

A Case of Porokeratotic Eccrine Ostial and Dermal Duct Nevus

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We report a case of porokeratotic eccrine ostial and dermal duct nevus in a 28-year old man. The skin lesions, present since birth, were multiple keratotic papules and punctate pits on the palms, soles and heels bilaterally. Histopathologically, the lesion was characterized by dilatation and hyperplasia of the eccrine sweat ducts with parakeratotic plugs related to sweat gland pores. This entity should be considered the differential diagnosis of other types of porokeratosis and comedo-like keratosis on palms and soles. (Ann Dermatol 3:(1) 40-44, 1991)

Key Words: Cornoid lamella, Eccrine duct hyperplasia, Porokeratotic eccrine ostial and dermal duct nevus

Porokeratotic eccrine ostial and dermal duct nevus was first described in 1980 by Abell and Read¹. They described an epidermal nevus, which pathologically demonstrated gross examples of cornoid lamellae associated exclusively with the eccrine duct and ostia. Since then a number of cases have been reported²⁻⁶. Clinically, porokeratotic eccrine ostial and dermal duct nevus occurs on the plantar or palmar area, with multiple punctate pits and hyperkeratotic plugs arranged in a linear or bandlike fashion. Histopathologically, the lesion is characterized by enlarged sweat ducts with the presence of parakeratotic plugs associated exclusively with the sweat gland pores and ducts.

In this report, we describe an unusual case of porokeratotic eccrine ostial and dermal duct nevus, followed by a review of the literature and discussion of the differential diagnosis of porokeratotic dermatoses.

REPORT OF A CASE

A 28-year-old man was seen at the department of dermatology, Kyung Hee University Hospital with asymptomatic skin lesions on the palms, soles and heels which had been present since birth. Past medical and family history were unremarkable.

On physical examination, multiple small papules with comedo-like keratotic plugs were present on the palms and soles of his feet (Fig. 1-3). The keratotic papules had annular raised margins and atrophic or pitted centers (Fig. 4). Each plug was firmly attached at its base and could not be easily removed. A single keratotic plug extracted from one of the papules, measured 5mm in length and 2mm in breadth. There were no other skin lesions and the rest of the physical examination was unremarkable. Sweat gland function using starch iodine technique demonstrated focal anhidrosis in the area of the lesions after heat induced sweating.

Laboratory studies were all within normal limits. Serologic test for syphilis was negative. The chest radiograph was normal. Histologic examination of three biopsy specimens taken from the left palm, left sole, and heel showed similar abnormalities of the eccrine ostia and ducts. The most distinct feature was a keratotic plug with a characteristic parakeratotic cornoid lamella-like

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Fig. 1. Symmetric multiple linear or band-like keratotic papules on both palms.



Fig. 3. Symmetrical linear or bandlike keratotic papules on both heels.



Fig. 2. Marked thickened hyperkeratotic plaque with keratotic papules and punctate pits on both soles



Fig. 4. Close up view of the palm; The keratotic papules are composed of annular margins and atrophic or pitted centers.

center filling an invagination formed by a dilated and hyperplastic acrosyringium and a grossly dilated distal eccrine duct. The glandular portion of the eccrine duct was normal. The granular layer was reduced focally but no dyskeratotic cells were seen. Adjacent epidermal cells showed vacuolation. There was no inflammatory infiltrate in the dermis (Fig 5-9).

Based on clinical appearance and histologic findings, a diagnosis of porokeratotic eccrine ostial and dermal duct nevus was made.

DISCUSSION

Porokeratotic eccrine ostial and dermal duct nevus (PEODDN) is a recently described disease entity with only nine cases previously reported in the literature¹⁻⁶. Most authors describe this lesion as a variant of porokeratosis⁷ or a variant of epidermal nevus^{1, 2, 3}. The first case was described in 1980 by Abell and Read in a 3-year-old girl with linear keratotic papules on her left foot. They



Fig. 5. The histopathologic finding showing a keratotic plug with a cornoid lamella-like center that filled an invagination formed by a dilated and hyperplastic acrosyringium and a grossly dilated distal eccrine duct (H & E stain, $\times 40$).

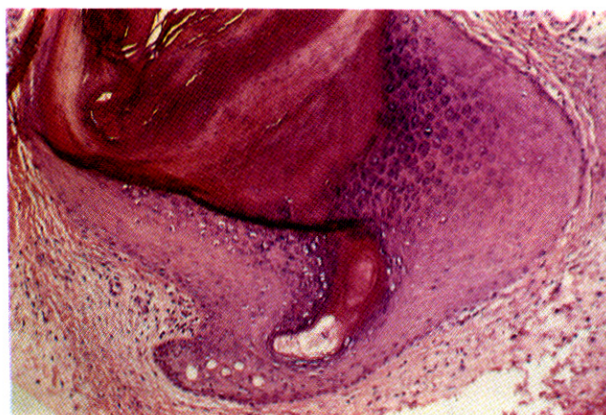


Fig. 6. High-power view of the lower portion of a lesion showing the base of the cornoid lamella, hyperplastic acrosyringium and eccrine ostia (H & E stain, $\times 100$).

considered this disease to be a type of eccrine hamartoma with cornoid lamellation.

Clinically, PEODDN is characteristically seen on the palms and soles as multiple keratotic plugs and punctate pits in a linear distribution. One case has been described with extensive lesions not only on the hands and feet but also involving the extremities, neck and axilla². Almost all cases had been congenital except one case⁵ and had no

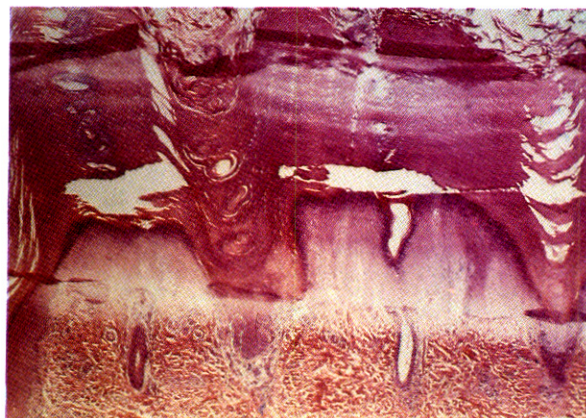


Fig. 7. Showing multiple portion of parakeratotic plugs from deep epidermal invagination associated with eccrine sweat duct (H & E stain, $\times 40$).

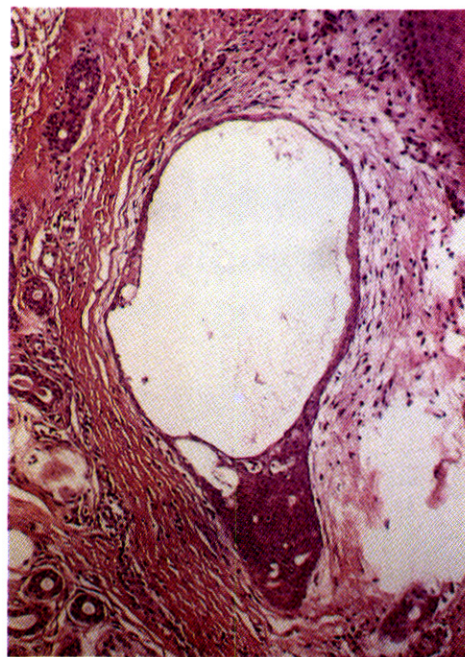


Fig. 8. Upper dermis shows a large dilated eccrine duct (H & E stain, $\times 40$).

family history¹⁻⁶. Focal anhidrosis at the site of the lesions is a commonly described finding.

Pathologically, PEODDN is characterized by: firstly, cornoid lamedllae that are exclusively associated with the eccrine ostium and duct, and secondly, dilatation and hyperplasia of the acrosyringium and the deeper duct⁵.

The differential diagnosis of PEODDN includes punctate porokeratosis, linear porokeratosis,



Fig. 9. A parakeratotic plugs arising from acrosyringium and distal eccrine duct (H & E stain, $\times 100$).

porokeratosis palmaris plantaris et disseminata, porokeratotic eccrine duct and hair follicle nevus, nevus comedonicus and punctate keratoses of the palms and soles (PK) and keratotic pits of the palmar creases (KPPC). Clinical and histopathological features of these lesions are listed in Table 1.

The lesions of punctate porokeratosis¹⁰⁻¹², linear porokeratosis¹³ and porokeratosis palmaris plantaris et disseminata¹⁴ have a similar distribution and appearance as PEODDN but differ histopathologically. In punctate porokeratosis, there is no eccrine duct hyperplasia and the invagination of the epidermis is more shallow in contrast to PEODDN. In linear porokeratosis and porokeratosis palmaris plantaris et disseminata, cornoid lamella formation is connected not only to the eccrine sweat duct but also to the follicular infundibulum and the epidermis between the adnexa. In 1982, Coskey et al¹⁵ reported a case of porokeratotic eccrine duct and hair follicle nevus, which resembled PEODDN in many respects. But only different histopathological finding is the hair follicle involvement. Nevus comedonicus occasionally shows palmoplantar involvement, which is characterized by malformation of pilosebaceous unit, resulted in cystic dilatation of the follicular canal and keratotic plugging, and there is no cornoid lamella¹⁶. PK¹⁷ and KPPC^{17, 18} show keratotic papules that are scattered diffusely on the palms and soles, or conical depressions confined to the palmar creases. Histopathologically, PK and KPPC are characterized by compact hyperkeratosis without parakeratosis and a normal to slightly increased granular

Table 1. Differential diagnosis of porokeratotic eccrine ostial and dermal duct nevus from other similar dermatoses

	PEODDN	PP	NC	PK & KPPC	Our Case
cornoid lamella	+	+	-	\pm	+
sweat duct involvement	+	\pm	-	\pm	+
hair follicle & epidermis involvement	-	+	+	+	-
eccrine duct dilatation & hyperplasia	+	-	-	-	+
depth of invagination	deep	shallow	deep	shallow/no	deep
anhidrosis	+	-	-	-	+
family history	-	\pm	-	\pm	-
age of onset	at birth	later	at birth or later	later	at birth

* PEODDN; porokeratotic eccrine ostial and dermal ductal nevus

PP; punctate porokeratosis

NC; nevus comedonicus

PK; punctate keratosis of the palms and soles

KPPC; keratotic pits of the palmar creases

layer. In some cases reported, cornoid lamella was seen in the center of the hyperkeratotic plug, but recently many authors thought that these cases represent punctate porokeratosis rather than PK and KPPC^{8, 10, 11}. And PK and KPPC show no eccrine duct dilatation and hyperplasia, and there is shallow or no invagination of the epidermis. Our case has the characteristics of the bilatesal, linear PEODDN without family history. To our knowledge this is the first report of Korean literature.

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