

## Noncompliance screw supported maxillary molar distalization in a parallel manner

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**Objective:** Intraoral noncompliance upper molar distalization techniques have gained in popularity and have subsequently found to be successful in Class II correction. The aim of the present study was to introduce a screw supported intraoral distalization appliance and investigate its efficiency. **Methods:** Twenty-one subjects (11 females, 10 males; average age of 14.9 years) with Angle Class II malocclusion participated in this study. Two screws were inserted behind the incisive foramen and immediately loaded to distalize the upper first molars. An intraoral screw supported distalization appliance was used to distalize the upper molars in order to achieve a Class I molar relationship. Skeletal and dental changes were evaluated using cephalometric and three-dimensional (3D) model analysis. **Results:** Upper molars were distalized 3.95 mm on average and a Class I molar relationship was achieved without any anchorage loss. The upper molars were tipped only 1.49° and the upper right and left molars were rotated only 0.54° and 0.74° respectively which were statistically non-significant ( $p > 0.05$ ). **Conclusions:** The newly designed screw supported non-compliance distalization appliance was found to be an effective device for achieving bodily molar distalization without any anchorage loss. (*Korean J Orthod* 2010;40(4):250-259)

**Key words:** Molar distalization, Three-dimensional model analysis, Skeletal anchorage

### INTRODUCTION

Class II malocclusions can be evaluated as skeletal and dental Class II. If a skeletal Class II malocclusion involves a normal positioned mandible sagittally, it can be treated with either upper molar distalization or upper first or second premolar extractions as in dental Class II malocclusions. The orthodontist should consid-

er many factors such as skeletal, vertical and sagittal properties, soft tissue profile and patient compliance to reach a definitive treatment plan. After detailed considerations, if molars are to be distalized, many methods are available today.<sup>1-10</sup>

The most conventional method to distalize molars is to use cervical headgear which can either be used for orthodontic or orthopedic corrections. It is easy to apply and may distalize not only upper first molars but also first and second premolars via transeptal fibers. However, lack of patient cooperation is the major disadvantage of extraoral traction,<sup>11,12</sup> which directed researchers to investigate alternative noncompliance distalization methods. Over recent years, many studies examined appliances which require minimal patient compliance such as NiTi coil springs,<sup>13</sup> Wilson arches,<sup>14</sup> pendulum,<sup>5,10,15-18</sup> Jones-jig,<sup>3,19,20</sup> distal jet<sup>8,21,22</sup> or Keles slider.<sup>23,24</sup> However, all these intraoral distalization appliances cause protrusion of upper incisors which re-

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sults in an increase in overjet. This is absolutely an undesirable situation in Class II treatment. Investigators have been directed to use temporary anchorage devices (TADs) to overcome this side effect. The development of dental implants has also led to their use as orthodontic anchorage. However, implants could not become widespread because the cost is relatively high and total treatment time increases due to the 3 to 6 months of healing and osseointegration period.

Kircelli et al.<sup>1</sup> succeeded in distalizing upper molars and premolars of ten patients with a bone anchored pendulum appliance. The results showed that the anterior movement of upper incisors was restricted and so a Class I molar relationship was achieved without any anchorage loss.

Similarly, Escobar et al.<sup>9</sup> designed a pendulum type appliance consisting of an anchorage plate screwed to the palatal area with two endosseous screws. The upper premolars were not included in the appliance and anchorage was obtained directly from the screws. The average molar movement was 6 mm in 7.8 months with 11.3° of distal tipping and a 0.5 mm retrusion of maxillary anteriors which therefore indicates no anchorage loss during distalization.

The success of screws in maintaining anchorage was recently reported by Papadopoulos.<sup>2</sup> Stationary anchorage was provided by two miniscrews and upper molars were moved into a Class I molar relationship within 6 months in a parallel manner in an 11.5 year old girl.

The present prospective study was aimed to investigate the efficiency of a newly designed screw supported maxillary molar distalization appliance with cephalometric and three dimensional (3D) model analyses.

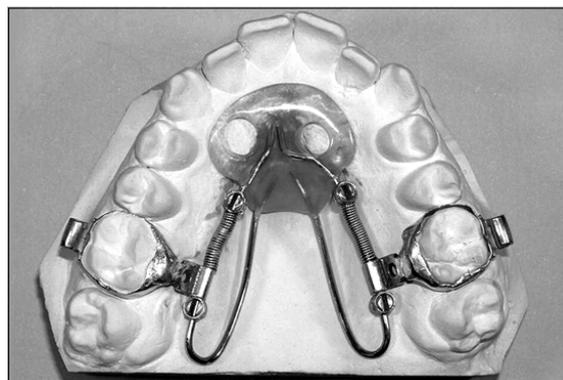
## MATERIAL AND METHODS

The treatment sample consisted of 21 patients (11 females, 10 males) with an average age of 14.9 years (between 13 - 19 years) at the beginning of treatment. The inclusion diagnostic criterion was an Angle Class II malocclusion, requiring distalization of the maxillary molars with normal vertical relationships and overbite. All patients and parents were informed about the study procedure and an informed consent was received. The

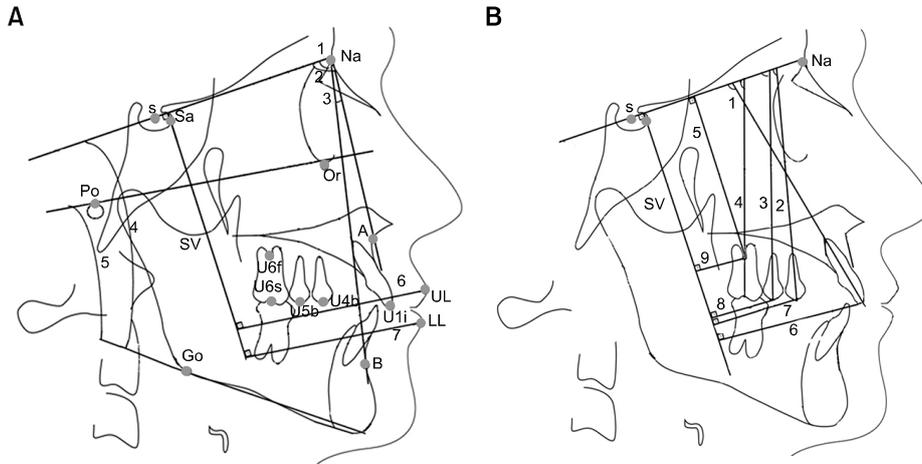
study was reviewed and approved by the Medical Scientific Ethics Committee of Cumhuriyet University. Both upper second molars of each patient were erupted and if present, both upper third molars of all patients were extracted or germectomy was performed prior to distalization in order to avoid tipping of first and second molars during distalization.

Two intermaxillary fixation (IMF) screws with a 2.0 mm diameter and 11 mm length (M-5146, 11, Medartis AG, Basel, Switzerland) were used for intraosseous anchorage. The screws were placed right and left of the incisive canal with a safe distance away from the midpalatal suture following the palatal anatomy.

The upper molars were banded and stone casts were obtained. Teucher tubes of 0.045-inch diameter (Leone A076-45, Firenze, Italy) were soldered on the palatal side of the first molar bands at the level of the centre of resistance of the first molars. A 1.1 mm diameter stainless steel (SS) wire was oriented parallel to the occlusal plane and passed through the tube. The SS wire was extended about 7 mm distal to the tube and a "U" bend was made (Fig 1). A Ni-Ti coil spring of 25 mm length, 0.055-inch diameter, and 0.014-inch thickness (Leone C1214-55, Firenze, Italy) was placed



**Fig 1.** Fabrication of screw supported distalization appliance. 'U' bending of 0.040 inch stainless steel rod at the level of distal surface of the second molar was performed and extended into the acrylic part of the appliance to enhance its stability. A superelastic heavy open-coil spring is compressed along the rod and activated by Gurin lock (3M Unitek, Monrovia, CA, USA). In order for easy intraoral application, a second Gurin lock was placed just behind the tube.

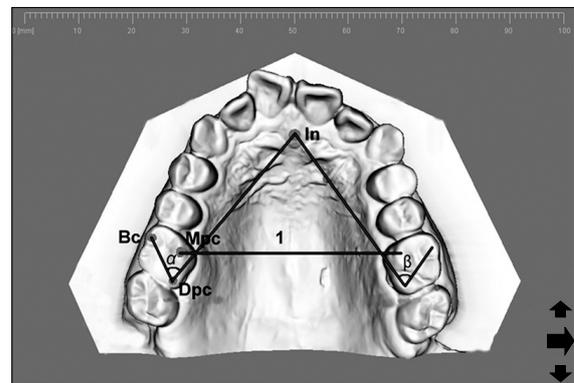


**Fig 2. A**, Cephalometric landmarks and skeletal measurements. Landmarks: *S*, sella; *Sa*, intersection of the anterior wall of sella turcica and the anterior clinoid processes; *Na*, nasion; *Or*, orbitale; *Po*, porion; *A*, A point; *B*, B point; *Go*, gonion; *UL*, most anterior point of the upper lip; *LL*, most anterior point of the lower lip; *u6f*, furcation point of the upper first molar; *u6s*, sulcus between buccal tubercles of the upper first molar; *u5b*, tip of the buccal cusp of the upper second premolar; *u4b*, tip of the buccal cusp of the upper first premolar; *U1i*, incisal edge of the upper central incisor; *L1i*, incisal edge of the lower central incisor. SV indicates vertical reference line. Skeletal measurements: 1, SNA; 2, SNB; 3, ANB; 4, Go-Gn SN; 5, FMA; 6, UL  $\perp$  SV; 7, LL  $\perp$  SV. **B**, dental angular measurements ( $^{\circ}$ ): 1, U1-SN; 2, U4-SN; 3, U5-SN; 4, U6-SN. Dental linear Measurements (mm): 5, U6  $\perp$  SN; 6, U1  $\perp$  SV; 7, U4  $\perp$  SV; 8, U5  $\perp$  SV; 9, U6  $\perp$  SV.

on the wire and activated with Gurin lock (3M Unitek, Monrovia, CA, USA) in full compression. By adopting this approach, 300 gm of consistent force was obtained. Screws and palatal mucosa were blocked out with wax, and an acrylic plate was prepared on stone casts. The appliance was carried to the mouth, bands were cemented and the spaces between screws and acrylic were filled with light cure adhesive (3M Unitek, Transbond XT, Monrovia, CA, USA). The patients were monitored every 6 weeks and coil springs were compressed by a Gurin lock screwdriver when necessary. After both upper molars were distalized and a Class I molar relationship was obtained, upper molars were banded, a transpalatal arch was placed and the treatment was continued with fixed appliance therapy.

Cephalometric and three dimensional digital model analyses

Study models and lateral cephalograms were obtained before and after molar distalization. Seventeen cephalometric landmarks were selected to measure den-



**Fig 3.** Landmarks, angular and linear measurements on the 3D models. Landmarks: *In*, tip of the incisive papilla; *Bc*, tip of the buccal cusp of the upper first molar; *Mpc*, tip of the mesiopalatal cusp of the upper first molar; *Dpc*, tip of the distopalatal cusp of the upper first molar. Angular measurements ( $^{\circ}$ ):  $\alpha$  (rotation of upper right first molar) and  $\beta$  (rotation of upper left first molar). Linear measurement (mm): 1, Intermolar distance.

tal, skeletal and soft tissue changes. A perpendicular line was drawn to the SN plane from the intersection of the anterior wall of sella turcica and the anterior clinoid processes in order to form a vertical reference

plane (Fig 2). The stability of these landmarks during growth has been shown previously.<sup>25</sup>

Model analysis was carried out with 3D digital images. For this purpose, impressions were taken before and after molar distalization and all dental casts sent to O3DM laboratory (OrtoLab, Czestochowa, Poland) for 3D surface laser scanning. A sagittal plane passing through the incisive papilla and midpalatal suture was drawn on the 3D models and the degree of rotation of each maxillary first molar and the amount of expansion of first molars were calculated (Fig 3).

#### Statistical analysis

Both cephalometric and 3D model measurements

were repeated one month after the initial measurements and the method error was calculated according to Dahlberg's<sup>26</sup> formula. The mean cephalometric measurement error was between 0.06 and 0.36, and the mean 3D digital model measurement error was between 0.10 and 0.32 which were near to the ideal value of zero. Wilcoxon Matched-Pairs Signed-Ranks Test ( $\alpha = 0.05$ ) was implemented in order to determine the differences before and after molar distalization. A probability of 0.05 was accepted as critical significance.

#### RESULTS

Class I molar relationship was obtained in all pa-

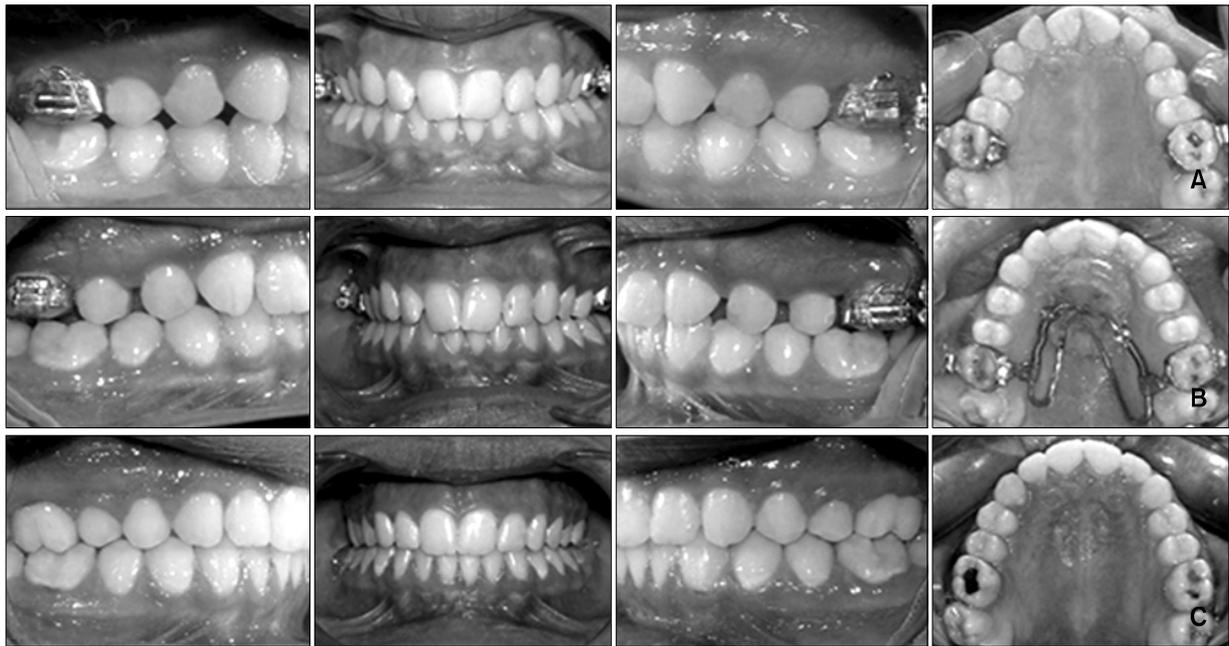
**Table 1.** Cephalometric evaluation of soft tissue, skeletal and dental changes before and after distalization

Measurements	Before distalization	After distalization	Difference	Significance
	Mean $\pm$ SD	Mean $\pm$ SD	Mean $\pm$ SD	
Skeletal				
SNA ( $^{\circ}$ )	79.84 $\pm$ 3.00	79.78 $\pm$ 3.10	0.02 $\pm$ 0.60	NS
SNB ( $^{\circ}$ )	75.64 $\pm$ 2.91	75.59 $\pm$ 3.02	0.14 $\pm$ 0.59	NS
ANB ( $^{\circ}$ )	4.07 $\pm$ 1.95	4.19 $\pm$ 1.83	-0.11 $\pm$ 0.63	NS
Go-Gn SN ( $^{\circ}$ )	33.19 $\pm$ 4.71	33.54 $\pm$ 4.90	-0.35 $\pm$ 0.85	NS
FMA ( $^{\circ}$ )	26.85 $\pm$ 6.52	27.05 $\pm$ 7.15	-0.20 $\pm$ 1.67	NS
Soft tissue				
UL $\perp$ SV (mm)	70.33 $\pm$ 5.38	70.02 $\pm$ 5.07	0.30 $\pm$ 0.74	NS
LL $\perp$ SV (mm)	64.16 $\pm$ 5.42	63.76 $\pm$ 5.31	0.40 $\pm$ 0.98	NS
Dental angular				
U1-SN ( $^{\circ}$ )	99.42 $\pm$ 5.55	98.09 $\pm$ 5.57	1.33 $\pm$ 2.03	$p = 0.008^*$
U4-SN ( $^{\circ}$ )	79.14 $\pm$ 5.14	76.14 $\pm$ 4.11	3.00 $\pm$ 4.41	$p = 0.005^*$
U5-SN ( $^{\circ}$ )	74.80 $\pm$ 5.29	69.00 $\pm$ 4.71	5.80 $\pm$ 4.53	$p = 0.001^*$
U6-SN ( $^{\circ}$ )	71.29 $\pm$ 5.26	69.80 $\pm$ 6.02	1.49 $\pm$ 1.75	NS
Dental linear				
U6 $\perp$ SN (mm)	62.80 $\pm$ 4.55	62.52 $\pm$ 4.55	0.28 $\pm$ 0.84	NS
U6 $\perp$ SV (mm)	26.45 $\pm$ 4.36	22.50 $\pm$ 4.04	3.95 $\pm$ 1.35	$p = 0.001^*$
U1 $\perp$ SV (mm)	54.25 $\pm$ 4.77	54.02 $\pm$ 4.75	0.22 $\pm$ 0.80	NS
U4 $\perp$ SV (mm)	37.60 $\pm$ 4.89	35.97 $\pm$ 5.05	1.70 $\pm$ 1.18	$p = 0.001^*$
U5 $\perp$ SV (mm)	30.57 $\pm$ 4.95	27.84 $\pm$ 4.49	2.73 $\pm$ 1.20	$p = 0.001^*$
Overjet (mm)	4.80 $\pm$ 1.47	4.78 $\pm$ 1.43	0.02 $\pm$ 0.24	NS
Overbite (mm)	3.65 $\pm$ 1.71	3.44 $\pm$ 1.77	0.21 $\pm$ 0.51	NS

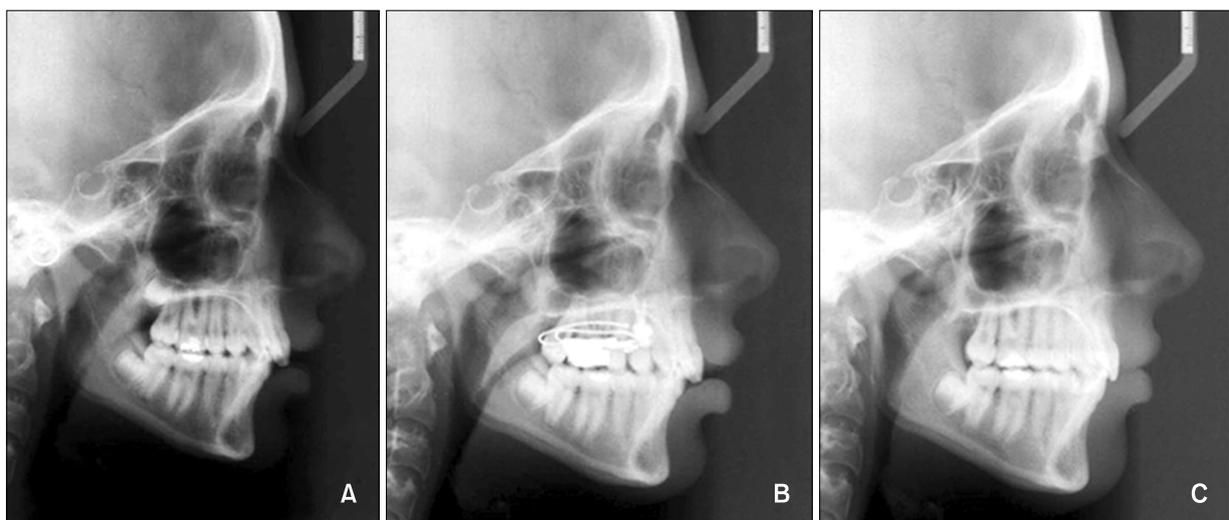
SD, Standard deviation; NS, not significant; \*,  $p < 0.05$ .

tients in an average of  $9.61 \pm 2.1$  months (ranging between 6 to 12 months). The incisors were not moved forward during distalization, furthermore they were retruded (Table 1). The treatment was continued with fixed appliances and lasted a mean of 13 months. A

sample case is demonstrated in Figs 4, 5 and 6. The screws remained stable in all patients during distalization. The adjacent tissues around the screw showed minimum to moderate inflammation, but spontaneously recovered in a few days. No complication was seen



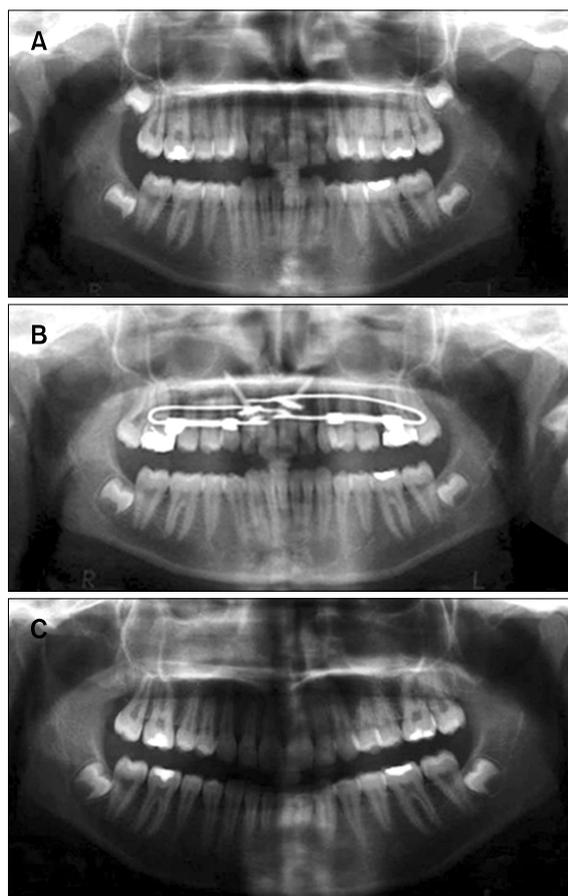
**Fig 4.** **A**, Intraoral photographs before distalization; **B**, intraoral photographs after distalization; **C**, posttreatment intraoral photographs.



**Fig 5.** **A**, Lateral cephalometric radiograph before distalization; **B**, lateral cephalometric radiograph after distalization; **C**, lateral cephalometric radiograph at the end of treatment.

during germectomy and/or at the postoperative period. Cephalometric analysis

The mean maxillary molar distalization was  $3.95 \pm 1.35$  mm while distal tipping was only  $1.49 \pm 1.75^\circ$ . However, it showed  $5.8 \pm 4.53^\circ$  and  $3 \pm 4.41^\circ$  on the



**Fig 6.** A, Panoramic radiograph before distalization, B, panoramic radiograph after distalization; C, panoramic radiograph at the end of treatment.

first and second premolars respectively. The maxillary incisors were slightly retroclined ( $1.33 \pm 2.03^\circ$ ) during distalization. The mean, standard deviation (SD) and statistical significance of the skeletal, dental and soft tissue cephalometric changes are summarized in Table 1.

Three dimensional cast analysis and superimposition

The results of 3D cast analysis showed that the upper right and left first molars showed distobuccal rotation which was statistically nonsignificant ( $0.54 \pm 1.74^\circ$  and  $0.74 \pm 0.4^\circ$  respectively). Maxillary first molars were expanded an average of  $2.75 \pm 1.07$  mm (Table 2). The superimposition of cephalometric tracings on the maxillary plane and superimposition of 3D images of the maxilla indicated bodily distal movement of first molars, distal movement of premolars with distal crown tipping and slight incisor retrusion (Figs 7 and 8).

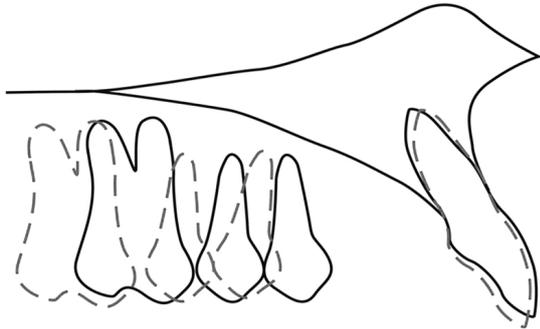
## DISCUSSION

Many studies on intraoral maxillary molar distalization without patient cooperation were carried out in order to overcome the patient compliance problem created by extraoral distalization appliances.<sup>1-10,13-24</sup> However, these appliances also have some disadvantages such as an anchorage problem, which means upper incisor protrusion and mesial movement of premolars, prolonged treatment time and jiggling effect during retraction of proclined upper incisors.<sup>3-6,8,10,13-24</sup> In order to try to avoid these side effects, researchers have benefited from rigid bone anchors such as osseointe-

**Table 2.** 3D model evaluation of the changes before and after distalization

Measurements	Before distalization	After distalization	Difference	Significance
	Mean $\pm$ SD	Mean $\pm$ SD	Mean $\pm$ SD	
Intermolar distance (mm)	$49.83 \pm 1.73$	$52.58 \pm 1.85$	$2.75 \pm 1.07$	$p = 0.001^*$
U6 R rot ( $\alpha$ angle) ( $^\circ$ )	$61.72 \pm 5.10$	$60.97 \pm 4.89$	$0.74 \pm 2.83$	NS
U6 L rot ( $\beta$ angle) ( $^\circ$ )	$62.48 \pm 5.99$	$61.93 \pm 5.52$	$0.54 \pm 2.17$	NS

NS, Not significant;  $^*p < 0.05$ ; U6 R rot, rotation of upper right first molar; U6 L rot, rotation of upper left first molar.

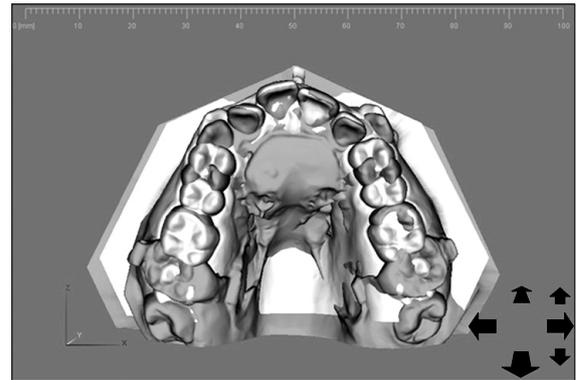


**Fig 7.** Superimposition of cephalometric tracing on the maxillary plane. Solid line represents before distalization; broken line represents after distalization.

grated implants<sup>7,27,28</sup> and intraosseous screws.<sup>1,2,4,9</sup> Several clinical studies showed that implants have the potential to resist orthodontic forces,<sup>7,27,28</sup> which has also been proved with histological studies.<sup>29,30</sup> Although their success in maintaining anchorage is certain, implants nevertheless have some limitations including the fact that they cannot be immediately loaded due to need of an osseointegration period, in addition to increased costs and additional surgical procedure during removal.

Screws can provide sufficient anchorage, require simple and less invasive surgical procedures and are less costly relative to implants. Thereby, screw supported intraoral distalization devices have gained popularity in the recent past.<sup>1,7,9,31</sup> The results of these studies were very satisfactory in that the molars were moved distally and a Class I relationship was achieved in an average of 6 to 9 months. However, a significant degree of distal crown tipping of upper molars was observed during distalization which consequently creates the need for additional time, extra uprighting mechanics and overcorrection of the molar relationship.

In the present study, we aimed to achieve bodily distalization of upper first molars without any anchorage loss. Anchorage was maintained with two screws and the results showed that the incisors remained stable during distalization. The appliance used in the present study has a specialty in its design to maintain bodily distalization. The point of force application is the crucial issue when striving to achieve a parallel



**Fig 8.** Superimposition of 3D image on palatal rugae. White color represents before distalization; gray color represents after distalization.

movement. Most distalization devices push the first molars occlusally to their center of resistance (CR) and it is certain that the closer the point to the center of resistance, the more parallel movement is achieved. In the present study, the distalization force was tried to be applied at the level of CR of the maxillary first molars on sagittal view which was at the bifurcation of their roots. Thus, distal tipping of the upper first molars was only 1.49° in the present study, while it ranged between 3° and 11.3° with other screw supported distalization mechanics.<sup>1,7,9</sup>

Use of an acrylic button might be considered a disadvantage of the appliance used in the present study due to hygienic reasons. Although mild to moderate inflammation under the acrylic button was observed due to acrylic coverage, it was spontaneously recovered within one week in all patients. The acrylic part of the appliance was very important in this system to achieve bodily distalization of the upper molars because, the rod that the first molars slide on was extended into the acrylic, thus the free part of the rod has been shortened and flexibility of the rod was reduced. A flexible rod could not resist rotational and tipping forces during distalization. As a second precaution to reduce the flexibility of the rod, a 'U' bend was inserted at the level of distal surface of the upper second molars and extended into the acrylic plate. This means that the posterior part of the rod (distal extension) that the upper molar slides on became more rigid and stable to resist rotational and tipping movements during distali-

zation. Although the force was applied palatally from the center of resistance of the molars on frontal view, the unique design of the appliance managed to resist rotational movements in that the upper right and left first molars showed only  $0.54^\circ$  and  $0.74^\circ$  of distobuccal rotations respectively during distalization which were statistically non-significant while this was ranged between  $2.40^\circ$  and  $8.35^\circ$  with conventional and screw supported intraoral distalization appliances.<sup>1,3,31</sup>

The role of second molars in distalization of the first molars was evaluated by many researchers and generally has been considered as a barrier in traditional means of distalization. Bondemark et al.,<sup>32</sup> Worms et al.,<sup>33</sup> Gianelly et al.,<sup>34</sup> Gianelly,<sup>35</sup> Ten Hoeve,<sup>36</sup> Jeckel and Rakosi,<sup>37</sup> concluded that the duration of treatment would be longer, greater forces would have to be applied and more anchorage would be lost if patients had second molars. In another study, Kinzinger et al.<sup>18</sup> investigated the role of both second and third molar eruption stages on bodily molar distalization using biomechanical analysis and concluded that a tooth bud acts on the mesial neighboring tooth like a fulcrum and that tipping of the first molars in patients in whom the second molar was still at the budding stage was thus greater. In patients whose second molars had completely erupted, the degree of tipping was greater when a third molar bud was located in the direction of movement. Consequently, in the present study due to the results of a previous study,<sup>18</sup> distalization was anticipated until the second molars were fully erupted. However the above mentioned problems were not the case with intraosseous screw supported molar distalization.

Extraction of the upper second molars and distalizing the upper first molars would have been another treatment option. There are many studies showing improvements in upper third molar position after upper second molar extraction. Smith<sup>38</sup> evaluated the position of 94 maxillary third molars after the extraction of second molars and found that 100% of the maxillary third molars occluded with an opposing tooth, 96% had a mesial contact point, and 97% had an acceptable axial inclination. However, in another study Staggers<sup>39</sup> evaluated the effects of second molar extractions on third molar positions and stated that a favorable change in

third molar inclination after second-molar extractions does not necessarily mean that third molars will erupt into the mouth with good inclination, proper contact with the first molar, or acceptable occlusion. Moreover, even with completion of orthodontic treatment, the appliances should remain in place in the mouth since orthodontic treatment cannot be considered finished until the upper third molars are occluded. Consequently, we preferred extraction of upper third molars in order not to prolong the total treatment time.

The upper molars were moved distally a mean of 3.95 mm and the Class I molar relationship was achieved in all patients within 9 months on average. As another advantage of the appliance, not only did the upper first and second premolars drift distally a mean of 2.73 mm and 1.70 mm respectively, but the maxillary canines tended to move to their ideal positions spontaneously. The appliance was not anchored to the first or second premolars but directly to the maxilla with two screws. Both first and second premolars were free from attachments and distally drifted by means of the pull of the transseptal fibers. In most patients, a Class I relationship was achieved spontaneously in the first and second premolars. Although the distal crown tipping was minimal in the upper first molars, it was  $3.0 \pm 4.41^\circ$  and  $5.8 \pm 4.53^\circ$  in the upper first and second premolars respectively. Fortunately, this tipping was easily corrected during fixed appliance therapy since the upper molars were bodily distalized and had already been uprighted.

During distalization, the mandible did not rotate and the lower anterior facial height as well as the overbite remained stable. The bite opening seen in most distalization studies have been attributed to extrusion of the maxillary first molars or the molars being distalized into the arc of closure.<sup>10</sup> However, in the present study the design of the appliance inhibited the extrusion of upper first molars and consequently, the vertical skeletal dimensions remained stable.

## CONCLUSION

The upper first molars were distalized 3.95 mm in a parallel manner and Class II molar relationships were corrected into Class I without any anchorage loss in

about 9 months.

- 국문초록 -

미니스크류를 이용한 상악구치부 후방이동장치 효과

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상악 구치의 후방이동을 위한 구강 내 장치 중 환자의 협조를 필요로 하지 않는 방법은 제II급 부정교합의 개선에 성공적으로 널리 사용되고 있다. 본 연구는 스크류에 의해 지지되는 구강 내 후방이동 장치를 소개하고 그 효율성을 조사하고자 하였다. Angle Class II 부정교합으로 진단된 21명의 환자(여자 11명, 남자 10명; 평균 연령 14.9세)를 대상으로 하였다. 2개의 스크류를 incisive foramen 후방에 식립하고, 식립한 즉시 힘을 주어 상악 제1대구치의 후방이동에 사용하였다. 상악 구치를 후방이동시켜 제II급 구치관계를 열기 위해 스크류에 의해 지지되는 구강 내 후방이동 장치를 사용하였다. 치료 전후 측모두부 방사선 사진과 3차원 모델 분석을 통해 골격 및 치아의 변화를 평가하였다. 연구결과 상악 구치는 평균 3.95 mm 후방이동하였고, 추가적인 고정원 소실 없이 제II급 구치관계를 확립하였다. 상악 대구치는 1.49° 후방경사되었고, 회전된 정도는 좌우 각각 0.74°, 0.54°로 통계적으로 유의성있는 변화를 보이지 않았다 ( $p > 0.05$ ). 새롭게 고안된 장치는 스크류에 의해 지지되어 환자의 협조도를 요하지 않으며 특별한 고정원 소실 없이 구치의 치체이동을 통한 후방이동을 얻는 데 효과적인 것으로 판단된다.

주요 단어: 구치부 후방이동, 3차원 모형분석, 골성고정원

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