

HIV 감염자의 종합적인 건강관리

Comprehensive Health Care in HIV Infected Patients

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Abstract

HIV infections have become chronic conditions requiring ongoing medical care after the introduction of combination antiretroviral therapy, and people with HIV infections need more extensive and complex health care for healthy and productive lives. Therefore, AIDS care strategies should be comprehensive, extending far beyond drugs and medical care. Comprehensive health care means a wide range of services including psychological counseling, emotional support, financial support, nutritional interventions, maintenance of weight, dental service, and many other specific actions. Hospice workers, social workers and volunteers should provide essential education on HIV transmission and prevention, dispelling prejudice and fears. Cooperation and collaboration among all experts involved in the treatment against AIDS is essential to the success of practical approaches to preventing and treating HIV infections. All these activities improve not only the physical condition of patients but also their emotional state and quality of life, allowing them to live with dignity and self - respect.

Keywords : AIDS; HIV; Comprehensive; Health care

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(SARS,

Severe Acute Respiratory Syndrome)가

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HIV

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가 $100/\text{mm}^3$

CD4

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CD4

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(4).

5.

HIV

(5).

CD4 , HIV RNA

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가

가

(6).

CD4 가 $350/\text{mm}^3$

HIV

RNA copy 가 55,000/mL

7.

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6.

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40~60%

가 9.

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14

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CD4

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(7).

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(11).

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(8).

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