Mucocele in Concha Bullosa: A Case Report

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Mucocele of concha bullosa is rare and can be misdiagnosed as an intranasal tumor mass.

We report a case of mucopyocele of the concha bullosa.

Index words: Paranasal sinuses, CT, Paranasal sinuses, MR, Mucocele

Concha bullosa is an aerated middle turbinate. It has its own mucociliary transport system that drains into the frontal recess or middle meatus via the sinus lateralis. Like the other sinus, it may be the site for mucocele.

We report a case of mucopyocele of the concha bullosa.

Case Report

A 19-year old girl visited our hospital with a one-year history of right nasal obstruction, intermittent nasal discharge, and headache. Physical examination showed that a large hard yellowish polypoid mass occupied the right nasal cavity and displaced the septum to the left. Osteomeatal Unit (OMU) computed tomography (CT) showed an expanded concha bullosa, with a soft tissue mass (Fig. 1A). On T1-weighted image, this showed high signal intensity (Fig. 1B), and low signal intensity on T2WI (Fig. 1C).

Endoscopic sinus surgery was performed. The lateral wall of the concha bullosa was removed, and a thick mucopurulent liquid was drained. This was found to contain staphylococcus epididymis.

Discussion

The concha bullosa is a common anatomical variant and is found in 34–53% of patients examined by CT for the evaluation of symptomatic sinus disease. Mucocele is the most common expansile lesion to develop in the paranasal sinuses, and occurs in the frontal (60–65% of cases), ethmoid (20–25%), maxillary (10%), or sphenoid sinus (1–2%). Mucocele of the concha bullosa is rare and can be misdiagnosed as an intranasal tumor. The air cavity in concha bullosa is lined with the same epithelium as the rest of the sinonasal cavity, and this structure can thus be involved with inflammatory disorders that affect the paranasal sinuses. Obstruction of drainage of the concha bullosa leads to mucocele formation.

Unlike MR, CT clearly delineates the bony margin of the concha bullosa. On MR, the signal intensity of mucocele is variable, it is usually low on T1WI and high on T2WI, though when mucous secretion becomes more concentrated and viscous, it changes. Mucoceles can show the following MR signal intensities: low T1 and high T2; intermediate T1, high T2; high T1 and T2; intermediate to high T1, low T2; and low T1 and T2.

References

Fig. 1. A. Coronal CT scan of the nasal cavity reveals an oval soft tissue mass with calcific rim (arrows). The nasal septum is displaced to the left side.
B. Coronal T1 WI shows high signal intensity in the anterior ethmoid cell and nasal cavity.
C. On axial T2WI, low signal soft tissue mass is noted in the right nasal cavity (open arrow).


수포성 갭개에 생긴 점액낭종 : 1예 보고

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수포성 갭개에 생긴 점액낭종은 매우 드문 질환으로 때때로 비강내에 생긴 종양으로 오인되기도 한다. 저자들이 알기로는 아직 국내 방사선과 문헌에는 보고된 예가 없다.
저자들은 최근 경험한 1예의 CT 및 MR 소견을 보고하고자 한다.