Supplementary material 2. Self-esteem scale

Following questions represent how you think yourself. Select and mark the answer that explains your image best.

1. I think that I am worthy like everybody else.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

2. I think that I am good-natured.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

3. I think that I am a failure.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

4. I think that I can do good work like everybody else.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

5. I think that I have nothing to boast out.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

6. I have positive attitude for myself.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

7. I am satisfied with myself.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

8. I want to respect myself more.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

9. Sometimes I feel myself worthless.
   - A little
   - Somewhat
   - Quite a bit
   - Very much

10. Sometimes I think that I am not a nice person.
    - A little
    - Somewhat
    - Quite a bit
    - Very much