markers have been investigated to predict prognosis of cervical carcinoma [25-27]. In the future, there should be a well designed prospective study to compare these molecular markers with SCC-Ag or develop prognostic models using combined index consist of these markers.

In conclusion, pre-treatment SCC-Ag level is an independent prognostic factor for survival in patients with LACC. Measuring pre-treatment serum SCC-Ag may be a cost-effective method to predict prognosis in patients with LACC.

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## 자궁경부암 환자의 치료 전 편평세포암종항원 수치의 예후인자로서의 가치

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### 목적

이 연구의 목적은 자궁경부 편평세포암 환자의 치료 전 편평세포암종항원(squamous cell carcinoma-related antigen, SCC-Ag) 수치의 예후인자로서의 가치를 알아보기 위함이다.

### 연구방법

1996년부터 2007년도까지 삼성서울병원에서 치료 받은 자궁경부 편평세포암 환자(FIGO 병기 IB-IVA기)를 대상으로 후향적 연구를 실시하였다.

### 결과

후향적으로 총 788명의 환자가 등록되었다. 전체 환자의 SCC-Ag의 중앙값은 1.6 ng/mL (참고치, 0.1-362.0)이었다. 788명의 환자 중 407 (51.6%)명의 환자에서 치료 전 SCC-Ag값이 상승되어 있었다. 이 코호트를 병기에 따라 조기 자궁경부암(IB1과 IIA)과 국소 진행 자궁경부암(IB2, IIA-IVA) 두 군으로 분류하여 다변량 분석을 실시하였을 때, 국소 진행 자궁경부암군에서만 치료 전 SCC-Ag 수치가 예후 측정에 있어 유의한 결과를 나타내었다(무진행생존율: 위험률, 1.007; 95% 신뢰구간, 1.003-1.010; 전체생존율: 위험률, 1.005; 95% 신뢰구간, 1.001-1.009). 또한 재발되기 전 SCC-Ag 결과를 가지고 있는 94명의 재발 환자 중 79명(84.0%)의 환자에서 재발 당시 SCC-Ag 상승이 관찰되었다.

### 결론

치료 전 SCC-Ag의 수치는 국소 진행 자궁 경부암 환자의 생존율을 예측하는 독립적인 예후인자이다. 치료 전 혈장 내 SCC-Ag 수치 측정은 국소 진행 자궁 경부암 환자의 예후를 예측함에 있어 비용 대비 효과적인 방법이다.

**중심단어:** 편평세포암종항원, 자궁경부암, 예후, 생존