



**Supplementary Fig. 1.** (A) Distribution of weight-adjusted waist index (WWI) (mean  $\pm$  standard deviation,  $11.17 \pm 0.91$ ; median, 11.05 [interquartile range, 10.53 to 11.68]; range, 8.34 to 14.44). (B) quantile-quantile (Q-Q) plot.