

한국의 장기 노인 진료

The Long - term Care Management for the Elderly in Korea

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Abstract

Korea is now experiencing the most rapid aging process among the aging and aged societies, due to the fast expansion of the elderly population and an increase in the post - aged over 75 years. In every aging society, the long - term care management for the elderly is a matter of urgent measures as their ability of activities of daily living diminishes with time as a result of aging process itself and also of accompanied chronic diseases such as cerebrovascular, musculoskeletal and geriatric syndromes including dementia. The Korean government is now taking steps to initiate a demonstration project in 2005 despite the absolute lack of residential facilities and home - care services at present. By the year 2007, long - term care insurance will be started in a stepwise manner as long - term care coverage through the financial support from health insurance; however, in 2010, the long - term care insurance will be fully operated as an independent system from health insurance. To follow the social security model of other developed countries, along with insuring long - term care facilities and available manpower, the first issue to raise will be the financial aspect of this long - term care insurance, which has the structure of social insurance by nature. Geriatric medicine has its emphasis not only on the high - quality acute and recovery phase medical treatment of geriatric diseases but also on the coordination of individual long - term care management if a disability in the activity of daily living follows. Most of all, a nation - wide health promotion and disease prevention program should be organized to promote healthy longevity of the elderly by preventing their declining activity of daily living.

Keywords : Aging society; Long - term care; ADL(activity of daily living); Geriatric syndrome; Long - term care insurance

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Special Issue

1.

가	7%	14%	20%	7 > 14%	14 > 20%
1970	1994	2006	24	12	
1864	1979	2020	115	41	
1932	1972	2012	40	40	
1929	1976	2021	47	45	
1927	1988	2007	61	19	
1942	2013	2028	71	15	
2000	2019	2026	19	7	

* . 2001, UN, 2000

가 , 19

7%

(aging society) 14%

(aged society)

(1). 115 ,

71 , . 40~47

가 24

2.

(: ,)

72	82	92	93	94	95	96	97	98	99	00	01	02
955	859	739	724	729	721	696	678	643	616	637	557	495
4.14	2.42	1.78	1.67	1.67	1.65	1.58	1.54	1.47	1.42	1.47	1.30	1.17

* (2001)

가

, 가

(2).

()가 1970 5.7%

, 가 , 2002 11.1% 가

가 , 2019 19.8% 가 2030

가 가 35.7% 가 9 1

5 1 3 1

('02

1.17), 3 가 ('95 38.4% '00

29.9%) 가 가('95

36.6% '00 44.9%) 가

가

, 가 가 가

. 2003 65 397

8.3% , 2010 10.7%,

2019 14.2%, 2030 23.1% 가

16~18%

가

65 87%가 , ,

3.

(2002)

(:)

가 .

0	2,716	18,671	21,387	44,087	65,474
10,373	13,994	73,328	97,695	30,277	127,972
30,553	54,317	102,976	187,846	0	187,846
13,579	1,509	170,872	185,960	0	185,960
9,053	3,018	208,969	221,040	0	221,040
63,558	75,554	574,816	713,928	74,364	788,292

* (2001)

가

65

50

, 65 31.9% 75% , , , , 6
 (Activities of Daily Living, ADL : , , , , 78% .

, , , , , , 3.5% 가
) 가 , 3.5% 가
 6가

가 가 . 1995

가 가 2003 20.2% 가

7 4 , 가 27.9% 가 ,
 가 2003 21.3%

(3). (2001) , 2010 30% 가
 , (43.5%), .
 (34.7%), (30.7%), (28.1%)

(16.1%), (13.9%),
 (12.0%), (10.1%), (10.0%)

10 1 가

(2002)

Special Issue

4.

	(Acute Medical Service)	(Post acute care)	(Long - term care)		Social care	
			Nursing care + Rehabilitative care + Medical care	Personal care + Nursing care	가 Domestic care + Personal care	Social support
			가	(ADL)	(ADL) IADL	
		(30)				
	/	가	가	가	가	가
			가	가		

* . 2001

5.

()

(2003 12)

(: ,)

113	8,572	68	5,641	181	14,213	
19	1,085	-	-	19	1,085	
19	683	13	871	32	1,554	
151	10,340	81	6,512	232	16,852	

* . 2004

*

6.

	2000		65		(92 ~ 95)	
	65 ()	(%)	가 (%)	(%)	GDP (%)	(%)
	47	7.2	0.5	0.6	-	-
	126	17.2	5	6	0.9	65
	83	15.9	10	7	0.8	45
	59	15.9	6	6	0.5	59
	5.3	14.7	20	7	2.2	80
	8.9	16.7	11	9	2.7	-
	277.8	12.4	16	6	0.7	67

* OECD Health Data 2003 . . 2003

가 (가
, () ,) 10~20%
, 가
(가)
(4). 가

, ,
(.) 5 가 .
가
, 가 . 2003 . 가 가
23 , 가
0.6% , 31.5% (. , 가 2003
5). 1,568 , GDP
6~7% GDP 0.5~
2.8%
가 가
가 ,
3 가 . 2
가 0.5%

Special Issue

7. 가 (:)			
04	07	10	11
	2,792 (100,208)	8,982 (322,751)	12,399 (455,646)
612	839 (30,062)	2,696 (96,825)	3,720 (113,694)
152	264	848	1,170
179	301	969	1,337
35	106	339	468
246	132	424	585
-	36	116	160
-	1,953 (70,146)	6,286 (225,926)	8,679 (311,952)
-	614	1,977	2,730
-	702	2,260	3,120
-	246	791	1,092
-	307	989	1,365
-	84	269	372

* . 2004

가 , .

가 , 2000 1 ,

가 2001

2002 ,

가 가

가

가 . 2001 9

2002

10 ' , , 2003 3

2004 2

8.

(단위: 천원)

	'04	'07	'10	'11
	265 (19,919)	520 (37,942)	805 (58,094)	900 (64,784)
	105 (7,329)	125 (8,750)	146 (10,220)	153 (10,710)
	22 (1,541)	82 (5,740)	220 (15,400)	254 (17,780)
	114 (7,996)	186 (13,020)	258 (18,060)	282 (19,740)
	-	30 (2,100)	102 (7,140)	126 (8,820)
	24 (3,053)	61 (5,812)	79 (7,274)	85 (7,734)
	74 (4,586)	167 (10,860)	260 (17,130)	291 (19,220)
	20 (1,932)	47 (4,906)	74 (7,876)	83 (8,866)
	54 (2,654)	120 (5,954)	186 (9,254)	208 (10,354)
	24,505	48,802	75,224	84,004

* 2004년 기준

가

) 가

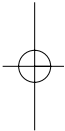
2004

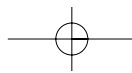
28.7%, 가 3.2%

, 2001

(7, 8). 가

), 가 (70 ~ 80% 가 , 20 ~ 30%





- 가 . 2004. 8
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- 가 . 2001
7. . 2001
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- . 2001
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- 1998
1. . 2004
2. 2004 .
- . 2004. 12
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2004 12 ()

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| 5. | 10. |

