

A Case of Acute Myopericarditis Associated with *Mycoplasma pneumoniae* Infection in a Korean Adult

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We report on a 45-year-old man with a confirmed diagnosis of acute myopericarditis associated with *Mycoplasma pneumoniae*. He visited our emergency department due to high fever (39°C) via a primary clinic. We made a diagnosis of myopericarditis based on symptoms, cardiac enzymes, electrocardiography, and transthoracic echocardiography. Serology (particle agglutination) testing for *M. pneumoniae* IgG antibody was also performed. The IgG antibody titer was 1:80 on the second day of admission, and increased to 1:2,560 by the 12th day of admission. Therefore, we confirmed the diagnosis of acute myopericarditis associated with *M. pneumoniae* and subsequently treated him with azithromycin. The symptoms and laboratory findings improved, and he recovered uneventfully.

Key Words: *Mycoplasma pneumoniae*, Myopericarditis, Particle agglutination test

Introduction

Mycoplasma pneumoniae is a common pathogen in upper and lower respiratory tract infections. *M. pneumoniae* infection manifests as pharyngitis, bronchitis and atypical pneumonia in children and adolescents (1). *M. pneumoniae* infection can also present with extra-pulmonary manifestations such as skin lesions, gastrointestinal or neurologic symptoms, as well as cardiac involvement (2). Cardiac involvement, such as acute myocarditis, pericarditis or myopericarditis, is an infrequent manifestation of *M. pneumoniae* (2–5). In 1979, a review reported by Ponka found that only 58 cases of carditis associated with *M. pneumoniae* infection had been reported in medical literature (4). In 2002, Paz et al. (5) reported on an additional 21 cases of carditis, and a few cases have been reported since then (6, 7). There have been only a few reports in Korea of *M. pneumoniae*-associated carditis in pedi-

atric patients (8–10). However, to our knowledge, there has been no report of an adult case. Here, we report a serologically confirmed case of acute myopericarditis associated with *M. pneumoniae* in a Korean adult.

Case report

A 45-year-old previously healthy man was admitted to a primary clinic due to high fever (39°C). He also had a cough and whitish sputum. There was no chest pain or dyspnea reported. The initial complete blood count revealed a white cell count of $16.8 \times 10^3/\text{mm}^3$, a hemoglobin of 13.1 g/dL, and a platelet count of $240 \times 10^3/\text{mm}^3$. The C-reactive protein (CRP) level was elevated to 22.8 mg/dL, and the EKG showed a normal sinus rhythm. On the third day of admission, he complained of acute severe chest pain in the retrosternal area radiating to the left shoulder for two hours. During this time, the EKG showed abnormal T-wave inversions in the III and aVF leads, and a slight ST elevation in the I and aVL leads. Therefore, he was referred to the emergency department of our hospital for further evaluation.

Upon presentation at our hospital, there was no

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chest pain and the EKG revealed an upward concave T-wave elevation below 1 mm in the I, aVL and V6 leads and an elevation of the cardiac enzymes. He was admitted to the intensive care unit of our hospital with the suspicion of acute myopericarditis. The initial subjective symptoms were cough, whitish sputum, sore throat, and dyspnea on exertion. The dyspnea was aggravated in the supine position and relieved upon bending forward. Physical examination revealed a temperature of 39°C, a pulse rate of 110 beats/min, a blood pressure of 120/70 mmHg, and no murmur. The initial laboratory tests showed a white cell count of $19.4 \times 10^3/\text{mm}^3$, a hemoglobin of 14.6 g/dL, and a platelet count of $233 \times 10^3/\text{mm}^3$. The CRP concentration was elevated to 22.9 mg/dL. The CK/CK-MB/Tn-I was elevated on the first day of admission and normalized by the third day of admission (Fig. 1). There was an upward concave ST elevation below 1 mm in the I, aVL, and V6 leads in the initial EKG. Initial chest x-ray showed mild cardiomegaly with slight pulmonary vascular congestion. However, there was no

definite active parenchymal lung lesions noted. The initial echocardiogram revealed minimal pericardial effusion, multiple focal regional wall motion abnormalities and mild left ventricular dysfunction (ejection fraction, 48%). The coronary angiography results were normal. Pericardiocentesis was not possible due to the small amount of pericardial effusion. The blood, urine and throat cultures were all negative. On the fifth day of admission, the chest x-ray showed a newly developed left side pleural effusion. We suspected the diagnosis of an acute myopericarditis combined with pharyngitis or pneumonia due to an atypical pathogen, ceftriaxone and azithromycin were started. After a few days, the laboratory findings slightly improved but the symptoms including a sore throat, chest pain and mild fever persisted. Therefore, the antibiotic regimen was changed to meropenem and azithromycin. Serology tests for serum toxoplasma Ig M, EBV-VCA Ig M, EBV-EA IgM, HBs Ag, anti-HCV antibody, throat influenza virus Ag, throat parainfluenza virus Ag, and throat adenovirus Ag were all

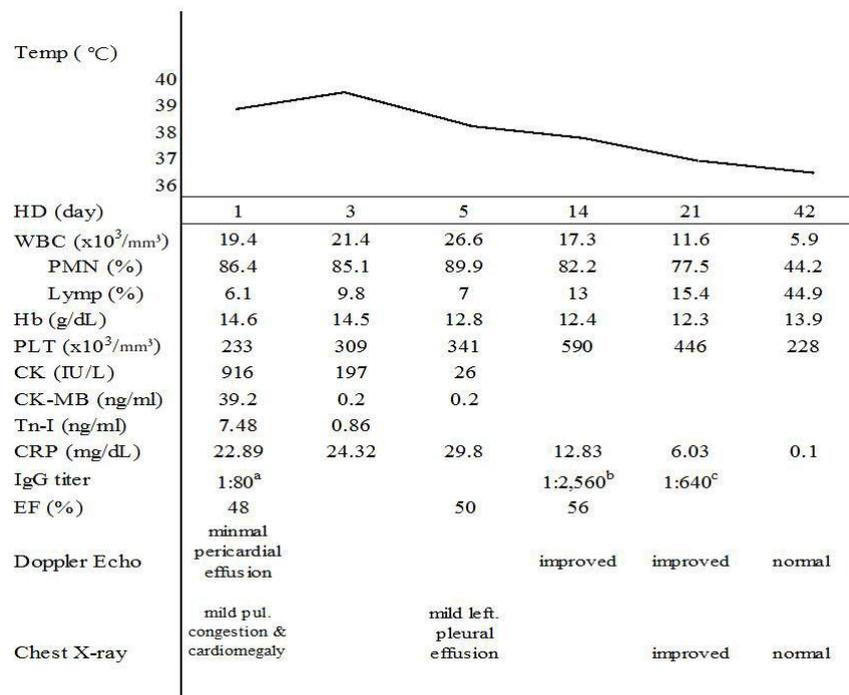


Figure 1. Clinical course and laboratory findings of this patient (HD, hospital day; Lymp, lymphocyte; PLT, platelet; IgG titer, *M. pneumoniae* IgG Ab titer; EF, Ejection fraction; Tn-I, Troponin-I; CK, creatine kinase; CK-MB, creatine kinase-MB; a: day 2, b: day 12, c: day 24)

negative. The enterovirus RT-PCR from the stool specimen was also negative.

Serology for Mycoplasma IgG antibody was also performed using the particle agglutination (PA) method. The initial (second day of admission) IgG titer was 1:80 and this increased to 1:160 on the fifth day of admission) and to 1:2,560 on the 12th day of admission (Fig. 1). Based on clinical manifestations, cardiac enzymes data, EKG, echocardiographic findings, and increasing Mycoplasma IgG antibody titer, the patient was diagnosed with acute myopericarditis associated with *M. pneumoniae* on the 12th day of admission. The patient was then treated with a single antibiotic regimen using azithromycin 500 mg IV q 24 hour for 7 days, and then changed to oral azithromycin. The Mycoplasma IgG antibody titer decreased to 1:640 by the 24th day of admission. Follow-up echocardiography revealed a normal left ventricular ejection fraction and a decrease in the pericardial effusion compared to the initial study. The clinical symptoms (i.e., fever, sore throat and chest discomfort) and laboratory findings (CRP and white blood cell count) also improved. The patient was discharged with oral azithromycin on the 28th day of admission and followed 10 days later at the outpatient clinic. At follow-up, the sore throat symptoms had resolved, the CRP level and leukocyte counts, and the EKG and chest x-ray all returned to normal. The patient is currently doing well without complications.

Discussion

The known common causes of myopericarditis are viruses such as enterovirus, Epstein-Barr virus, Cytomegalovirus, Human Herpes virus-6, adenoviruses, influenza A and B, parvovirus B19, Hepatitis B and C, Human Immunodeficiency virus, and varicella (11). Finkelstein and Klainer (12) first described *M. pneumoniae* pericarditis in three cases of pericarditis in 1944. Since then, while additional *M. pneumoniae*-associated myocarditis or pericarditis cases have been reported in the medical literature (2, 4, 5), only a few cases have been reported in pediatric patients

in Korea (8-10). However, to our knowledge, there has been no known report of adult cases in Korea.

The best method for identifying pathogenic agents associated with pericarditis, myocarditis or myopericarditis is to take tissue directly from the involved area or a pericardial effusion and use it in microbiologic cultures (11). However, there are significant risks associated with obtaining a sample of tissue from the pericardium. In addition, culturing *M. pneumoniae* is difficult, and it takes several weeks to confirm the culture results. Therefore, additional methods for diagnosing *M. pneumoniae* infection have been developed, including serological methods such as the complement fixation test (CFT), the cold agglutination test, the particle agglutination (PA) test, immunofluorescence antibodies, EIA and ELISA, and polymerase chain reaction (PCR)-based methods (13, 14).

Although PCR has recently been used for early and rapid detection of *M. pneumoniae* infection, there are issues in clinical practice regarding false positives for the carrier state (15). Currently CFT is used widely worldwide; its sensitivity and specificity is 90% and 94%, respectively (16). Although the specificity of the PA test is inferior to that of the CFT, the sensitivity of it is similar to that of the CFT or ELISA (13, 14, 17). Therefore, PA test can be useful for the diagnosis of *M. pneumoniae* infection. Several countries such as Korea, Japan, and South-East Asian countries use the PA test as a serological diagnostic method for the diagnosis of *M. pneumoniae* infection (18). According to Kim et al. (19), a 4-fold or more increase in the antibody titer, or a single titer $\geq 1:640$ confirms the diagnosis of a *M. pneumoniae* infection. At our hospital, the PA test is performed when *M. pneumoniae* infection is suspected. In the present case, the result of this test showed a 4-fold increase in the IgG antibody titer and a single titer $\geq 1:640$ (1:2,560), therefore confirming the diagnosis of *M. pneumoniae* infection.

Although there have been no report in a Korean adult, there is a possibility of publication bias. Possible explanations for this publication bias are as follows. Clinicians might not perform serologic test to confirm

M. pneumoniae infection because *M. pneumoniae* infection in adult is less common than that in children although there were clinical manifestations suggesting that infection. And, because *M. pneumoniae* infection is not rare disease, clinicians might think that there had been many cases and might not publish the *M. pneumoniae* infection associated with acute myopericarditis. Also, besides serologic test, there need to perform invasive tests such as pericardiocentesis, or myocardial biopsy to confirm *M. pneumoniae* infection and culturing *M. pneumoniae* is difficult in routine laboratory.

In conclusion, we report the first confirmed case of acute myopericarditis associated with *M. pneumoniae* in a Korean adult. *M. pneumoniae* should be considered in differential diagnosis for pathogens in acute myopericarditis patients in Korea.

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