

# 족부 백선(무좀)의 약물요법

## Pharmacological Treatment of Tinea Pedis

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### Abstract

Dermatophytosis is the general term of the superficial infection by dermatophytes. Dermatophytes grow and survive only in the dead keratin of the stratum corneum, hair, nails. Fungi cause the skin lesion provoking the inflammatory response. Dermatophytosis is classified as tinea capitis, tinea corporis, tinea barbae, tinea manuum, tinea pedis, tinea unguium according to the involved area. The clinical manifestation is related with the characteristics of the involved areas such as skin, hair or nail, and with the depth of stratum corneum according to the anatomical location. For this reason, treatment time and method are different. The feet are the most commonly infected site by the dermatophytes, occupying 33~40% of all dermatophytosis. Tinea pedis is common in the 3rd to 5th decade and rare in children. The primary regimen for local treatment is topical application of antifungal ointment, but in case of secondary infection antibiotic and/or steroid ointment therapy is necessary before fungal treatment. If the disease is intractable for ointment treatment, oral administration of antifungal drug is needed. The focus for effective treatment is prevention and treatment of all family members because the infection sources are from family and her or himself.

**Keywords :** Dermatophytosis; Tinea pedis

: ;

가

가

41.2% ( ) 2.

36.5% , 가

59.4%, 78.8%

58%( ), 76%( 가

( + ) 가

79.8%( ), 83.7%( ) 가

3.

*Trichophyton(T.) rubrum* 가 *T. mentagrophytes*, *Epidermophyton floccosum*, *Microsporum gypseum* 가

*T. rubrum*, *T. mentagrophytes*가 가

가

가

1. 가 4 5 가 2

4 가 3

가

가 . salicylic

가 acid(2 6%)

가 , 1 2

가

		8		AIDS
34.6%	.			.
	가		Fluconazole	triazole
	.	가		.
azole	allylamine	.	griseo-	
fulvin	tolnaftate			.
	.	Azole	miconazole,	.
clotrimazole,	ketoconazole		imidazole	<i>Candida(C.) krusei, C. glabrata, C. albi-</i>
	itraconazole, fluconazole		triazole	<i>cans</i> 가 fluconazole
	.	Allylamine	terbinafine	가
	azole	allylamine		Allylamine
	ergosterol			terbinafine
				ergosterol
				squalene epoxidation
Azole	ergosterol	lanos-		squalene
terol	demethylation			fungicidal activity
14 - demethylase		cytochrome p450 3A4		.
	azole			250 mg 4
				,
Imidazole				,
		가		.
Itraconazole	triazole			.
				,
		200 mg 4		가
				가
		400 mg		
1		600 mg		가
			가	
100 200 mg				
	1,000 mg			.
,	,	,		
.	Cyclodextrin	itraconazole		.

가

3,450  
52.8% 1,821

가

가 가

가

가

가

가



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