

Prince et al., 1998),

가 ,
, 가 ,

가 (Chung & Choi, 1996).

(Hur & Yoo, 2002; Leigh, 1982),

가 ,
가 , 1)
가 (Doh et al., 1995). 2)

(Demura & Sato, 2003; Krishnan, 2002) 가, 3)

가,
(Shin, 2000). 1.
가

, 60
가 가
(Kahn & Rowe, 1999)

(Kessler, 가
Price & Wortman, 1985). 가

가
. 101 가 15 ~30
,
98

(Chae & Oh, 1992; Shin & Ko, 1995).

(Bruce, 2002;

2. Pearson correlation coefficient
 1) ANOVA
 Personal Resource
 Questionnaire-part II(Brandt & Weinert, 2000)

가 7 , <Table 1>
 가 1 98 75
 가 75 (old-old
 group)
 1.91 가
 2) 73.5%, 3/4 가
 Instrumental 43.9%,
 Support Activities Checklist(Hall & Rowles, 가 56.1%, 가 가
 1987) 48%, 50%
 12

<Table 1> General characteristics of
 subjects(elderly women) (N=98)
 “ ”가 1 , “ ”가 0
 가 가
 가 가
 3) 가 Yesavage (1983)
 (Geriatric Depression Scale:
 GDS)
 (1996) (Geriatric
 Depression Scale Short Form Korea Version;
 GDSSFK)
 가 15
 . 15 5 , 6 9
 , 10
 (Gi, 1996).
 Cronbach's alpha .98 5.73(4.43)

Variables	Categories	N(%)	Mean(SD)
Age	≤ 75.3	51(52.0)	75.31(7.74)
	≥ 75.4	46(46.9)	
Family member Marital status	Married	23(23.5)	1.91(1.82)
	Bereavement	72(73.5)	
	Others	3(3.1)	
Residencial type	Own house	43(43.9)	
	Lease(deposit base)	8(8.2)	
	Rent(monthly)	28(28.6)	
	Others	19(19.4)	
Subjective economic level	Upper	2(2.0)	
	Middle	47(48.0)	
	Lower	49(50.0)	
Occupation	Yes	3(3.1)	
	No	95(96.9)	

4. 4.79(1.00)
 8.48(3.31)
 SPSS 11.0 <Table 2>
 (r= .312, p=.002) 가

<Table 2> Mean and standard deviation of instrumental support needs, perceived social support, depression of the subjects

Variables	Mean	SD
Instrumental support needs	5.73	4.43
Perceive social support	4.79	1.00
Depression	8.48	3.31

11.3, p=.000)
 (F=5.0, p=.003), 가 (F=6.03, p= .011)
 (F=3.11, p=.043)
 (F=5.102, p= .026), (F=4.90,
 p=.016), (F= 2.907, p=.039)

(r= .442

p=.000),

가

가

<Table 3>.

<Table 3> Pearson correlations among variables

Variables	Perceived Social Support	Instrumental Support Needs
Instrumental support needs	-.312**	.002
Depression	-.442**	.118
	.000	.249

**correlation is significant at the 0.01 level(2-tailed)

(3.31)

8.48

<Table 4>

가 (F=

<Table 4> Instrumental support needs, perceived social support, depression by general characteristics of subjects

(N=98)

Variables	Category	Instrumental support needs			Perceived social support			Depression		
		Mean(SD)	F	P	Mean(SD)	F	P	Mean(SD)	F	P
Age	≤75.3	5.18(4.09)	1.619	.206	5.0(.997)	4.324	.040	7.76(3.30)	5.102	.026
	≥75.4	6.33(4.80)			4.57(1.0)			9.26(3.21)		
Family member		5.72(4.46)	11.333	.000	4.80(1.01)	1.049	.400	8.47(3.33)	1.289	.270
Marital status	Married	5.57(3.72)	.119	.888	4.83(1.34)	.059	.943	6.83(3.55)	4.901	.009
	Bereavement	5.83(4.62)			4.79(.91)			8.89(3.11)		
	Others	4.67(6.42)			4.64(.81)			11.34(.58)		
Residential type	Own	7.70(4.09)	5.000	.001	5.24(.71)	7.289	.000	7.65(3.44)	2.907	.034
	Lease	3.63(3.38)			4.94(.74)			8.05(2.72)		
	Rent	3.93(4.29)			4.37(.92)			9.96(2.65)		
	Others	4.84(4.22)			4.36(1.37)			8.16(3.59)		
Subjective economic level	Upper	8.50(2.12)	6.031	.003	4.65(.78)	2.271	.109	7.50(7.78)	1.238	.295
	Middle	7.15(4.39)			5.02(.92)			7.98(3.53)		
	Lower	4.27(4.09)			4.59(1.07)					
Occupation	Yes	1.33(.58)	3.112	.081	4.43(1.10)	.401	.528	10.0(3.00)	.651	.422
	No	5.87(4.43)			4.81(1.01)			8.43(3.32)		

, Ko et al.(2001) 가 ,

7.6(3.8) ,

8.8(3.7) , Kwon(1996) 74.3

72.8 가 가 가

가

가 가 가

(Barry & 가 가 ,

Zissi, 1997), (Sati

& Reynolds et al., 1996). 가 가

가, (Kurlowicz, 1999). , Ko et al.(2001)

가 가 ,

가 가 가

(Park et al., 1998)

(Cho et al., 2000). 가

가 , Doh et

Hur & Yoou(2002) al.(1995) (social network)

가

가 가 가 가

(Demura & Sato, 2003; Bruce, 가

2002; Chae & Oh, 1992; Shin & Ko, 1995; ,

Cho, 1995; Bea, 1999) ,

가 가 가

Seo & Oh(1996) 가

가 Shin(2001) ,

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- Abstract -

Perceived Social Support, Instrumental Support Needs, and Depression of Elderly Women

Tak, Young Ran¹⁾ · Kim, Soon Ae²⁾
Lee, Bong suk³⁾

Purpose: The purpose of this study was investigate the relationships among perceived social support, instrumental support needs, and depression of healthy, community dwelling elderly women. **Method:** This study was designed to examine whether the perceived social support and instrumental support were correlated with depression in elderly women. Data were cross-sectional and community-

dwelling elderly individuals. The subject was 98 elderly women recruited from Elderly Welfare Center and Community center for Elderly. The instruments for this study were Personal Resource Questionnaire-part II, Geriatric Depression Scale (Short Form), and Instrumental Support Activities Checklist. Data were gathered by means of structured personal interviews. The internal consistency of the instruments was relatively good. **Result:** The participants' perceived social support was moderately high and instrumental support needs was low. Depression was mild and moderate relatively. The correlation analysis showed that the perceived social support was negatively related to depression and negatively related with instrumental support needs. **Conclusion:** The findings suggested that more perceived social support, less their depressive symptom in elderly women. It also revealed that the age, marital status, and socioeconomic status of elderly women also are important indicator of the elderly depression. Therefore nursing assessment and the design of intervention that incorporate the determinants supported in this study, such as perceived social support of the elderly women are needed in adopting and maintain health promoting lifestyle for the mental health and effective functioning in later life in women.

Key words : Perceived social support,
Depression, Elderly women

1) Associate Professor, Department of Nursing, Hanyang University

2) Associate Professor, Seoul Women's College of Nursing

3) Graduate Student, College of Nursing Science, Ewha Womans University