ABSTRACT

Background: *Mycobacterium bovis* Bacille Calmette-Guérin (BCG) osteitis, a rare complication of BCG vaccination, has not been well investigated in Korea. This study aimed to evaluate the clinical characteristics of BCG osteitis during the recent 10 years in Korea.

Methods: Children diagnosed with BCG osteitis at the Seoul National University Children’s Hospital from January 2007 to March 2018 were included. *M. bovis* BCG was confirmed by multiplex polymerase chain reaction (PCR) in the affected bone. BCG immunization status and clinical information were reviewed retrospectively.

Results: Twenty-one patients were diagnosed with BCG osteitis and their median symptom onset from BCG vaccination was 13.8 months (range, 6.0–32.5). Sixteen children (76.2%) received Tokyo-172 vaccine by percutaneous multiple puncture method, while four (19.0%) and one (4.8%) received intradermal Tokyo-172 and Danish strain, respectively. Common presenting symptoms were swelling (76.2%), limited movement of the affected site (63.2%), and pain (61.9%) while fever was only accompanied in 19.0%. Femur (33.3%) and the tarsal bones (23.8%) were the most frequently involved sites; and demarcated osteolytic lesions (63.1%) and cortical breakages (42.1%) were observed on plain radiographs. Surgical drainage was performed in 90.5%, and 33.3% of them required repeated surgical interventions due to persistent symptoms. Antituberculosis medications were administered for a median duration of 12 months (range, 12–31). Most patients recovered without evident sequelae.

Conclusion: Highly suspecting BCG osteitis based on clinical manifestations is important for prompt management. A comprehensive national surveillance system is needed to understand the exact incidence of serious adverse reactions following BCG vaccination and establish safe vaccination policy in Korea.

Keywords: *Mycobacterium bovis*; BCG; Osteitis; Vaccination; Complications
INTRODUCTION

Bacille Calmette-Guérin (BCG) immunization is recommended to prevent disseminated tuberculosis and extrapulmonary tuberculosis including meningitis in young children. BCG is a live attenuated vaccine developed from serial passage of Mycobacterium bovis. Currently the Russian (Moscow–368), the Bulgarian (Sofia SL222) and the Tokyo-172 are the three most commonly used BCG strains worldwide. The World Health Organization recommends intradermal administration of the vaccine, but percutaneous application using a multiple puncture injection device is practiced in some countries including Japan and Korea. The Tokyo-172 BCG vaccine is currently available in both percutaneous and intradermal formulations.

Although adverse events at injection site are frequently observed, serious adverse events following BCG vaccination are rare. The incidence of dissemination of BCG is estimated to be 0.19–1.56 per million vaccinations. BCG osteitis is another rare systemic adverse reaction following BCG vaccination. The cases of BCG osteitis were increasingly notified when there was a change in the vaccine strain, for example, in Scandinavia and in Eastern Europe. More recently, there are increased reports of osteitis in Japan, Taiwan, and Thailand.

In Korea, Japan and Taiwan, BCG vaccination is recommended for all infants through a national immunization program (NIP). Infants in Japan receive the BCG Tokyo (strain 172; Japan BCG Laboratory) by percutaneous method, whereas those in Taiwan receive the BCG Tokyo (strain 172; Taiwan CDC Vaccine Center) by intradermal injection. In Korea, newborns are vaccinated with either intradermal BCG Danish (strain 1331; Statens Serum Institute), intradermal BCG Tokyo (strain 172; Japan BCG Laboratory), or percutaneous BCG Tokyo (strain 172; Japan BCG Laboratory). Previously, the incidence of osteitis following BCG Tokyo-172 vaccination was reported to be extremely low, hence the BCG Tokyo vaccine was considered as the safest BCG vaccine. However, a higher incidence of 3.68 cases per million vaccinations was reported in Taiwan.

Unlike Japan and Taiwan, no long-term observational studies of serious adverse reactions following BCG vaccinations have been reported in Korea. Here, we describe the clinical characteristics of BCG osteitis from our experience during the recent 10 years.

METHODS

Study subjects
A retrospective chart review was performed on all laboratory-confirmed BCG osteitis children admitted to Seoul National University Children’s Hospital, a large tertiary referral center in Korea, from January 2007 to March 2018. Children who were clinically suspected of BCG infection but not confirmed by BCG-specific polymerase chain reaction (PCR) were excluded. History of BCG vaccination was taken from the data in the national immunization registry, namely, the brand name of BCG vaccine, manufacturer, and the date and the site of vaccination. For those whose data are not available from the registry, BCG vaccination history was interpreted from the personal immunization records and inspecting the scar of the injection sites. Clinical data were collected regarding patient demographics, presenting symptoms, physical findings, radiologic features, histologic findings, and clinical outcome. The immune status was evaluated by the number and percentage of T-cell subsets, complement levels, immunoglobulin levels, and performing the dihydrorhodamine test.
Laboratory confirmation
The presumptive diagnosis in the majority of the cases was mainly based on positive PCR for *Mycobacterium tuberculosis* complex directly from the isolates of *M. bovis* BCG, or from the fresh samples obtained from the affected tissue. Laboratory confirmation of *M. bovis* BCG was performed with the use of the same protocol previously described by Kim et al. Briefly, the real-time PCR targeted for the 53-bp mycobacterial interspersed repetitive units (MIRUs) of the senX3–regX3 IR was performed to differentiate *M. bovis* BCG from non-BCG *M. tuberculosis* complex. Subsequently, a multiplex PCR assay with 7 primers (ET1, ET2, ET3, RD8l, RD8r, RD14l, and RD14r) that amplified 3 regions of difference – RD1, RD8 and RD14 was performed to discriminate among the BCG substrains.

Statistical analysis
Categorical variables were summarized by absolute frequencies and percentages. Continuous variables were expressed as means with standard deviation or – if skewed – as medians with ranges. All data management and analysis were performed using SPSS version 19.0 (IBM Corp., Armonk, NY, USA).

Ethics statement
This study was approved by the Institutional Review Boards (IRB) of Seoul National University Hospital (IRB No. H-1711-120-901). Informed consent of the patients was waived.

RESULTS

Patient characteristics
During the study period, 21 BCG osteitis cases were confirmed. Three children who are highly suspicious of having BCG osteitis from the histologic findings were excluded because BCG-specific PCR was not performed. Detailed clinical characteristics of the patients are shown in Table 1. Of these, 4 cases had been previously reported. Fourteen patients (66.7%) were boys and seven were girls. The symptoms or signs of osteitis were first noticed at the median age of 14.3 months (range, 6.5–33.4) (Table 2). The median age at BCG inoculation was 24 days (range, 2–36). Sixteen patients (76.2%) received BCG Tokyo-172 strain by percutaneous multiple puncture method, four (19.0%) received BCG Tokyo-172 strain intradermally, and one (4.8%) received Danish BCG intradermally. A total of 20 cases (95.2%) were inoculated with Tokyo-172 strain. The years the BCG osteitis patients received vaccination are shown in Fig. 1. Patients were vaccinated in different regions: Seoul-metropolitan (35%), central area (40%), and southern area (25%).

Clinical manifestations
The median duration from BCG vaccination to symptom onset was 13.8 months (range, 6.0–32.5). Patients were diagnosed after a median of 29 days (range, 3–112) from symptom onset. At the time of diagnosis, the most common symptoms were swelling (76.2%), limitation of movement (63.2%) and pain (61.9%). Fever (≥ 38.0°C) was accompanied only in 19.0%. Excepting the two cases with multiple bone involvement, the most commonly affected site was femur (33.3%), followed by the tarsal bones (28.6%), tibia (9.5%), and rib and sternum (9.5%), as shown in Table 2. The initial diagnosis for the 19 referred cases were bacterial osteomyelitis in 10 (52.6%), bone tumor or Langerhans cell histiocytosis in 6 (31.6%), and transient synovitis in 3 (15.7%).
Comorbidities

Three (14.3%) were born preterm at 32–36 weeks of gestational age with a range of birth weight from 2.4 kg to 2.8 kg. Two had a previous history of lymph node excision due to BCG lymphadenopathy. Tests for human immunodeficiency virus were performed in 18 patients and all were negative. Further immunological investigations performed in 15 cases were all normal at the time of diagnosis. Although there were no identified cases of primary immunodeficiency, one had a past history of Pneumocystis jirovecii pneumonitis during infancy and thus was suspected of immunodeficiency.

Laboratory and radiologic findings

On admission, 14.3% of the children had leukocytosis (> 14,000/mm³) and one (4.8%) had leukopenia (< 4,000/mm³). C-reactive protein was elevated (> 5.0 mg/L) in 35%. Erythrocyte sedimentation rate was tested for 16 cases and was elevated (20 mm/hr or greater) in 68.8%. Solitary demarcated osteolytic lesion (63.1%) and cortical breakage (42.1%) were the most common findings on initial plain radiographs in 19 cases. In four patients (21.0%) there were only soft tissue swelling or bulging on plain radiographs. Magnetic resonance imaging was performed in 20 patients including those with no evident bony abnormality on simple radiographs. Bone abnormalities were found on magnetic resonance imaging in all cases. The epiphysis was affected in 6 (50%) of the 12 patients with BCG osteitis in the long bones. Transphyseal spread between the epiphysis and the metaphysis was observed in 3 (30%).
No diaphyseal involvement was noticed. Soft tissue abnormalities were common, where the most common finding was inflammation of the surrounding muscles (87.5%), followed by soft tissue abscess (43.8%). Subcutaneous inflammation was noted in 37.5%. Eight of the 16 cases with a single bone lesion had joint involvement, including four cases with synovial hypertrophy and four cases with joint effusion.

**Microbiological findings**

The diagnosis of *M. bovis* BCG osteitis was confirmed in all patients by performing BCG-specific PCR on DNA extracted from biopsy samples or bacterial isolates. The real-time PCR for the 53-bp MIRU was all negative, suggesting *M. bovis* BCG strains. The multiplex PCR assay with 7 primers that can discriminate BCG substrains revealed the Tokyo strain in 20 and
Danish strain in one. Acid-fast bacilli stain was positive in 25.0% and *M. bovis* grew by culture in 70.0%. PCR for *M. tuberculosis* complex on fresh biopsy sample was positive in 93.8%. Histopathology showed chronic granuloma with caseous necrosis in 77.8%.

**Treatment**

In our case series, 20 (95.2%) children underwent surgical procedures, where 19 patients had surgical treatment and one received biopsy only. Seven (33.3%) patients required more than one surgical interventions because of persistent swelling and spread of infection outside the epiphysis. All patients received antitubercular medication with isoniazid and rifampicin for a median duration of 12 months (range, 12–31).

**Clinical outcome**

Eighteen of the 21 patients were followed-up for more than one year and three children were still on treatment. The median follow-up duration was 3.15 years (range, 1.0–10.8). All were compliant with their medical treatment and were regularly followed-up every 1 to 2 months. Symptoms, physical examination findings and radiographic findings improved in most patients (95.2%) without obvious sequelae. There was no recurrence of BCG osteitis after completing antitubercular therapy. One patient who had a talar lesion with inflammatory destruction and necrotic fragmentation at the time of diagnosis later developed progressive bony remodeling with collapse of the talus, resulting in leg length shortening. Another patient developed joint contracture due to nontuberculous mycobacterial infection in the previous BCG osteitis site at the age of 5 years. This patient, who had a past history of *P. jirovecii* pneumonitis during infancy, suffered from disseminated nontuberculous mycobacterial infection. One patient had horseshoe kidney, tethered cord syndrome and developmental delay at the age of 5 years. This patient later developed nontuberculous mycobacterial infection in bilateral renal cysts. No deaths related to BCG osteitis or its treatment were identified.

**DISCUSSION**

This study reports 21 children with laboratory-confirmed BCG osteitis treated at a single referral center in Korea from January 2007 to March 2018. The median age of symptom onset was 14.3 months. The most frequently administered BCG vaccine was the Tokyo-172 strain inoculated percutaneously (76.2%), followed by the same strain administered intradermally (19.0%). Only one child received the Danish strain by intradermal method. The most common symptoms were swelling, refusal to move the affected site, and pain, while fever was only accompanied in few. All of the patients received antitubercular medications for at least 12 months and all but one of the patients had surgical procedures either for diagnostic or therapeutic purposes. After treatment, most of the patients improved without sequelae.

The clinical manifestations of BCG osteitis in this study were comparable with those published in previous literatures. As BCG osteitis is uncommon to easily come across clinicians’ minds, it is important to recognize the distinctive features between bacterial osteomyelitis and BCG osteitis. Children with bacterial osteomyelitis commonly present with high fever and bone pain of abrupt onset. In this study, we found that BCG osteitis accompanied fever in 19% only and were diagnosed after a median of 29 days from symptom onset, and even
longer delay in diagnosis of several months has been previously observed, underscoring the importance of clinical suspicion. Other important differential point is the affected age. Acute bacterial osteomyelitis can develop at any ages in children while BCG osteitis usually develops between 6 months and 5 years of age.

BCG osteitis is known to have a good prognosis and the overall outcome in this study was also favorable. During the median 3.2 years of follow-up, only one patient developed orthopedic complication related to BCG osteitis. One retrospective study conducted in Finland observed some sequelae in only 3% of the BCG osteitis patients and a systemic review reported that 2.4% of children with BCG osteitis experience sequelae. However, more than one surgical interventions may be needed when the diagnosis is delayed due to persistent swelling and local spread of the infection as shown in this study, and patients receiving surgical interventions as part of the treatment seem to develop more complications than those receiving diagnostic procedures only. Moreover, patients with confirmed or suspected immunodeficiency could be prone to subsequent atypical infections in the previous BCG osteitis site and also present with multiple lesions. A recent study evaluating 160 former Finnish patients diagnosed 19–47 years ago in infancy reported a higher rate of 13.8% to have orthopedic complications, such as leg length discrepancy and chronic pain in the affected limb. Therefore, surveillance for serious adverse reactions following BCG vaccination and monitoring their long-term outcomes would be necessary.

In this study, it is important to note that 95.2% patients with BCG osteitis were vaccinated with the Tokyo-172 strain and 80.0% of them received the vaccine percutaneously via multiple puncture technique. Adverse reactions after BCG vaccination are known to depend on various factors including the vaccine strain, route of vaccine administration, and number of viable bacilli in the batch. BCG osteitis was widely reported in the 1970s primarily in Northern Europe where the occurrence of the disease was associated with the changes in the vaccine strain or the manufacturing method. The incidence of BCG osteitis in Sweden and Finland increased rapidly shortly after the manufacturer was changed from the Swedish Laboratory to the Statens Serum Institute, Copenhagen. Although the same Gothenburg strain was used, the incidence in Sweden and Finland increased from 2.5 to 33.0 per 100,000 and from 13.0 to 72.9 per 100,000 BCG-vaccinated infants which later decreased rapidly after the vaccine was replaced by the Copenhagen 1331 strain and the Glaxo-Evans strain, respectively. Interestingly, while the incidence of BCG osteitis following the Glaxo BCG vaccination was 6.4 per 100,000 from 1978 to 1988 in Finland, no cases were reported in the UK despite the use of the same vaccine. The underlying reason for the variation in incidence among different countries using the same BCG strain remains unclear.

The BCG Tokyo-172 strain is known to be less reactogenic than other strains and the incidence of BCG osteitis in Japan, where it is administered by percutaneous multiple puncture method, was reported as only 0.01 case per million in the 1980s, the lowest compared to other countries. During 1951–2004, the incidence still remained as low as 0.1 per million. However, the incidence of BCG osteitis in Japan increased by more than 10-fold during 1998–2007 to 2 per million. The annual incidence was 2.2 cases per year between 1998 and 2007, and it further increased to 4.14 cases per year between 2005 and 2011. In Japan, BCG vaccination is not recommended during the first 3 months of age due to serious adverse events in immunodeficient infants, and the recommended age for vaccination was changed from 3–6 months to 5–8 months in 2013. In Taiwan, where The Tokyo-172 strain is administered intradermally, the incidence of BCG osteitis is reported to be much higher,
estimated to be 3.68 per million during 2002–2006. With improved laboratory facility to differentiate \textit{M. bovis} BCG from other \textit{M. tuberculosis} complex species as well as enhanced surveillance, the incidence rapidly increased to 12.9 cases per million during 2005–2007 and then to 30.1 cases per million during 2008–2012.\textsuperscript{4,21} BCG vaccine was previously recommended for infants reaching 5 months of age, but the Taiwan Centers for Disease Control recently revised the schedule for infants aged 5 through 8 months to lower adverse event cases following BCG immunization.\textsuperscript{22}

Based on this study of 21 children with BCG osteitis, the estimated incidence of BCG osteitis in Korea is also high. The Korean NIP recommends BCG vaccination for all neonates within 4 weeks after birth and about 96%–97% neonates are vaccinated.\textsuperscript{23} Considering the total number of about 4,900,000 births from 2007 to 2017 and that at least 95% of the newborns are vaccinated with BCG, the incidence of BCG osteitis during 2007–2017 in Korea would be estimated to be at least 4.08 cases per million vaccinations.\textsuperscript{24} Although the Korean NIP for BCG vaccination is based on the intradermal Danish strain, the proportion of percutaneous Tokyo-172 BCG vaccination is estimated to be 68% during recent 10 years, which is more than twice that of intradermal Danish BCG vaccination.\textsuperscript{25–27} The incidence of BCG osteitis following the percutaneous BCG Tokyo vaccine in Korea would be at least 4.44 cases per million and the incidence following the intradermal BCG Tokyo vaccine would be at least 8.27 per million. The data in this study and in previous studies conducted in Taiwan and Thailand imply that this BCG Tokyo-172 vaccine might be more virulent than expected, causing invasive disease in young immunocompetent children.\textsuperscript{5,28}

Despite the high number of BCG osteitis observed in this single institute from 2007 to 2017, only 5 cases of BCG-related osteitis were actually reported and reimbursed through the government-operated vaccine injury compensation system, Korea National Vaccine Injury Compensation Program (KVICP), between 1995 and 2016.\textsuperscript{29–31} Even the five cases reported through the program do not match with our five patients who received intradermal BCG through the NIP. One main reason for the discordance would be that the percutaneous BCG Tokyo-172 vaccine, the most common vaccine used in Korea, was not included in the NIP during most of the study period, hence adverse reactions related to this vaccine strain was not monitored through the program. Hence, the overall serious adverse events related to BCG vaccination must have been underreported and its incidence underestimated. A comprehensive national surveillance system is needed to accurately monitor serious adverse reactions following both intradermal and percutaneous BCG vaccination to assess their safety in Korea.

This study has several limitations. This study was conducted in a single institute, retrospectively. However, as 90% of the patients were referred from all across the country, the data might have reflected the overall characteristics of BCG osteitis in Korea. Additionally, many children might not have been diagnosed due to lack of suspicion by clinicians and lack of conducting molecular testing even when suspected. Despite this concern of underdiagnosis, the estimated incidence of at least 4.08 per million based on a single center data itself depicts the numerous occurrences of BCG osteitis cases in Korea. The relative risk of BCG osteitis associated with the Tokyo-172 strain to the intradermal Danish strain could not be assessed in this study as the exact numbers of each vaccine strain used during the study years are unknown.

In conclusion, highly suspecting BCG osteitis based on clinical features is crucial in diagnosing and treating the disease promptly. So far, the incidence of BCG osteitis as well
as other serious adverse reactions associated with BCG vaccination in Korea is likely to be underestimated due to limited national surveillance system. Active and thorough monitoring of vaccine safety is urgently required and the adverse reaction profiles should be further reflected in establishing safe and effective BCG vaccination policy in Korea.

REFERENCES


