

남성불임의 약물치료

Medical Treatment of Infertile Males

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Abstract

Previously, pharmacologic treatment was empirically and often irrationally for infertile males. As a result of the technological advance provided by intracytoplasmic sperm injection (ICSI) in 1992, the evaluation and treatment of the infertile male has changed significantly. Many men who were previously thought to be irreversibly infertile have the potential to initiate their own biologic pregnancy. However, not all men having impaired semen parameter are ideal candidates for ICSI for numerous reasons including a lack of addressing the underlying problem causing the male infertility, unknown genetic consequences, and cost - effectiveness issues. If pharmacologic therapy is going to be used, it should be employed for a 3 - to 6 - month period so that at least one full spermatogenetic cycle will be incorporated. Advances in pharmacological and hormonal research in the area of male reproduction and improved methods of reproductive technologies may be combined with medical therapy to improve a couple's fertility outcome.

Keywords : Specific medical therapy;
Nonspecific empirical medical therapy
;

가 가
가

가 가

가

(L - arginin, AICAMIN) (gluta-
mine, cirulline, A.T.P), (Coenzyme
Q), (A, B, C, D, E), (testosterone,
estrogen), (P.M.S., H.C.G.),
clomiphene
citrate

25%

(, , ,), Laurence - Moon - Bardet - Biedl (, ,), Kallmann (,) , ,

가 가

(GnRH, gonadotrophin - releasing hormone)

1

(specific medical therapy)

2) Hyperprolactinemia

(nonspecific empirical medical

therapy)

74

GnRH

가

, LH가

Leydig

10 ~ 14

3 ~ 6

(1, 2).

phenothiazine

3) Congenital Adrenal Hyperplasia

CAH

CAH

2

21 - hydroxylase

cortisol

ACTH

가

hydroxyprogesterone

pregnenetriol

17 -

가

1.

1) Hypogonadotropic Hypogonadism

1%

4) Anabolic Steroid Abuse

가가

Prader - Willi

WHO 가 $1 \times 10^6/\text{ml}$

3

4) (3).

0.6%

thyroxin

5) swim - up density

gradient

(2).

aromatase

가 가 . T/E₂ 가 aro-

matase inhibitor testolactone(Teslac , Bristol -

Meyers Squibb) 50~100mg 2 anastrazole(Arimidex , AstraZeneca) 1mg 1

3. Antisperm Antibodies

가

cyclosporin 가

clomiphene citrate

40% 가 가

2. (Pyospermia)

가 가

6~50%, cyclosporin 33%

6 가

10~20% (re-

active oxygen species, ROS) (1, 2).

가 11 ~ 100%
 , 11 ~ 40%
 가 .

3) Testolactone

. Aromatase

estradiol LH FSH
 가 가 가
 가 . anastrozole(Arimidex, Astra -
 Zeneca) 1mg 1 testolactone(Teslac)
 100mg ~ 2g . Testolactone
 56 ~ 89%
 . 22 ~ 33%
 Anastrozole

(Testosterone / Estradiol)가
 가 (5).

4) Testosterone Rebound

10
 .
 rebound .
 4 ~ 8%
 . 1950

(6).

2. Antioxidants

25 ~ 40%,
 90% (reactive oxygen species)가
 가 .

3. Cartinine

L - carnitine acetylcarnitine

, 가
 L - carnitine 2,000
 , L - carnitine 50%
 가 acetylcarnitine . L - carnitine
 2 ~ 3g acetylcarnitine 4g .
 (2).

4

specific empirical medical therapy)

(non-

74

10 ~ 14

3



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