



Association between the Korean Triage and Acuity Scale level and severity of children with dyspnea in the emergency department

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Purpose: Triage tools play a vital role in classifying the severity of children in emergency departments (EDs). We investigated the association between the Korean Triage and Acuity Scale (KTAS) and severity of dyspnea in the ED.

Methods: We conducted a retrospective study of children aged 3-14 years with dyspnea who visited the ED from January 2015 through December 2021. They were divided into severe (KTAS level 1-3) and non-severe (KTAS level 4-5) groups. Between the groups, we compared the clinical characteristics, including age, sex, associated symptoms, vital signs, route of visit, treatment at ED, and outcomes.

Results: Among a total of 468 children with dyspnea, 267 and 201 were assigned to the severe and non-severe groups, respectively. The severe group had higher frequencies of fever (21.7% vs. 13.9%; $P = 0.031$), cough (53.2% vs. 43.3%; $P = 0.034$), systemic steroids (42.3% vs. 25.9%; $P < 0.001$), intravenous fluids (47.6% vs. 25.4%; $P < 0.001$), oxygen therapy (16.5% vs. 6.5%; $P = 0.001$), inotropics (4.1% vs. 1.0%; $P = 0.042$), and hospitalization (24.7% vs. 11.9%; $P = 0.002$). The severe group also showed a higher mean heart rate, respiratory rate, and temperature, and lower mean oxygen saturation (all $P_s < 0.001$). Among these findings, fever, heart rate, respiratory rate, temperature, intravenous fluids, oxygen therapy, inotropics, and hospitalization remained significantly different between the groups after defining the severe group as a KTAS level 1-2.

Conclusion: This study shows the association between KTAS and severity of dyspnea in the ED. Therefore, KTAS may reflect not only the initial clinical conditions but also emergency measures and outcomes in children with dyspnea who visit EDs.

Key words: Critical Illness; Dyspnea; Epidemiology; Pediatric Emergency Medicine; Triage

Introduction

In emergency departments (EDs), children with dyspnea need emergency measures to prevent developing respiratory failure¹. It is vital to classify severity of such children using a triage tool. In Korea, the Korean Triage and Acuity Scale (KTAS) has been used for the purpose since 2016². However, there is a lack of research on applying KTAS to children with dyspnea. Hence, we investigated an association between KTAS and severity

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of dyspnea in the ED.

Methods

1. Study population

The study is a single center, retrospective study through a review of medical records from January 2015 through December 2021, at Uijeongbu St. Mary's Hospital in Uijeongbu, Korea. We included children aged 3–14 years who visited the ED with dyspnea as a main symptom. Exclusion criteria were injury, extra-pulmonary and extra-airway diseases, and missing KTAS levels. The study was approved by the institutional review board of the hospital with a waiver of informed consent (IRB no. UC22RASI0070).

2. Data collection

To assess the association between KTAS and severity of dyspnea, we compared the following variables between the severe and non-severe groups. The variables included the age (years), sex, initial KTAS level, associated symptoms (e.g., fever $\geq 37.5^{\circ}\text{C}$), cough, and sputum), heart rate, respiratory rate, temperature, oxygen saturation, altered mentality (levels of consciousness other

than alertness), route of visit (direct, outpatient department, and transfer), and treatment at ED (e.g., nebulization, systemic steroids, and intravenous [IV] fluids). Outcomes included discharge, hospitalization, length of hospital stay (day), and transfer. Additionally, a return visit within 7 days of the index visit was analyzed. Of these outcomes, hospitalization was sought as the primary outcome. Secondary outcomes were heart rate, respiratory rate, temperature, and oxygen saturation.

The KTAS level was determined at triage by nurses who had more than 1 year of clinical experience in the ED and completed a KTAS training hosted by the Korean Ministry of Health and Welfare and the Korean Society of Emergency Medicine. According to the KTAS level, the study population was divided into severe (level 1–3) and non-severe (level 4–5) groups. A priori sensitivity analysis was carried out to confirm the abovementioned association by additionally defining the severe group as KTAS level 1–2.

3. Statistical analysis

For continuous variables, Student t-tests or Mann-Whitney U-tests were used. For categorized variables, chi-square tests were used to analyze the difference between the groups. Statistical significance was defined as $P < 0.05$. All statistical

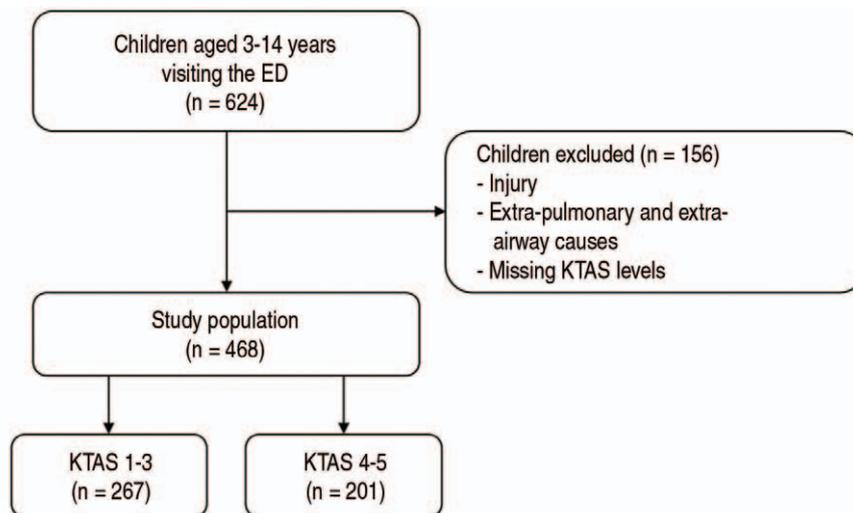


Fig. 1. Flowchart for the selection of study population. ED: emergency department, KTAS: Korean Triage and Acuity Scale.

analyses were done by IBM SPSS Statistics for Windows, ver. 26 (IBM Corp., Armonk, NY).

Results

1. Baseline characteristics

Among a total of 624 children aged 3–14 years with dyspnea who visited the ED, 468 were included in the study after the exclusion of 156 children. The study population was divided into the severe (n = 267) and non-severe (n = 201) groups (Fig. 1).

The study population had a mean age of 7.7 years, and a proportion of boys was 71.6% (Table 1). The main associated symptoms were cough (48.9%), rhinorrhea (25.9%), and sputum (25.4%). Fever was reported in 18.4%. No children reported drooling, dysarthria, dysphasia, grunting, hemoptysis, nasal flaring or pallor. Most children directly visited the ED (90.4%). Nebulization, systemic steroids, and IV fluids were performed or administered in 72.0%, 35.3%, and 38.0%, respectively. The frequency of hospitalization rate was 19.2%. Of the 375 discharged children, 90 (24.0%) were administered IV fluids.

2. Comparison of the characteristics according to the KTAS levels

Fever and cough were more frequently reported in the severe group (Table 2). In this group, the mean values of heart rate, respiratory rate, and temperature were higher than in the other group. Also, oxygen saturation was lower in the severe group. Of the treatments at ED, systemic steroids, IV fluids, oxygen, and inotropics were more frequently administered in the severe group. In this group, nebulization tended to be used more often, but the difference was not significant. The children in the severe group showed a higher frequency of hospitalization (24.7% vs. 11.9%; $P = 0.002$), and discharge after IV hydration (30.7% vs. 16.5%) than those in the non-severe group.

The sensitivity analysis showed that the differ-

Table 1. Baseline characteristics

Characteristic	Total (N = 468)
Age, y	7.7 ± 3.6
Boys	335 (71.6)
Initial Korean Triage and Acuity Scale level	
1	2 (0.4)
2	17 (3.6)
3	248 (53.0)
4	196 (41.9)
5	5 (1.1)
Associated symptoms*	
Fever	86 (18.4)
Cough	229 (48.9)
Sputum	119 (25.4)
Rhinorrhea	121 (25.9)
Chest retraction	10 (2.1)
Crackle, rhonchi or rales	9 (1.9)
Cyanosis	11 (2.4)
Hoarse voice	5 (1.1)
Stridor	5 (1.1)
Wheezing	27 (5.8)
Heart rate, beats/min	118.9 ± 24.0
Respiratory rate, breaths/min	23.7 ± 5.2
Temperature, °C	37.0 ± 0.7
SpO ₂ , %	97.1 ± 3.1
Altered mentality	3 (0.6)
Route of visit	
Direct	423 (90.4) [†]
Outpatient department	12 (2.6) [†]
Transfer	33 (7.1) [†]
Treatment at emergency department*	
Nebulization	337 (72.0)
Systemic steroids	165 (35.3)
Intravenous fluids	178 (38.0)
O ₂ therapy	57 (12.2)
Antibiotics	71 (15.2)
Intubation	4 (0.9)
Inotropics	13 (2.8)
Outcomes	
Discharge	375 (80.1) [†]
Without intravenous hydration	285 (76.0) [†]
After intravenous hydration	90 (24.0) [†]
Hospitalization	90 (19.2) [†]
Intensive care unit	1 (1.1) [†]
Ward	89 (98.9) [†]
Transfer	3 (0.6) [†]
Length of stay, d	4.0 (3.8-6.0)
Return visit ≤ 7 d	20 (4.3)

Values are expressed as means ± standard deviations, median (interquartile range) or numbers (%).

* Mutually inclusive.

[†] The sums of proportions are not equal to 100% due to rounding.

[†] The denominators are 375, 375, 90, and 90 in the order of rows.

Table 2. Comparison of the characteristics according to the KTAS levels

Characteristic	KTAS 1-3 (N = 267)	KTAS 4-5 (N = 201)	P value
Age, y	7.8 ± 3.5	7.5 ± 3.6	0.448
Boys	193 (72.3)	142 (70.6)	0.697
Associated symptoms*			
Fever	58 (21.7)	28 (13.9)	0.031
Cough	142 (53.2)	87 (43.3)	0.034
Sputum	74 (27.7)	45 (22.4)	0.190
Rhinorrhea	72 (27.0)	49 (24.4)	0.527
Chest retraction	7 (2.6)	3 (1.5)	0.403
Crackle, rhonchi or rales	1 (0.4)	1 (0.5)	0.840
Cyanosis	7 (2.6)	4 (2.0)	0.655
Hoarse voice	2 (0.7)	3 (1.5)	0.439
Stridor	2 (0.7)	3 (1.5)	0.439
Wheezing	15 (5.6)	12 (6.0)	0.872
Heart rate, beats/min	123.9 ± 25.5	112.3 ± 20.2	< 0.001
Respiratory rate, breaths/min	24.3 ± 5.8	22.9 ± 4.1	< 0.001
Temperature, °C	37.1 ± 0.7	36.8 ± 0.6	< 0.001
SpO ₂ , %	96.4 ± 3.6	98.1 ± 1.7	< 0.001
Altered mentality	3 (1.1)	0 (0)	0.132
Route of visit			0.067
Direct	234 (87.6)	189 (94.0)	
Outpatient department	9 (3.4)	3 (1.5)	
Transfer	24 (9.0)	9 (4.5)	
Treatment at emergency department*			
Nebulization	197 (73.8)	140 (69.7)	0.324
Systemic steroids	113 (42.3)	52 (25.9)	< 0.001
Intravenous fluids	127 (47.6)	51 (25.4)	< 0.001
O ₂ therapy	44 (16.5)	13 (6.5)	0.001
Antibiotics	47 (17.6)	24 (11.9)	0.091
Intubation	4 (1.5)	0 (0)	0.081
Inotropics	11 (4.1)	2 (1.0)	0.042
Outcomes			0.002
Discharge	199 (74.5) [†]	176 (87.6)	
Without intravenous hydration	138 (69.3) [†]	147 (83.5) [§]	NA
After intravenous hydration	61 (30.7) [†]	29 (16.5) [§]	NA
Hospitalization	66 (24.7) [†]	24 (11.9)	
Intensive care unit	1 (1.5) [†]	0 (0) [§]	NA
Ward	65 (98.5) [†]	24 (100) [§]	NA
Transfer	2 (0.7) [†]	1 (0.5)	
Length of stay, d	4.0 (4.0-6.0)	4.0 (3.0-6.0)	0.326
Return visit ≤ 7 d	9 (3.4)	11 (5.5)	0.266

Values are expressed as means ± standard deviations, medians (interquartile ranges) or numbers (%).

* Mutually inclusive.

[†] The sums of proportions are not equal to 100% due to rounding.

[‡] The denominators are 199, 199, 66, and 66 in the order of rows.

[§] The denominators are 176, 176, 24, and 24 in the order of rows.

KTAS: Korean Triage and Acuity Scale.

Table 3. Sensitivity analysis

Characteristic	KTAS 1-2 (N = 19)	KTAS 3-5 (N = 449)	P value
Age, y	8.4 ± 3.3	7.7 ± 3.6	0.358
Boys	16 (84.2)	319 (71.0)	0.213
Associated symptoms*			
Fever	7 (36.8)	79 (17.6)	0.034
Cough	7 (36.8)	222 (49.4)	0.282
Sputum	4 (21.1)	115 (25.6)	0.655
Rhinorrhea	2 (10.5)	119 (26.5)	0.119
Chest retraction	0 (0)	10 (2.2)	0.511
Crackle, rhonchi or rales	1 (5.3)	1 (0.2)	< 0.001
Cyanosis	2 (10.5)	9 (2.0)	0.655
Hoarse voice	0 (0)	5 (1.1)	0.644
Stridor	0 (0)	5 (1.1)	0.644
Wheezing	0 (0)	27 (6.0)	0.271
Heart rate, beats/min	140.4 ± 29.8	118.0 ± 23.4	< 0.001
Respiratory rate, breaths/min	27.4 ± 3.7	23.5 ± 5.2	< 0.001
Temperature, °C	37.3 ± 1.0	36.9 ± 0.7	0.048
SpO ₂ , %	93.0 ± 7.0	97.3 ± 2.7	< 0.001
Altered mentality	3 (15.8)	0 (0)	< 0.001
Route of visit			0.079
Direct	16 (84.2)	407 (90.6) [†]	
Outpatient department	2 (10.5)	10 (2.2) [†]	
Transfer	1 (5.3)	32 (7.1) [†]	
Treatment at emergency department*			
Nebulization	10 (52.6)	327 (72.8)	0.055
Systemic steroids	6 (31.6)	159 (35.4)	0.732
Intravenous fluids	15 (78.9)	163 (36.3)	< 0.001
O ₂ therapy	8 (42.1)	49 (10.9)	< 0.001
Antibiotics	2 (10.5)	69 (15.4)	0.565
Intubation	3 (15.8)	1 (0.2)	< 0.001
Inotropics	4 (21.1)	9 (2.0)	0.042
Outcomes			< 0.001
Discharge	6 (31.6)	369 (82.2)	
Without intravenous hydration	2 (33.3) [†]	281 (76.2) [§]	NA
After intravenous hydration	4 (66.7) [†]	88 (23.8) [§]	NA
Hospitalization	11 (57.9)	79 (17.6)	
Intensive care unit	1 (9.1) [†]	0 (0) [§]	NA
Ward	10 (90.9) [†]	79 (100) [§]	NA
Transfer	2 (10.5)	1 (0.2)	
Length of stay, d	12.3 (4.0-6.0)	4.0 (3.0-6.0)	0.006
Return visit ≤ 7 d	1 (5.3)	19 (4.2)	0.828

Values are expressed as means ± standard deviations, medians (interquartile ranges) or numbers (%).

* Mutually inclusive

[†] The sums of proportions are not equal to 100% due to rounding.

[†] The denominators are 6, 6, 11, and 11 in the order of rows.

[§] The denominators are 369, 369, 79, and 79 in the order of rows.

KTAS: Korean Triage and Acuity Scale.

ences in the proportions of fever, heart rate, respiratory rate, temperature, IV fluids, oxygen therapy, inotropics, and hospitalization remained significant after the sensitivity analysis (Table 3).

Discussion

This study shows the association between KTAS and severity of dyspnea in the ED. The association is supported by the higher frequencies of fever, cough, systemic steroids, IV fluids, oxygen therapy, inotropics, and hospitalization, higher mean values of heart rate, respiratory rate, temperature, and lower mean value of oxygen saturation in the severe group. Among the significant findings, fever, heart rate, respiratory rate, temperature, IV fluids, oxygen therapy, inotropics, and hospitalization remained significantly different between the groups after the sensitivity analysis. Hence, KTAS may reflect not only the initial clinical conditions but also emergency measures and outcomes in children with dyspnea who visit EDs.

The study shows that fever was associated with KTAS levels in the children with dyspnea. In the state of respiratory distress, fever suggests a possible respiratory tract infection. Thus, fever should be considered when classifying the children using KTAS in EDs.

Many study children had cough, rhinorrhea, and sputum as the associated symptoms. Among the symptoms, cough was most common and associated with the severity classified by KTAS. However, in this classification, only primary symptoms were considered. As per a study regarding the association between the KTAS and abdominal pain-related hospitalization, vomiting and fever were respectively less and more commonly associated symptoms in children who were classified KTAS 1–3 than those who were done KTAS 4–5³⁾. Associated symptoms should be additionally considered a classification factor to improve the accuracy of KTAS. The symptoms may be particularly useful in triaging children who are too young to express their

symptoms in languages, show nonspecific symptoms or vary in ranges of vital signs per age group.

The study also showed that in the severe group, IV fluids, oxygen, and inotropics were more frequently administered. Indeed, oxygen therapy is a crucial conservative measure of bronchiolitis⁴⁾. Also, steroids can be used to minimize the severity of acute respiratory distress syndrome by weakening the immune and inflammatory systems^{5–7)}. Although nebulization was applied to 72.0% of the study population, there was no difference in the frequency between the groups. This finding suggests that nebulization might have been unnecessarily applied to some children. The redundant nebulization could increase a length of stay in EDs. At triage, the need for nebulization should be assessed.

The study has some limitations. First, the single center setting and exclusion of children younger than 3 years indicate a limited applicability to entire pediatric population, particularly infants or toddlers. Second, we did not analyze the impact of coronavirus disease 2019 pandemic on the characteristics of the children who visited the ED in 2020–2021. Finally, if characteristics, such as fever or altered mentality, had already been considered in the triage, it may have led to circular argument errors. Although it is desirable to investigate each characteristic at each KTAS level, the small number of the children with KTAS level 1–2 was insufficient for statistical analysis.

In conclusion, KTAS is considered an appropriate triage tool that reflects the severity of dyspnea in children who visit EDs. In addition, if the associated symptoms are considered together, it will be of practical help in the initial triage of the children. To improve emergency care for children with dyspnea, it is necessary to continuously assess and revise KTAS application in children.

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